



# Ka Spa Bymjurngad

*Da U*  
K.D. Kharkongngor

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# KA SPAH BYM JU RRGAD



*Da U*  
*K.D. Kharkongnor*

**2009**

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## LADA YN LEH BHA KIBA BUN KIN ÌA KLET

Ha ka por ba dang pule ìa ka Klas I, II bad III (1965-67) ha ka Government Practising School (Day Section) Jaïaw, Shillong ym ju lah klet satia ìa ki kyntien 1 **Babu Saron Shullai** (bam kwai ha Dwar U Blei) haba i ong “**Ko khynnah rit to ìa kynmaw ho ba ka jaithbynriew jong ngi ka lah don ha tmier ka riat !**” Katba nang ìaid ki aïom ki samoi bad ki bnai ki snem kine ki kyntien sbai ki kyrshut bad ìai ktik **tok shi tok** ìa ki jingmut ki jingpyrkhat kat haduh ba la hap ban kylli ìalade....**hato ngi dang don ha tmier ne ngi lah ngam ha thwei bad sa tang ban shu nguid um bad ìap jyllop !** Bunsien la ju duh thiah duh dem bad pisa lynga ka **mynsiem** namar tang ha ki 10 ne 15 snem ba la leit, la wan tyllep kynsan kynsan ki jingkylla kiba ima bad itriem shisha ban peit bad kum u nongtrei sorkar uba dang **shakri ìa ki nongrep** kat haduh ban shongthait, ka **kamram** ka kyntu hi **ba dang dei ban durut dohiap dohim** ban ym ailad ìa ka **jingthngan** bad **jingduk** ban synshar ne teh mraw ym tang ìa ki nongrep hynrei ìa baroh ki ìing ki sem ka Bri u Hynñiewtrep bad ka Jylla kumjuh.

Haba pynkhreh ban thoh ìa ki lynnong bapher bapher, **tang marwei**, ngan ym kotbor satia hynrei dei lyngba ki jingïarap bad jingai mynsiem na kiba bun ba lang la lah ban pyndep ìa ki. Ka lynnong shaphang *ki jingmyntoi bad jingeh....na ki diengkseh* kan ym mih pyrthei satia ban poi sha ki sla kti jong phi ki nongpule lynda i Dr D.R.Thangkhiew, Head of the Department of Zoology ka Saint Edmund's College im shim la noh kylluid mynsiem ìa ka ‘timon ‘tidiang jong i ban ìarap lem ha kaba thew ba woh ne test ìa ka jinglong jingman ki um nongmuna (water samples) **ba la lum** na kylleng ki lum kseh bad khamtam eh shaphang **ka jingbatai jong i ba** ha ki ri lum jong ngi ju don ruh kita ki **skei sniang ki skei tyrkhang**. Ka jingsngewnguh ka leit ruh sha i Dr J.K.Durong, retired.

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St. Mary's, Shillong

Director ka Agriculture Department iba ju **byrthen** bad **thalaiñ daiñ daiñ** ña nga hynrei nadien met pat i **syrpai syrpuð bad ai mynsiem shikhoh shiprah** ban nangïakit bad ñarong ñabah lem ña ka shon ka khia ki **budlum ka jaitbynriew**. I Dr J.S.Shangplian i la btin lynti kumno ban thoh khasi kham janai khamtam kumno ban pynïasnoh ne ban ym pynïadaitlang ña ki kyntien bapher bapher bad ter ter. Babu, khublei shibun ña phi watla dang bun ki jingbakla.

U Ma Rishon Shylla na Mawpnar - Mawdkhar, i Bah Dolin Malai na Umden, i Pastor M.S.Shadap na Pahamlapong bad i Bah Spiton Kharakor na Nongkseñ ki long ki riewrangbah kiba la pyrsad mynsiem man ka por ba ngi ñakynduh harum haneng. Ban wad bad ban tih bniah pat ña ki jingstad u mynbarim kumno ban ñada ña ki jingthung ki jingtep da ki ITK (Indegenous Technological Knowledge), ka jingai khublei ka leit ruh sha baroh ki Meieit ki Paieit, ki Beimen ki Pamen bad ki Meiniop ki Pañiop kiba ngan ym lah jer kyrteng lut hangne.

Ka jingkitbok kitrwiang na i Dr. D. Giri Nongkhlaw iba nga la ñaithuh paralok dang shibit eh, khlem **artatien** kan nang aibor ai mynsiem shuh shuh ban lur ban daiñ ña ki kper ki lyngkha sah shrah da ki mohkhiew pruid dak bad ki waitbnoh waitprat khnang ba ki pateng ki lawei kin ym kylla long ki **mraw ka jingiap thngan**. Bah Dondor nga pdiang naduh mynsiem ña ki jingsbur bad jingpynshlur jong phi. Na ka ñing ka sem **shisbuk** ngi ai khublei iaphi

Kyrpang ñawai, ngam lah khlem da pynpaw hangne ña ka **jingsngewnguh ba kyrpang** eh ña baroh **ki nongrep** ka Bri u Hynñiewtrep. La slap ne phria, la lyer ne khriat, la tyrkhong ne rang, la shit ne tuid syep **khui ki dem hi ngon kumno ban mait bad beh sha jngai ña ka khlam ka jingïapthngan ryngkat ka tyrut ka jingduk ka jingsahdien**. **Shibun ki la leh bad shibun ruh kin dang leh, hatø pat ngin ña klet?**

Dated, Lumkshaid, Shillong  
the 11<sup>th</sup> March, 2009.

  
**Bah K.D.Kharkongor**  
**Nongthoh**

## BAN İA PYNSBUR LANG KHYNDIAT KHYNSOIT

Mar İa İohi İa ka kyrteng jong kane ka kitab, “**KA SPAH BYM JU RRGAD**” ba la thoh da u Rangbah K. D. Kharkongngor, ka jingpyrkhat ka shat beit beit ba kane ka kitab ka thew shaphang ka rep ka riang bad haba la plied bad pule İa ki sla jong kane ka kitab, ngı shem ba u nongthoh u la trei shitom eh ban lum ban lang bad buh jingthoh İa kiei kiei kiba u la İohi, leh, mad bad shem na ka jingshang bad jingsah miet jong u, katkum ka jingdawa ka kam ba u trei, kylleng ka Bri u Hynİiewtrep.

U Rangbah K.D.Kharkongngor, shısha wat la u long u nongtreikam sorkar ha ka Bhet Ka Rep Ka Riang (*Deptt. of Agriculture*) nud pat ban ong ba ka long kham İıar ban don ki nongtreikam sorkar kiba kum ma u, uba don ka jingsngewkhia bad jingsngewkitkhlieh İa ka jinglong jingman ka rep ka riang, ka jingshahkhİıiot ki nongrep ha ki nongkhaİıi, ka jingİadei u ksai jingim ha ka mariang, ka jingpynjot İa ki khlaw, ka tih mawshun, ka tih dewİong, ka tih maw ka tih shııap bad İa ka jingwan tyllep ki wanwir poiwir.

İa ki jingsngew une u nongthoh ngı lah ban lap ha baroh ki lynnong bad kine baroh ki jingsngew ba u la pun um lah shuh ban set tang ha lade bad puk u pynmih shabar İa kita ha ka dur jong kane ka kitab. Hooıd, wat la u nongthoh um dei u nonghikai ne u *academician*, pynban ki jingthoh jong u ki don ha ki İa ki syrwet jong ka *Satire* ha ki khyndai tylli ki lynnong bad ngı İohi İa kane ha ki kyntien u nongthoh hi, ki kyntien kiba ong kumne – “yn sa bun ki wait bad mohkhiew sarang”, “ki kti kiba kloi ban İarap ki kham khuid İa ka shyntur ba dwai”, “ki krem u Sing”, “shynna tang da ki dien rung hynrei İm don ki dien mih”, “haba ngı shah ktik” bad bun kiwei de kiba ngı shem ha kane ka kitab. Bad haba ngı pule bha, ngin lap ba ka

lynnong kaba lai ka pynpaw ïa ka snap *Allegory* ha kaba u nongthoh u la ai nuksa na ki dkhiew ïa ka jingmyntoi na ka jingiatrei lang. a kum kane ka rukom thoh, nga ngeit skhem ba u nongthoh um shym la swar hynrei ka la shu mih hi na ka jingrhem ieid ri bad na ka jingsngur ka dohnud ieid jaidbynriew.

U nongthoh u ong ba ‘**ki nongrep ki long u budlum ka kamai ka kajih**’ ïa kaba u la ñiewtang haduh hynñiew tylli ki lad ai jingkamai ïa kiwei ki bym dei ki nongrep, ruh u nongthoh u la ong ‘**lada khlaifñ u budlum aiu ngin khuslai**’. Kine ki kyntien ki pynkynmaw ïa nga shaphang kawei ka phang ba ju hikai ha ki *college bad university*, kata ka phang ka long ka ‘*Agricultural belts of U.S.A.*’ ha kaba ïa ka Ri America la phiah ha ki phang jaka-rep (*physio-agricultural regions*) ba ngi sa tip ba don ki *corn belt, cotton belt, wheat belt* bad kiwei. Kumjuh ruh ka Ri Bilat (*Great Britain*) da ka jingtreishitom u *Geographer* uba paw nam, U L.Dudley Stamp, la lah ban *pass* ïa ka ***Land Utilisation Act*** da ka ***British Parliament*** ha kaba ïa ka khyndew la bynta ha ki khap bapher naduh na ka bynta ka rep haduh ka pynneh pynsah khlaw, ka seng shnong, ka seng kharkhana bad kiwei kiwei.

Ki riwhyndai jong ngi ruh ki la phiah ïa kane ka Bri u Hynñiewtrep ha ki san tylli ki phang-jaka (*physiographic regions*) ka Ri Bhoi, ka Ri Pnar, ka Ri Lum ne Ri Phlang, ka Ri Lyngngam bad ka Ri War. Tang na ka kyrteng jong kine ki phang-jaka ngi sngewthuh ba ka Ri War ka dei ka Ri u Soh u Pai, ka Ri Bhoi ka Ri u Khaw u Kba bad ter ter. Namarkata kham ñiar eh ban ïohsngew ba ka Ri America ne ka Ri Bilat kin long ki Ri shah thngan, wat ha ki por U Tirot Sing ka jaidbynriew jong ngi ka la kyrshan ïa u haduh saw snem kynthih dei namar ba khlaifñ ka rep. Kane ka pyni ba haba khlaifñ ka rep ka bor synshar ruh ka khlaifñ.

Haba phai pat sha ka Bri U Hynñiewtrep ngi shem ba ka rep ka la nangtroifñ bad don shibun ki daw ba pyntroifñ ïa ka rep. Haba troifñ ka rep, ki nongrep kim banse ban phai sha ka rep synsar, ka pynngat khlaw, ka tih dewñong, tih mawshun khnang ba ka jingim jong ki ha sla pyrthei kan bteng bad kine ki long ki phang ba tynrai jong kane ka kitab ïa kiba u nongthoh u la pyni ïa ki jingeh, ki jingma

da kaba ai pat ruh ĩa ki jingkyntu bad jingai jingmut ban khie im pat ka rep, ki khlaw ki btap, ki sim ki doh ter ter.

Donkam, namarkata, ban shim jinghikai na kitei ki Ri ba la shai bad khlem da klet ruh ĩa ki jingstad ki mynbarim, kumba la pyni u nongthoh ha ka lynnong kaba san, da kaba pynĭahaptar bad pyntyllun ĩa ka rep, ka trei ka ktah katkum ka jingstad ka juk mynta khnang ba u ksai jingim basyrdoh ĩa u briew, ki mrad, ki jingim bapher, ka mariang, ka umbam umdih un ym dkut noh bad ban lait na ka jynjar bah ba ap ĩa ka pyrthei mynta.

Kane ka kitab ka la mih biang por bad nga ngeit ba ki nongpule, khamtam ki nongrep kin kham sngewthuh ĩa ka jingkordor ka rep, namarkata la sngewdei ban ong hangne ba mynta ka la dei ka por ĩa ki bor synshar ban thaw ki lad pynroi ban ai jingĭada ĩa ki nongrep khnang ba ka Ri bad jylla jong ngi kan nym shaniah bam than na shabar.

Haba pynkut ĩa kine ki kyntien ĩasyllok ba khyndiat nga ai ka burom bad nga da kit bok kit rwiang ĩa u Rangbah K.D.Kharkongngor na ka bynta kane ka jingpyrshang jong u, da kaba ngeit bad khmih lynti ba un nang lah ban thoh bad pynmih shuh shuh sa kiwei ki jingthoh bakordor na u.

Khublei shibun,

Dated Shillong  
Rngi-Jynriew, Upper Nongthymmai  
The 7<sup>th</sup> March 2009  
Shillong-793014

Dr. Dondor Giri Nongkhlaw  
Geomorphologist  
'Dees Cottage'

## KI KHUNG

Lynnong	Sla
1. Ki mohkhiew sarang ha kyrpong iing ki dak ba jar jar ka jingiap thngan	1
2. Lada khelaiñ u budlum aiu pat ngin khulai?	10
3. Ka jingim ki dkhiew, ka nuksa ba bha tam ia ki Self Help Group	18
4. Ngi mih na I Mei bad ngin sa leit phai ruh sha I Mei!	22
5. U Nongrem u lah dep tip, ki riewstad pat ki dang trud bad ktha khlieh ban tip	30
6. Ia ka shamoit donkam ruh ban rah sha kper ne sha lyngkha	36
7. Ka thung synsar, ka jingkyrkhu bad jingkyrduh	42
8. Ko kynrad bynriew sngewbha map bad isynei lem ia ngi	47
9. Ki jingmyntoi bad ki jingeh kiba ngi ioh na ki Diengkseh	55
10. Lada yn rep riewhadem arsien ne laisien ha ka shisnem, kan pynshngaiñ ia ka jylla bad ka iing ka sem ki nongrep	65
11. Tang ka bam ym biang satia namar ia ka dih ruh ngi donkam !!!	72

## **LYNNONG - I**

**KI MOHKHIEW SARANG HA KYRPONG IING,  
KI DAK BA JAR JAR KA JINGIAP THNGAN?**

*(Ban tbeh lynten ne sharak rit ha ki jaka sor  
kan dei tang ka kam biey ne kam biria)*

Kumba la iatip da baroh, **hynfiiewphew ne phraphew na ka shispah** ki nongshong shnong ka Jylla ki dei ki nongrep. Haba ka long kumta balei pat kiba bun ki jaka sor ka Jylla kum ka nongbah Shillong, ka sor Nongpoh, ka sor Nongstoiñ bad ka sor Jowai ki la nangkhim, nangkhapngiah bad nangbunbriew manla ki bnai bad man la ki snem. Ban ioh ia ka jubab kaba shai la sngew donkam ban ia tai khyndiat balei ka long kumne.

Jan manla ka sngi ngi iohsngew sa tang ia **ki khubor kyrduh-kam kyrduh-jam ki khun samla wad kam wad jam**. Ka jingkiwdor ki marbam mardih bad kiwei kiwei ki mar ki mata ha ka Jylla bad ha kylleng ka pyrthei ka dei ka khubor kaba la pynbynfiaw bad pynsngewsih ia kiba duk kiba jynjar katba ki riwspah ki hehspah kim da patiw ne khuslai ei ei. Katba dang pynkhreh ia kane ka jingthoh, ki shkor pat dngong ki iohsngew ia ka khubor (news) jong ka NDTV lyngba ka Telibishon kaba iathuh ne pynbna ba naduh ka shiteng synfia jong ka sngi palei (05.06.08) ka dor jong ka umphniang Petrol, ka umphniang Diesel bad ka Cooking Gas kan kiew sa 5 tyngka, 3 tyngka bad 50 tyngka. **Shano keifi kane ka jingkiwdor ba khah khah kine ki umphniang kan ialam?**

Man la ka 5 tarik u bnai June la ju rakhe ha shi satlak ka pyrthei ia ka **World Environment Day** ne ka **Sngi Khuslai Mariang** ba la ju pynbeit da ka United Nation lyngba ka UNEP (United Nation's Environmental Programme). Haba kylli ia ki nongrep balei ngi donkam ban rakhe kyrpang ia kane ka **Sngi Khuslai Mariang**, kiba bun ki nongrep (ym baroh) ki jubab **"tip seh, ngim tip ei ei"** bad haba buh pat ia kane ka juh ka jingkylli ha ki khun ki kti jong ki, ka jubab ka long **"dei namar ba la palat eh kata kata.....ba la kumta**

**kumta.....bad ba la lut bad lyngkhuit ....kita kita kita.”** Haba sngap bad pyrkhath ia ki jingbatai jong kine ki khun samla baroh baroh ngin kubur bad iahap jingmut bad ki namar dei tang ki jingshisha suda. Baroh **ki khun jong ki nongrep** kiba lah leit skul ne leit kolej ha la shnong ne ha ki jaka sor ki tip bad sngewthuh lut ia kine ki jingshisha ba la kdew harum :

1. Ki sngewthuh bha ia ka jingkordor ka rep ka riang bad ki la iohsngew ruh ia ka jingkyrdueh bam ne ka *food crisis* kaba la sdang ban pynkhyndueh ia ka pyrthei. Ki lah pule ruh balei la ai nam bad ai burom ia ki nongrep ba ki dei **u budlum ka ioh ka kot.**
2. Ha ki skul ne ki kolej, ki khun jong ki nongrep ki ju pule ruh ia ka subjek enbaironmen (**Environment**) kaba dei shaphang **ka Mei Mariang ka Mei Ramew**, ia ki sawdong sawkun jong ka bad ia ki jingnohsynfiang ba jar jar jong baroh ki jingim kiba don ha ka (ki mrad ki mreng bad ki sim ki doh) khnang ban pynbha bad ban pynlong ryntih ia ka Mei Mariang (maintenance of ecological balance). Ki sngewthuh khambha ruh (ban ia la ki kmie ki kpa jong ki) kumno kata ka **Global Warming** ne ka jingkiew jong ka **jingshit-jingkhuit ka pyrthei** kan wanrah tang ia ka lanot ka jynjar ha la iing ha la sem, ha ka rep ka riang bad ha baroh ki liang. Kine ki samla ki tip ia ka jingkordor ki khlaw ki btab kiba pynmih ia ka umbam umdih kaba bang bad ba shngiam bad ki sngewthuh ba **lada ngin iada ia ki mynta, ki khlaw ki btab kin iada kylla ia ngi junom la junom bad pateng la pateng.**
3. Ki khun ba la kham shai kham stad jong ki nongrep ki sngewthuh ba lada ka iing kaba ki shong ki sah ne ka lynti ka syngkien kaba ki iaid ki ieng ka jot ne ka pra noh, lah pat ban pynbha da kaba shu maramot ne repair ia ka. Ki tip ruh ba ia ki lum ki wah kiba la shah pynjot pynjulor ha ki kam-pynroi kum ka tih dewiong ka tih mawshun (mining) **da lei lei ruh yn ym lah shuh ban pynbha-pynsboh ne ban repair ia ki bad lada lah ruh, kan shimpor-bun-bun saem.** Ki khun samla kane ka juk ki don ruh ka jingshemphang ba kynsai bad ba kyrpang



ba ĩa ki pynthor ki hali bad ki kper ki phrah kiba dang bha ne dang sboh, da kaba suk eh lah ban pynneh pynsah ĩa ki da kaba ai ne shim ĩa ki lad jingĩada kiba bniah bad ba janai.

4. Ki tip ruh ba ka jingshah puh bseĩñ (snake bite) jong kiba bun ki paidbah **ka dei tang ka aksiden kumba ju ĩa aksiden ki kali** namar la buh ĩa u bseĩñ ha Mei Ramew ym **ban pynmysaw ne bam** ĩa ki briew hynrei **ban pynduna** ĩa ka jingbun palat ki mrad ba kham rit kum ki risang ne ki khnai kiba ju pynjulor ĩa ka rep ka riang na ka por sha ka por (u bseĩñ u ju bam bha ĩa kine ki jingim). Kine ki khun ki tip ruh ba ka skei (deer) ka ĩarap ban pynsaphriang ĩa u sohmylleng uba don shibun ka Vitamin-C namar ka ju bam bha ĩa u (ryngkat ki shyieng). Ynda khot ka Mariang, ka pynhap noh ĩa u shyieng symbai. Ki tip ruh ba ki khlieng, ki pukni ne ki tyngab (scavengers) kiba la jan duh jait ki ĩarap ban pynkhuid ĩa ka Mariang namar ki bam ĩa ki metĩap jong baroh ki mrad ki mreng naduh u ksew, ka blang, ka masi ne kino kino ki doh pyut (decayed carcasses). Kumta, ki sngewthuh khambha kumno ki mrad ki mreng bad ki sim ki doh ki ĩarap na ka por sha ka por ban pynbha bad pynneh pynsah ĩa ka Mariang kaba dap kaba shlei da ki jingim ba laiphew jait ba laiphewskit ki ban ai jingmyntoi ĩa ngi ki khun bynriew bad ka ĩing ka sem ki kmie ki kpa jong ki.
5. Ki samla ba la shai la stad ki tip kham bha ĩa ka jingkordor ka umbam umdih kaba khuid bad ba shngiam. Kumta ki tip ruh ĩa ki lad ki lynti ban ĩada bad pynneh pynsah ĩa ki tyllong um (catchment areas) bad kumno ban pynlang ne ban kynshew ĩa ka um slap kaba ngi ju ĩoh pahuh ha ki bnai slap ne ki bnai lyĩur (**rain water harvesting technology**) khnang ban ĩoh pyndonkam ha ka rep ka riang ne ha ka shet ka tiew shuwa ba kan tuid sepei sha ki jaka thor (kum sha Assam ne Bangladesh). Ka khyndew kaba sboh bad ka umbam umdih kaba khuid bad ba pahuh pahai ki dei **ki jingshngaĩñ bym ju kut ne bym ju rngad** jong kawei pa kawei ka longĩing longsem ki nongrep wat ki bym rep ruh. Ki longshwa manshwa ki ju sneng ju kraw ba ngi dei ban ĩa shongsuk shongsaiñ bad ban ieit bad burom ĩa

ka Mei ne ka Bei Ramew khnang ba kan ai bam ai buiñ ia ngi bad ki lawei ki ban dang wan iuh kjat ha ka.

6. Ki khun jong ki nongrep ki sngewthuh khambha kumno ka jingpyndonkam bakla ia ki dawai khñiang kan pynjot pyntroiñ ia ka Mariang bad ia baroh ki jingim kiba don ha ka. Ki sngewthuh ruh ia ka jingkhlaifi bor ki dawai khñiang bad ki lah pule balei ia u DDT (dichlorodiphenyl-trichloroethane) lah khang (banned) ban pyndonkam ha ka rep ka riang namar un wan rah ia shibun bah ki jingpang jingshitom (health hazards) ki ban ktah ia ka koit ka khiah ki nongrep bad kumjuh ia ki nongbam. Ki tip ruh ba lada yn bam ia ki dohkha dohpnat kiba la dep pyniap ha ki wah duid ne ki wah bah da ki dawai khñiang (pesticides/insecticides), ha ka step kaba bud, baroh shi iing shi sem (ka kmie, u kpa bad ki khun) kin ia mareh thong ne ia mareh race (ba suh kpoh) sha kyrpong iing (paiñkhana) kumba 10-15 sien ha ka shisngi namar ba la khyrwait ka bih jong ki dawai khñiang kaba dang sahkut ha ka met ka phad ki dohkha wat la ki lah dep shet dep phon ia kita ki dohkha ha ka ding kaba rhem hir hir bad ba khluit tar tar. **Ka bih (toxicity) jong baroh ki dawai khñiang ka ju shimpor kumba ar taiew khnang ba kan iap ne ba kan duh bor hadien ba la pyndonkam ia ka.** Ki khun jong ki nongrep ki tip ruh ba ym ju dei satia ban shu thied kulmar ia ki dawai khñiang na ki iew ki hat kiba la shu die ha ki madan madiah ne ki dukan rit dukan ria (kum ha iew Mawlong) lane na kito ki dukan kiba khlem pat ithuh (approved dealers/suppliers) da ka ophis jong ka rep ka riang (Agriculture Department) namar bunsien ki nongrep kin ioh tang da ki dawai thok (duplicate) ne ki dawai ba lah tlot bor ne duh bor (expired). Barabor ki nongrep ki dei ban kylli bad pyrthew bha na ka ophis rep nangno kin ioh ia ki dawai kiba dei ban pyndonkam ha ka rep ka riang. Ki donkam ruh ban tip ba man la ka dawai khñiang ka don la ka jong ka rukom treikam. Ka dawai ka ban pyniap ia ki khñiang kiba pynjulor ia u kba kan ym lah ban pyniap ia ki khñiang kiba pynjulor ia u slashane

u sohñiamtra. U kuli dawai uba dei na ka bynta ka suh  
kpoh un ym lah ban pynjem ña ka khaikyoh ne ka jyrhoh !

7. Ki khun jong ki nongrep ki ju ñoh pule ne ñohsngew ruh ha ki kot khubor ne ki lad pathai khubor kumno ki nongrep kiba kham duk kham kyrduh ha kylleng ka Ri India ki ju bthat noh tang shiteng por ña la ka jingim jong ki (commit suicide) da kaba diñ ña ki dawai khñiang tang namar ka daw ba kim lah shuh ban pynkhuid ne ban siew dep ña ka ram ka shah kaba la dap shi shlip ñiuhmat kaba ki ju shim na ki heh spah (money lenders) kiba ju wan kthong kylla na ka por sha ka por. Sngewnguh shisha ña u Trai Kynrad bad u Nongthaw u Nongbuh ba kum kine kiei kiei kim pat ju jia koit ha kine ki Ri Lum ba iet ba thiang jong ngi. Sngewsynei bad sngewlem shisha shisha ña ki kurim (widows) bad ki khun ki kti jong kito ki nongrep kiba la hap ban shu dkhat syndet ña la ka jingim jong ki tang namar ba la ban palat ka jingduk ka jingkyrduh bad ka shon ka khia ña ka ñing ka sem jong ki.
8. Baroh ki khun jong ki nongrep kiba la shong la sah bad kiba la trei la ktah ha ki jaka sor ki tip khambha ruh ña ka **rukomp kamai ne ka rukom treikam** jong baroh ki bar jylla kiba wan na kylleng ka Ri India ne ki bar ri ba wan na Nepal ne Bangladesh ban shu bylla sngi ne ban trei ña ki jait kam bapher bapher kum u 'khar mushi ban suh jut, u 'khar napit ban khap ña u shñiuh, u nongtem ktheng ktheng ña ka ki tar (**guitarist**) ne duitara ba tang shi ksai shi string (**u 'khar suh nep ne 'khar suh rajai**), u 'khar misteri dieng ne u misteri dewbilat, u nongtih dewiong ne u nongtih mawshun, u 'khar shet jalebi u 'khar shet puri ne shet sobji, u 'khar ri masi khem dud (u Nepali ne u Bihari), u 'khar shna tañar kali (tyre) bad u 'khar thied tin jot ne u 'khar thied nar lyngkhot. Ki tip ruh ba kine ki bar-ri ne bar jylla **ki ju phah pisa man la u bnai sha la ki baieit ki bathoifi** kum sha Nepal, Bihar, Assam, Jharkhand, Uttranchal, Kerela, Tamil Nadu, Rajasthan bad sha kylleng kylleng ka Ri India da ka Money Order (M.O.) lyngba ki ñing Dak (Post Office) lane da ka shek (Cheque) lyngba ki Bank. Hato pat ki khun samla

jong ki nongrep kiba la trei la ktah ha ki jaka sor da ki kam bapher bapher ki ju ïoh ïohlada mo ban phah pisa man la u bnai sha la ki kmie ki kpa da kita ki Cheque ne ki M.O.? **Artatien shibun ba kan long kumta namar kiba bun ki kmie ki kpa ki dang hap phah pisa kylla da ma ki ha ka jaka ba ki khun kin phah sha ki.** Kane ka dei ka jingshisha kaba yn kubur da kiba bun.

9. Ha kane ka spah snem kaba arphew wei (21<sup>st</sup> century), **ka computer technology ne ka jingstad kor kompiwtar** kaba jan baroh ki khun jong ki nongrep ki lah nang ki lah tip ka dei ka lad ka lynti kaba ki khun jong ki nongrep da kaba suk eh kin lah ban pynbha ne pynheh pynïar ïa ka rep ka riang. Lyngba kane ka laiñ jingstad ki lah ban tip nadong shadong ïa ki rukom sumar ba biang bad ba janai tam ïa ki jingthung ki jingtep bad ki jingri ki jingdup lyngba ka Internet.
10. Baroh ngi tip **ba ka kam rep kam riang ka dei ka karkhana ka ban tyllun kum ka shalyntem ba shilynter jingim (sustainable industry)** bad ka pisa kaba mih na ka, ka dei ka umsyep kaba khuid na kiba khuid tam bad kaba kyrsoi kum ki umpohliw kiba bang kiba shnglam. Ki nongrep slashajong ka Ri Bhoi District ki sngewthuh bha ba u slashaba ki rep mynta un ym kyrshan pisa tang ïa ki bad ki khun ki kti jong ki hynrei un kyrshan bad pynmyntoi ruh ïa ki khun ksiew ne ki khun miaw ki khun thyllah. Ki khun jong ki nongrep slashaki tip shai ba (man la u snem) ïa u slashalah ban kheit haduh 6 ne 7 bnai lynter (April haduh November) hynrei ïa ki jingthung kum u riewhadem, u kubi, u muli ne u kba yn ïoh ban kheit ban ot tang shisien ha ka shi aïom. ïa kine ki jingthung donkam ban thung manla u snem ne man la ka aïom katba ïa u slashadonkam ban thung tang shisien ha ka 70 ne 80 snem. Kumta, ki sngewthuh ba lada yn pynheh pynïar ïa ka rep slashaka jingshngaiñ (security) kan long ruh ïa ki khun ki ksiew jong ki.
11. Bunsien ki kmie ki kpa kim ju buh jingkheifñ haba ki rep ïa kino kino ki jait jingrep. Kim ju tip satia la ki ïohnong ne ki duhnong bad kim lah ruh ban ai jingkheifñ jingdiañ ha la ki khun ki kti la

kata ka kam kaba ki trei ka pynmyntoi ne em ãa ka ãing ka sem jong ki. Kane ka pynduh mynsiem ãa ki khun ki kti ban shimti ãa ka rep ka riang na ki kmie ki kpa, Hynrei ki khun ba la shai la stad ki nang ban buh ãa ki jingkheif jingdiah kiba biang bad kiba thik pa thik (accounting). Ka rep ka riang ka dei ruh ka business.

**Balei pat dang sahduh sahdiën ki ãing ki sem ne ki shnong ki thaw jong ki nongrep ?** Bunsien haba ki nongrep ki phah skul ne phah kolej ãa ki khun ki kti, ka jingthrang ba ha khmat eh ka long ba ki khun kin ãoh long heh long haif, kin long enjinier ne kin long ophisar, kin long doktor ne kin long I.A.S. Hooid, **kane kam dei ka jingpyrkhat kaba bakla** namar ki thrang ãa ka lawei ba shngaiif bad ba phymai ki khun ki kti. Ki klet pat ba ha kane ka juk kaba la kham ãaid stet ha baroh ki liang (competitive world) ki khun jong ki kin hap ban ãa khun bad ãa ksaid ban ãoh leit pule ãa kine ki laif bapher bapher hapoh ne shabar ka Jylla. **Lada bhabok lah ãoh bad lada sniewbok pat lah duh.** Ki nongrep lehse kim ju tip ba da ki spah bad hajar ngut ki khun samla ka Jylla kiba lah dep pule ãa ki laif bapher bapher kum ka Agriculture, Engineering, M.B.B.S., Fishery, Veterinary, Diploma, Nursing bad kiwei kiwei ki laif pule, ki hap ban shu shong kli kti ha la ãing kumba 3 ne 4 snem lynter (ne palat ãa kata) ban ãoh trei ha ki ophis ne hospital namar jan baroh ki kam sorkar ki lah shlei kumba ju shlei um ha ri-thor ne ri-dkhar.

Teng teng pat ki kmie ki kpa ki thrang dik dik ba ki khun jong ki kin trei ãa ki kam kiba shu thohmut thohmat kum ki kam officiate, peon, driver, L.D. ne cleaner kiba la tip kum ki kam **shakri sorkar**. Ka daw jong ka jingsahdiën ka rep ka riang ka long ba ki khun nongrep kiba la pyndep ne ãoh ãa ka jingstad (**jingshai**) na skul ne kolej, ha ka jaka ba kin leit pynthaba ãa ka jingstad jingshai jong ki sha la shnong, ki leit pynthaba pynban sha ki jaka sor. **Ban tbeh ãa ka lynten ne ka sharak rit (lantern ne kerosene lamp) ha ki jaka sor kum ha Secretariat ne Khyndai Lad (Police Bazar) hato kam dei tang ka kam bie j ne kam biria ?** Afu pat ki lynten ne ki sharak rit kin ãarap lada yn pynthaba ãa ki ha ka ãing ka sem ne ka shnong ka thaw ki kmie ki kpa jong ki?

Ki nongrep ki klet ruh ba kata ka kyrduh-kam kyrduh-jam (unemployment problem) ãa ki khun ki kti jong ki kam ju don satia ha ka ãing ka sem jong ki **namar ba ki kam ki lah don kyrhai bad ap lypa ãa ki**. Ki klet ruh ba lada ki khun jong ki kin rep ryngkat ka ri jingri (integrated farming) kum ki nongrep ba la shai la stad (educated farmers), ka ãoh ka kot ne ka kamai ka kajih kan kiew bad kan pher bak-ly-bak. Na ki jingri jingdup kin ãoh ãa ka sboh na ka bynta ki jingthung jingtep bad na kine kin ãoh ãa ka bam ban bsa ãa kita ki jingri. Lada sniew ka rep ka riang (kum ka shoh phria), kin ãoh pisa na ki jingri bad lada trei pat ka khlam ne ka jingpang ãa ki jingri jingdup, kin ãoh pisa na ka rep.

Kiba bun ki nongrep ryngkat ki khun ki kti jong ki kim ju kynmaw ba ka rep ka riang ym tang ba ka dei **ka kam kynrad kaba halor tam eh** hynrei ka dei ka jait kam kaba baroh ki briew ryngkat ki jingri ki jingdup ki hap ban shaniah junom la junom namar baroh baroh ki donkam ban bam khnang ba kin im namar ym **ju don satia kata ka dheng ne blok kali (traffic jam) naduh shyntur haduh kpoh**. La riwspah ne duk, la biej ne stad, la jrong ne lyngkot, la pop ne hok, la sniewbriew ne bhabriew, la heh ne rit kyrdan bad la lieh ne ãong baroh baroh ngi donkam ãa ka bam lait noh u statue (dur maw) jong u Mahatma Gandhi ha khmat ka Meghalaya Secretariat ne u statue ka Indira Gandhi ha khmat ka State Central Library. Lada ki khun jong ki nongrep kim leit phai shuh sha la shnong ban shimti ãa ka rep ka riang na la ki kmie ki kpa, kam slem shuh ka por ba ka kam (business) jong u 'khar thied tin jot tin pei ne ki nar lyngkhot lyngkhai kan nang heh bad pynmyntoi shuh shuh ãa u namar yn bun sa tang ki **walt bad ki mohkhiew sarang**. Haba ka long kumne, ki kmie ki kpa ba la noh ka 'rta kin shu lm sngewsih bad miet bad sngi bad kin jaw sa tang ki ummat kthang namar ki **matti bad dienjat jong ki (footprints) kin sa shu shah tep noh tang ha ki rongphong kiba la khring bad pynthame ãa ki khun jong ki kiba don ha baroh ki jaka sor ryngkat ka nongbah Shillong !**

**Ki dieng kper kiba khanglad pat ãa ka rep ka riang ban nang klew shaphrang:** Baroh ki khun shynrang jong ki nongrep katba ki dangshong dangsah bad la ki kmie ki kpa ki smat ki sting ban rep ban riang kum ãa u kba, u kubi, u phan, u muli, u

kwai u tymbew ne ki soh ki pai. Ha bri ne ha lyngkha i mei i pa **ki iakmen ki iasngewbha bad ki sngew long trai ne sngew long kynrad.** Kaba sngewsih bad kaba shisha pat ka long ba ynda la dei ka por ba kin shong kurim ne ia poikha poiman bunsien kiei kiei ki kylla da khongpong. Kiba la tbit ban rep kba ki poi shongkha ha ka iing kaba rep ia ki soh ki pai ne ki tymbew ki kwai bad kiba la tbit pat ban rep ia u tymbew u kwai ki poi shongkha ha ka iing kaba rep ia u sying ne u shynrai. Shiteng ka 'rta ki ia **long kynrad** ha iing i mei i pa hynrei ha iing khun ne iing kiaw pat ki hap ban shu im da kaba shu **leit bylla nong-sngi** sha bri ne sha lyngkha jong ki briew namar ka long kaba shitom shibun ia ki nongrep kba ban shimti ia ka rep tymbew ka rep kwai lane ia ki nongrep kwai ban shimti ia ka rep sying ne ka rep shynrai. Bunsien ju mih ka kyntien kaba ong ba **“u poikha ne u shong-kha u shu wan bam bad shong thiah thai bad ban shu kjit ei ia ka spah ne ka sbai.”**

**Ki symboh pyrkhath:** Ha kane ka juk stad ka juk shai ne ka pyrthei beh por ka pyrthei beh jingshai **la sngewdonkam kham kyrkieh** ban ia pyrkhath ne iamir jingmut ha la iing ha la sem kumno ban weng noh ia kine ki dieng kper ki dieng pyngkiang kiba la pynthut bad khang lad ia ka rep ka riang (bad ia baroh ki jait kam) ban kiew rasong ne kiew shaphrang. Shuwa ban pynkut, **syndet bad jyndet, ai ngin kylli ia baroh ki khun samla kynthei bad shynrang** ka bri u Hynñiew Trep aũu kan jia lada ia ki kper ki phrah ne ki bri ki hali yn aiti noh ha ki khun shynrang hynrei ia ka jait ka kynja yn bteng beit na ka bei ne na i mei?

\*~\*~\*~\*

## LYNNONG - II

### LADA KHLAIÑ U BUDLUM AIU PAT NGIN KHUSLAI ?

*(Lada ña ki nongrep yn khñiot shi khñiot,  
ki ñew ki hat kin ringsdot bad nang ñai tlot)*

Ha shi tyllup ka pyrthei ña ki nongrep la tıp da baroh ba kɪ dei u budlum ka ñoh ka kot bad ka kamai ka kajih. Uwei u 'riew stad u ong ba u nongrep uba ñeng ha la ki jong ki kjat u kham khraw ban ña u 'riew donburom uba dem khohsiew (a farmer on his feet is higher than a gentleman on his knees). Hato kane ka jingong une u 'riewstad ka dei shisha kumta ? Ban ña shai baroh baroh aɪ ngin pyrkhath bad puseon ña kine kɪ phra tylli kɪ mat kiba la kdew harum :-

Kɪ nongrep haba kɪ sdang ban pynkhreh ña ka rep ka riang, nyngkong nyngshap kɪ donkam ban thied ña ki wait ki mohkhiew, ña kɪ khoh ki shang, ña ki symbai kɪ mai, ña ka trab ka knup bad kumjuh ña ki sboh bapher bapher. Kane ka dei ka synñiang kaba nyngkong eh kaba ki nongrep ki pynnoh sha ka imlang ka sahleng namar ki pynim bad kyrshan ym tang ña ka ñing ka sem kɪ nongdie wait ne ki nongdie mohkhiew, ña ki nongdie shang ne ki nongdie khoh, ña ki nongdie symbai ne ki nongdie sboh hynrei ki pynim ruh ña kito kiba shna ña ki wait ki mohkhiew (kum ki nong Mylliem) bad kumjuh ña kito kiba thain bad shna ña ki khoh ki shang ne ki trab ki knup. Kiba bun ki nongrep ka East Khasi Hills ki pynim ruh ña ki trai jaka namar ki shu rep wai ha ki jaka jong ki. Lait na kiba bun ki jaka ka Jaiñtia Hills bad ka Ri Bhoi District kiba dei ki Ri raid, ha East Khasi Hills pat ki kper ki phrah ne ki pynthor ki hali ki dei ki Ri kynti jong ki riewspah ne ki hehspah. Ha ki jaka raid ne ki ri raid uno uno u nongrep u lah ban rep ban riang khlem da siew wat tang shi pisa ne shi tyngka sha ki syiem ne ki myntri ka raid.



Lada ka jaka rep ka dei kaba kham heh, ki nongrep ki donkam ban khot nongbylla na shnong ne nabar shnong khnang ba kin iarap lem ha ka puh ka daiñ, ka thung ka tep ka thiew ñiut thiew kynbat bad ban kheit ban ot ia ki soh ne ki marrep jong ki. K1 nongrep ki siew pat ia ka bai bylla ne ka bai nongsngi man la ka taiew ne man la u bna1 sha kita ki nongbylla. Kane ka dei **ka synñiang kaba ar** namar ba ki nongrep k1 pynim bad kyrshan ia ka iing ka sem ki nongbylla. Ynda ki la kheit ne ot ia ki soh na ka jingtrei shitom jong k1, k1 thep pat ha ki khoh ki shang bad ki kyntiew ha ki kali kamai ban pynpoi sha ki iew k1 hat khnang ban leit die ia k1. K1 siew ia ka bai kali bad lyngba kane **ka synñiang kaba lai** k1 nongrep k1 pynim ia ki trai kali.

Lyngba **ka synñiang kaba saw** ki nongrep k1 pynim ia ki dai ki daju (nongkitnong) namar tang shu poi ki kali ha ki iew k1 hat, ju wan kynrup ki dai ki daju ban pynhiar ia ki khoh ki shang na ka kali bad ban pynkit pat sha k1 jaka ba iadie iathied. Marsien rung kine ki nongkit sha iew sha hat, ki nongrep ki hap ban siew sa ia ka musur ne khajna sha ki nongkhrong khajna. Lada yn kylli na kiba bun balang balei k1 nongrep ki hap ban siew ia kata ka khajna, kiba bun ki jubab “**tip seh, ym tip ei ei**” bad lada kylli pat a1u kane ka khajna ka la pynmyntoi ne kan pynmyntoi ia ki nongrep, ka jubab ka long biang “**tip seh, ngim tip ei ei** !” To kam pher bad kam lei lei namar ki nongrep ki pynim sa ia ki **nongkhrong khajna**. Kane ka dei **ka synñiang kaba san**. Ynda k1 marrep ki poi ha kt1 ki nongkha1i (middlemen), k1 nongkha1i bunsien **ki ju khñiot dor** (lait noh tang 1wei ar) ia ki mar jong ki nongrep bad ki die kham heh dor ne kham palat dor sha kiba die khutia mutia ha ki madan madiah ne ha ki dukan shnong ki dukan dong (retailers). Hangne ruh hap ban ong **ym lei lei** namar ha kane **ka synñiang kaba hynriew** ki nongrep ki kyrshan bad pynim ia ka iing ka sem ki nongkha1i.

**Ka synñiang kaba hynñiew** ka long ba ki nongrep ki pynim ia ngi ki bym rep. Ki pynim ia ki paid ki ra1ot, ia ki syiem ki daloi, ia ki myntri ki sordar, ia ki nongkha1i ne ki trai kali, ia ki dai ki daju bad ia baroh namar baroh baroh ngi donkam ban pynbiang bam ia ka kpoh **lait noh ka kpoh ki statue ne dur maw dur rnong** jong u Woh Kiang Nangbah ha Syntu Ksiar, u Babu Soso Tham ne ka Indira

Gandhi ha State Central Library bad u Bapu ka ri India (Mahatma Gandhi) ha khmat ka Meghalaya Secretariat !

Ynda u nongrep u la ioh pisa na kaba die ia ki marrep um ju leit rah lut ia kata ka pisa sha la shnong ne sha la iing hynrei u thied prek u thied rong ban shna ne pynbha ia ka iing ka sem, u thied ia ki jaiñ sopti ne ki kot ki sla ia la ki khun ki kti, u thied dai u thied shini, u thied mluh ne umphniang bam, u thied sabon ne thied makhon, u thied radio ban sngap ia ki khubor bad ki sur jingrwai ba thiang jong ki kaitor u Hynñiewtrep, u thied telebishon ban peit ia ki prokram ka rep ka riang ne ki phlim shad ki phlim rwai, u thied ki riam ki beit ia la ka kurim bad ia lade khnang ban bhabriew bad iphuh iphieng bad u thied ia baroh ki jingdonkam ka iing ka sem jong u. Ynda la biang lut nadong shadong ka siew ka tda u leit phai pat sha la iing da ka kali shnong bad u siew biang ia ka bai kali. Lyngba kane **ka synñiang kaba phra** ki nongrep ki pynim bad kyrshan pat ia baroh ki nongshong dukan ha ki iew ki hat ne ki shnong ki dong.

Lada yn pyrkhat bad ngam jylliew ia kine ki **synñiang ba la pynnoh da ki nongrep** sha ka imlang ka sahleng la sngewdei ban iahap jingmut bad uta u riewstad haba u ong, ba ki nongrep ki dei shisha shisha kiba khraw bad ba kham khraw ban ia uta u riew donburom uba dem khohsiew! Ka ju don pat ka jingong ba **lada ngin leh bha katno katno ruh kiba bun kin klet bad lada ngin leh sniew pat baroh baroh kin kynmaw**. Hato kane kam dei ka jingshisha ? Ki nongrep ki la leh tang ia ki kam ba bha suda hynrei kaba sngewsih pat ka long balei keiñ kiba bun kiba lang ki leh klet ia kata. Ki nongrep ki dei shisha u **budlum ka ioh ka kot** lane ki nongrep ki dei kita **ki maw khrum ne ki maw nongrim** jong ki iing ki sem. Baroh ngi ju kynmaw ba haba shna ia ki iing ki sem nyngkong nyngshap donkam ban pynieng shwa ia ki **maw khrum**. Ynda ka iing ka la ieng bad skhem, ngi ia shong ngi ia sah, ngi ia khie ngi ia thiah, ngi ia beh kam ngi ia beh jam, ngi pynlong parti (party) ban khawai ban dawai, ngi ia rwai ngi ia siaw, ngi ia halla ngi ia pyrta bad ngi ia shad ia kyrdem haduh ba ka iing **kan da tdem bad lyuh hi thui** .....hynrei **ka iing pat kam kyllon ne pra satia namar ba la kyrshan skhem ia ka da ki maw khrum ne ki maw-nongrim!** Haduh mynta mynne ki iew ki hat ka Jylla (state's economy) ki dang

iai tyllun shaid shi shaid namar **ki nongrep ne nongkyndong** (the so called villagers) kɪ dang iai kyrshan iä ngi wat la ki iä tyngkhuh tang iä ki jingch jan manla ka sngi bad manla ki por.

**Ki bor Mariang kiba ju tangon bad sangah iä ki nongrep-**  
Ki nongrep wat la kɪ trei shitom katno katno ruh bunsien ki ju mad iä **ki sohkhthang** kiba pynjaw ummat iä kɪ namar ba ju khyrwait ki bor ka Mariang (**natural calamities**) kum ka shoh phria, ka rang tyrkhong, ka jingshlei um naba jur palat u slap, ka jingkhyrwit ki 'er iöng kɪ 'er ngit lane ka jinghiar thma ki khñiang kɪ ksiah iä ki jingthung jingtep jong ki (epidemic). Wat la kine ki bor ka Mariang kɪ pynthut khah khah iä ka rep ka riang, ki nongrep pat kim ju kynran ne kyrtiang dien satia hynrei kɪ iai bteng iä kɪ kam babha jong kɪ. Ki nongrep ym tangba ki don kata **ka mynsiem iäishah** hynrei ki tip ruh ba ki jingeh bad kɪ jingtynjih iä ngi kɪ briew kɪ wan kɪ leit na ka por sha ka por. Ki nongrep kɪ long ruh kum kɪ **Tirot Singh ne ki Kiang Nangbah** naba kɪ ju aiti lut met bad mynsiem. La shit ne khriat bad la rang tyrkhong ne ther u slap kɪ dem hi khui ban minot thop ha ka puh ka daiñ, ka thung ka tep ryngkat ka tuid syep ka tuid syar. Ki nongrep kɪ dei kɪ Mohkhiew kɪ Waitprat kɪ ban puh bad mait naphang **iä ka khlam ka jingäp thngan khnang ba kan ym wan sar iä ka iing ka sem ki paid ka Ri bad ka Jaitbynriew!** Ka jingkyrduh bam bad ka jingäp thngan ka la sdang ban pur bad sar ha kylleng kɪ Ri ka pyrthei hynrei kine kiei kiei kim pat jia satia hangne ha Ri jong ngi namar kita kɪ **budlum** kiba ngi ju ong ne sin ba kɪ dei kɪ **nongkyndong** kɪ dang kyrshan bad iai trei shitom wat la kɪ ju mad tang iä u shiah uba dung bad uba thar.

**Ki 'liew-lep bad 'liew-kharai kiba ap thap iä ki nongrep ha ki iew ki hat** - Ban pynmih shi kilo u sohsaw (nuksa) ki nongrep kɪ donkam ban pynlut kumba lai piah ei ei (Rs 3.50) bad haba kɪ wan die iä u sha kɪ nongkhañi ne kɪ mahajon (wholesalers) ha kɪ iew ki hat kɪ ju ioh pisa pat tang san ne hynriew tyngka shi kilo (ka jingiohnong kaba long tang shi tyngka piah ne ar piah). Lada kin wan die 500 kilo u sohsaw ha ka dor san tyngka shi kilo, ka jingiohnong kan long tang hynñiew spah sanphew tyngka (Rs. 750 /-). Kumno keiñ kane ka 750 tyngka kan iarap ban kyrshan iä ka iing ka sem ki nongrep ? Ki nongkhañi wat la kɪ thied tang 5 tyngka shi kilo, kɪ ju die kylla pat

haduh 11 ne 12 tyngka sha kiba die madan ne kiba die khutia (retailers) ha ki dukan rit ki dukan ria. Kine kiba die ha madan madiah ki die kylla pat sha ki paidbah kumba 17 ne 18 tyngka shi kilo. Mano ba iohnong khambun na kane ka iadie ka iathied? Hato ym dei ki nongkhaï? Mano pat ba khuslai bad sohsat? Hato ym dei ki nongrep (producers) bad ki nongthied ne ki nongbam (customers/consumers)? Hooid baroh ki nongkhaï ki donkam ban iohnong hynrei ban ioh pat ia ka hato yn hap ban shu khñiot shi khñiot ia ki nongrep bad ksh pat ia ka pla iarong ki nongbam? **Da kaba burom ia ki nongkhaï ai ngin buh kawei ka jingkyll “shaei keiñ ka jingiatiplem jong phi ka don.....hato ka lah iap bad hato ka dang im? Kumno keiñ kata ka jingiohnong ki nongrep kaba tang shi tyngka piah ne ar piah shi kilo kan iarap ia ki ban pynheh shuh shuh ia ka rep ka riang haba ka dor jong ki symba ki nai, ki sbob sorkar ne ki sbob eit masi eit sniang, ki dawai ki dashin bad ka bai bylla nongsngi kumjuh ka bai kali ka la nang kiew nang kiew jan man la ki taiew bad man la ki bnai ki snem. Yn nai ia kylli hangne kumno ki nongrep kin kyrshan ia la ki khun ki kti da ka shi tyngka piah ne ka ar piah ban phah skul phah kolej khnang ba kin leit wad ia ka jingnang ka jingstad kumba ju ioh lad ki khun ki kti jong baroh. Dei hangne keiñ ba ju mih shibun ki khynnah skul kiba ieh noh tang shiteng por ia ki jingpule jong ki (school drop outs). Ka jingshah khñiot dor ki nongrep kam dei tang ia u sohsaw hynrei ka long ia baroh ki marrep. Tang teng khat eh ki nongrep bad ki nongbam kin ioh ia ka dor ka ban ia hun lang ne pynkmen ia ki.**

Kaba sngew thamula bad sngew lehraiñ eh ban pynkynmaw hangne ka long ba wat ia ki khoh ki shang ne ki pla byrni kiba khia tang ar ne lai kilo kawei kawei ki mahajon **ki ju ot ne khate haduh hynñiew ne phra kilo** manla ka shang ne ka byrni. Lada ki nongrep kin wanrah tang shiphew shang u sohsaw ha ka dor hynriew tyngka shi kilo lane shiphew byrni u sying ha ka dor shiphew tyngka shi kilo, ki mahajon ki shu ioh bam ei na madan ha madan haduh 48 tyngka na ki shiphew shang ki sohsaw bad 80 tyngka na ki shiphew byrni ki sying. Ia kane ka bam ei la tip kum **ka bam lyer ne ka bam rngai ! Shano keiñ kane ka jinglute ba im im peit peit** (broad daylight robbery) kan ialam ? Sa haduh katno pat **u budlum** un lah ban kyrshan ia ka ioh ka kot ka Jylla **haba ki liewlep ki liewkharai ki**

**shu ap thap bad ap shrip ia u na ka diang ka mon ha man ki por ba u rung sha ki ieu ki hat ?**

**U budlum** (spinal bone) uba kyrshan ia ka met ka phad jong ngi ki briew u dei uba la **kdor lypa bad um ju beit satia** kum kito ki paia ne ki dieng elektrik. Lada ki paia (pillars) ne dieng elektrik (lamp posts) ki kdor khyndiat ne shibun, kaba donkam ia ngi ban leh ka long **ban ai jingkyrshan** (support) ia ki khnang ba kin ym khyllern ne kdiah ioh wan jia ka jingmynsaw ne ka jingsngewsih. Kumjuh ruh haba ki nongrep **ki shah khñiot bad iai shah khñiot** ia ka dor ka mur ki marrep-marriang jong ki **hato kam la dei mo ka por ia baroh ki seng ne ki N.G.O.** (seng longkmie ne seng bhalang) ban iawer ia baroh ki nongkhañi ne ki mahajon ka Jylla ha ryndan ne ha lypung khnang ban ia pynbeit noh da **ka mynsiem ka jingiatiplem** kumno ban pynim ia ki nongrep bad kumjuh ia ki nongthied ki nongbam khlem da pyniap pat ia ka iing ka sem jong ki (nongkhañi). Bunsien la ju ong ba ka ri u Hynñewtrep **ka dei ka ri tip briew tip Blei ne ka ri tip kur tip kha.** Lada ka long shisha kumta kan long pat kaba bakla shibun lada yn shu tip tang ia u Blei ne u Nongthaw u Nongbuh bad ia la ki kur ki kha khlem da tip pat ia la ki para briew **khamtam ia ki nongrep ne ki budlum.** Ki nongrep ki donkam ruh ia ka jingieit bad ka jingai mynsiem na baroh.

Ka por ka la dawa kham kyrkieh ban pyrkhat noh ia kine kiei kiei da kaba thaw noh **da ki aiñ ka jingiatiplem kumjuh ki aiñ ka jingieit** khnang ba ki **nongpynmih, ki nongthied bad ki nongbam** kin ia im lang baroh baroh. Haba kren shaphang **ka aiñ**, ka pynkynmaw hangne ia kawei na ki jingleit ai jinghikai (training) ia ki nongrep jong ka shnong Rapleng (ka shnong kaba don ha Dienglieng Konstitwensi) ha u snem 2006 shaphang ka rep ka riang ryngkat ka koit ka khiah bad kumjuh shaphang ka jingsumar sukher ia ka Mei Mariang ba la pynbeit bad pynbit pynbiang da ka World Vision. Ha kane ka training prokram i Doktor Willbur Manners jong ka Health Department haba kren shaphang ka jingkordor ka koit ka khiah bad ka jingdokam ban ai dawai polio ia ki khyllung ki khyannah, i pynkynmaw ia ki nongrep ka shnong da kaba iathuh khana kumne harum :

“Ha kawei ka sngi ba shit kyrang bha ka suiñbneng uwei u briew u kiew hajrong u diengsoh plom (Plum) ban riehtngen bad

shong pyngngad hangta. Katba u dang shong ha jrong uta u dieng, u khmied shajrong ban peit ia ki soh bad u peit ruh sha trai u dieng bad sha madan. Suki suki u sdang ban khñium ha la mynsiem da kaba ong **`u Blei te u dei shisha uba bieje. u Blei te uba bieje.....`** Balei u khñium bad ong kumta ? U khñium bnum shi bnum na jrong u diengsoh namar u iohi ia shibun ki pathaw kiba pur ha madan. Kat une u dieng uba jrong bad ba khlañ, ki soh plom pat kiba rit shakhap bad sting kdor kdor hynrei kat ki thie ki pathaw kiba heh bad ba khia, u dieng pat uba rit bad ba tlot tang kum u jyrmi. Katba u dang khñium kumne kynsan kynsan wan beh ka lyer kaba jur bha bad **ptuk ptuk ptuk** sdang hap ki soh plom ha ka met ka phad bad ka khlieh jong u. **Em phi, em phi..... pleng u Blei um dei phi uba bieje. Ani wow mei, donbok shibun.....ban da dei ba ki soh plom kin heh kat ki thie ki pathaw.... ....ka maloi jong nga te kan jin da la pait la pra ! Wow ko Mei, nga la donbok palat ba dei tang ki soh plom !**" Ka jingsneng ne jinghikai (moral) ba ngi ioh na kane ka khana ka long ym tang ba ngi dei ban hun ia kaei kaba u Trai Kynrad u lah ai ha ngi hynrei ban tyngkai noh ka jingrhah kaba sha palat pud namar ngim tip satia añu kan jia lasha lashiñgi ia kata ka spah kaba ngi lum ngi kynshew da ka mynsiem ka jingrhah bad ym da ka mynsiem ka jingiatiplem.

**Balei ka jingud jingnam ki nongrep bunsien ka long tang kum ka jingpyrta ha ki ri khlaw?** Bunsien ki nongrep kiba shu rep wai ha ka jaka jong kiwei ne kito kiba don la ka jong ka jaka rep kaba rit bad ym kaba heh, ki shu im bad sngi bad miet **tang ha ka jingdiaw bad khuslai mynsiem** ym tang ba shah khñiot dor khah khah ha iew ha hat hynrei namar ba la rem palat ka bai wai ia ki kper ki phrah. Kito pat ki nongrep kiba shong ba sah ha ki thaiñ ba don ki par dewiong kim ju nud satia ban saham ne ban ong ei ei ia ki trai par wat lada ka um ba mih na kine ki par dewiong ne ki jaka ba lum thup ia u dewiong ka dei ka bih kaba ia syriem kum ka jingpang bampong (cancerous disease) bad kaba ktah suki suki pat ia ki jingthung jingtep bad ki kper ki phrah jong ki. Teng teng pat lada ki nongrep kin leit pynsngew ia kine ki jingeh ha ki trai par ne ki bor shnong, ym ju don satia ki ban pyrkhat ne pushe ia ki bad kiei kiei baroh ki shu long tang kum ki jingpyrta ne ki jingud jingnam ha ki rngai ka ri khlaw (just a solemn cry in the wilderness) ! **Oh balei**

keiñ ba ka sur bad ka jingud jingnam ki nongrep ka long tang kum ka jingpyrta ki khynnah sharai blang sharai masi ha ki lum ki wah haba ki iöhsngew kylla pat ia kata ka jingpyrta ba ka wan phalang biang ha ki tyndong shkor jong ki na ki mawsawa kiba don ha kine ki lum ki wah (echoing sound) ? Balei shisha ka long kumne ? Balei, balei, bad balei keiñ ka long kumne ? Lano **ki trai jaka ka ri-kynti** kin jynsur mynsiem noh ban pynsting ia ka bai wai ki nongrep bad lano pat **ki malik par dewiong** kin iar ka jingmut jingpyrkhat jong ki ym tang ban pynduna ka jingpynjot ia ki jaka rep ki jaka riang hynrei ban pyrkhat bad isynei lem ia ka Mei Mariang ka Mei Ramew kaba la shah pynjot pynjulor. Baroh ki malik dewiong ki donkam ruh ia ka bam bad haba ki donkam ban bam hatu ym la dei ka por ia ki ban pyrkhat lem ? Hooid, **ban bakla ka dei ka jinglong briew hynrei ban longbriew pat ngi donkam ruh ban pyrkhat lem ia kiwei**. Ka Mei Mariang ka lah ban pynbiang ia ka jingdonkam jong ngi ki briew hynrei kan ym lah satia ban pynbiang **ia ka jingrhah jong ngi**. Lada sniew ki jaka rep jaka riang, ka Mei Mariang kan ym lah ban leh ei ei. Namarkata ka donkam ia ngi ban ieit bad burom ia baroh ki aiñ ka Mei Mariang.

**Hato donkam mo ban iarap lem ia kita kiba kyrshan ia ngi** ? La ju ong barabor ba ka jingleh bha ba markylliang bunsien ka wan rah tang ia u soh uba bang, uba thiang bad uba shngiam. Haba ki nongrep ki iarap bad kyrshan ia ngi **don jingeh aü pat ban iarap bad siew kylliang ia ki** ? Lada ngin siew kylliang ia ki da ka mynsiem **ka jingieit bad jingiatiplem** hato u Trai Kynrad bad u Nongthaw Nongbuh un dumok bad kynkok ia ngi ?

Katba ngi dang hap ban rung manla ka sngi ha ki iing-shetja ne ki kamra bam (kitchen/dining room) ban bsa bam ia ka kpoh thylli, kan long ka kam bieje ban shu klet pat ia ki **budlum ka Ri** bad ka Jylla. Ha shwa ban pynkut ai ngin buh kawei ka jingkylli sha baroh ki nongpule la ka jingong uwei u riewkhrav ka dei kaba shisha ne em haba u ong **“ki kti kiba kloï ban iarap ki kham khuid ban ia ka shyntur kaba duwai** (the hands that help are holier than the lips that pray).” Kumno shisha ki kti bad ki kam **u budlum** ki long ?

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## LYNNONG - III

### A JINGIM KI DKHIEW, KA NUKSA A BHA TAM İA KI SELF HELP GROUP

Ki **Dkhiew**, kumba long ki **ngap** (bees) ne ki **kruin** (termites), wat la ki dei ki jingim kiba rit tam eh jong **U Nongbuh** **U Nongthaw** ki dei pat ki jingim kiba ai jinghikai shibun ia ngi ki **briew** (social insects ne social teachers). Baroh ngi tip ba ki dei ki jingim kiba don kata ka **imlang-sahlang** (society) kaba khlain bad tehsong bha namar ki ju ia im shi kynhun kynhun ha ki **skum** ne ki **ing ki sem** jong ki (colonies).

Ha ka kynhun ki **Dkhiew** don ka **kmie** ne ka **syiem** (queen), don ki **nongsumar** ne ki **nos** (nurses), don ki **shipai** ne ki **soldier** bad don ruh ki **nongtrei** ne ki **worker**. Kine baroh ki don la ki jong ki jong ki kamram ba la bynta bad bynshet ha ki khnang ban wanrah ia ka bha ka miat ka **kynhun ki Dkhiew**. Ka kamram jong ka **kmie** ka long ban pun bad kha pylleng khnang ban roi ki khun ki kti bad ki **nurse** pat ki pynsum pynsleh ia kine ki khun, ki a bam ai dih, ki pynbujli ia ki napkin ne ki jaiiphong, ki pynsad ki pynkhyllong bad kumta ter ter. Hapoh ka jingialam jong u **rangbah shipai** (u **dalo** ne u **captain**), ki **shipai langrut** ki ia id pahara bad sngi bad mied ban iada ia la ka kynhun na ki nongshun kiba lah ban wan hiar thma ha kano kano ka khyllipmat ban wan lute ia ka bam ka dih bad ki khun ki kti jong ki bad ban wan buhai shnong ha ka skum jong ki.

Ki **nongtrei** hapoh ka jingialam bad jingpruid lynti (supervision) ki **nongsaiidur** bad ki **stad shemphang** kum ki **planner**, ki **engineer** bad ki **architect**, ki ia bunkam lynter ban shna bad pynkha ia ki **kamra-thiah**, ki **kamra shongkai** khnang ban kylluid ka ing ka sem. Ki shna pynbha bad pynitynnad ia ka kamra (**royal chamber**) jong ka kmie ne ka syiem bad kumjuh ki pynheh pyniar ia ka **thiar** ne ka **kamra buh jingbam**. Ynda la dep pynbha bad pynphymai ia ka ing paki dulan jong ki (castle), ki ia mih pat na skum manla ka step ban leit wad bam kylleng kylleng khnang ban pyndap pynshlei ia ka thiar. Ki ia leit la ka lynti ban wad ia ki jingbam



kum ki lyngkhot doh, ki soh khawJa, ki khñiang ki ksiah bapher bapher bad kiwei kiwei ki jait jingbam. ĩa ki jingbam kiba kham rit kum ki kaiñ ĩing (houseflies), ki wan tan bad wan rong hi marwei marwei katba ĩa ki jingbam kiba kham heh kum ki wieh (earthworms) ki puit (grasshoppers), ki thapbalieh (butterflies) ne ki ñiangkalaw (cockroaches), ki shu pyrta ne phah khubor (**message**) da ka SMS sha ki paralok jong ki (lyngba ki shi jur ki **antenna** kiba don ha ka shalangmat) ba kin wan ĩarap lem ban tan ban rong ĩa kita ki khñiang. Lada jia ryngkhat ba ka khyrdop ne ka thliew (entrance) ban rung shapoh skum ka dei kaba rit ne kaba khim bad u khñiang uba ki wan tan wan rong u dei pat uba heh, wut wut yn mih napoh skum sa ki shipai ki daloi ban shu ĩa pharia lyngkhot lyngkhot ĩa uta u khñiang khnang ban suk ka kit ka bah. Kumne keiñ ki Dkhiew ki ju trei shitom ha baroh ki **lai aïom (pyrem, lyiur bad synrai)** ban pyndap pynshlei ĩa ka thiar khnang ban pahuh ka bam bad shwa ban wan ka **tlang** ki ĩa set noh sbak ĩa ka skum ban lait na u thah ne ka jingkhriat.

Hangne pat donkam ban buh jingkylli “**aũ bad kumno pat keiñ ki Dkhiew ki ĩa pynlut por baroh shi tlang hapoh ka Skum ?**” Ka jubab ka long ba mynstep ki ĩa khie naba thiah ban sait khmat sait khmut, ban pynkhuid ĩa la ki kamra bad ka ĩing ka sem bad ban ĩa dih ĩa ka **sha step (breakfast)**. Baroh shi sngi pat ki ĩa parom parai bad la ki khun ki pyrsa shaphang kumno ban trei ban ktah khnang ban roi ban par. Ki pynmyllen bad pynĩalehkai ĩa ki khun ki kti da ki jingĩalehkai ba har-rukum (**sports**) bad ki pynlong ĩa ki jingĩakob bapher bapher (**competitions**) kum ka skit ka drama, ka ĩakob shad ka ĩakob rwai (**dancing & singing competition**) bad haba wan ka jingthngan ki ĩa shong ban bam ĩa ka **ja step (lunch)**. Janmiet pat ki khun samla ki pynlong ĩa ki tamasa bapher bapher (**youth fest**) ba la wan ĩa shim bynta da baroh kum ki jingkilan met kilan phad (**gymnastics**), ki jingpyni riam ba bun rukom (**fashion shows**). Nangta, don sa ki jingĩakob ban sei madan na ka kynhun jong ki ĩa ki **Rang Dkhiew** bad ki **Thei Dkhiew** ba kyntiak bad ba kynsai tam (ki **Mr Dkhiew & Miss Dkhiew of the Year**). Mynmiet pat ki ĩa shong syaid ding harud dpei oan pynkhreh ĩa ka **jamiet (dinner)**. Katba ki dang ap ĩa ka bam, ki ĩa parom ĩa khana ryngkat ka ĩa kob ĩa sarong. Uwei u Dkhiew u ong “**lashai ka miet ngin ĩa bam kdang da u tai u wieh uba jrong shiphew phut (10 feet) bad uba nga wan tan wan rong hi tang narwei naduh na phra mer (8<sup>th</sup> Mile) !**” (u da kdew da ka kti jong

u sha ka thiar ba buh ia uta u wieh ryngkat ka jaw umbiah bad pyrjah-kyrslab shyntur). Kut ym pat kut bha ka **put turoi** uta u Lok, **flaiñ**, riew pynban shi thap na khlieh !. “**Kumno lih me nud ban kam ne ban kob ban sarong ba me wan tan hi tang marwei kat ia utai u Wieh radbah (Gigantic Earthworm). Lada ym dei ba iarap lem mangi ban khynñiat nadien nadien, hato utai u Wieh un poi hi haduh hangne, kylli ki paralok ia u.**” Shaid bad ha ha ha ia thap kti bad ia rykhie ia risa lut baroh baroh ! Uba pli u lok, kum uto u **sarong hangamei (egoist)** um banse ban ia rykhie lang ryngkat ka **sngewbiej ka sngewrem**. Dei kumne keiñ ba ka kynhun k1 Dkhiew ka long kaba kmen kaba sngewbha, kaba pahuh pahai bad kaba im suk im saiñ namar k1 Dkhiew ki dei k1 jingim kiba don ka mynsiem ban iatrei lang, ban hikai, ban iarap bad ban pyrkhath lem iwei ia iwei pat. Ki Dkhiew kim ju shong kli kti ne thiah thai katba dang dei ka por ia k1 ban trei. Ka thok ka shukor, ka bam kdang ne bam sop-sop tang marwei marwei (**selfishness**) kam ju kham don ha kine k1 jingim namar ia kaei kaba ki trei shitom bad k1 lum ki kynshew bunsien k1 kloi ban iasam bad ban ia bynta lem bad la ki para Dkhiew. Ha k1 Dkhiew, ym ju don satia kata ka ‘**Nga**’ hynrei don tang ka ‘**Ngi**’ (**We and not I**).

Ha ka liang ka **rep ka riang**, ka **ri jingri** bad kiwei kiwei k1 jait kam la mih shibun tylli ki **kynhun iatreilang** kiba ju iarap da lade ia lade ban ieng ha la ki jong ki kjat bad kiba la tip kum ki **Self Help Group (SHG)**. Na kine ki **SHG** don kiba dang ring mynsiem haduh kine k1 sngi bad k1 kam ba bha jong ki ki dang phalang bad iaid shaid shaid namar baroh k1 dkhot (members), **da ka mynsiem ka jingiaishah**, ki ju shim khia ban ia kit ia bah lem ia ka lyngkor ba la tynrong ha ki (team work). Kumjuh ruh, ki dkhot jong kine ki **SHG** ki ju ioh jingpynshai na ka por sha ka por shaphang ki jinglut ki jingsep bad ki jingkheñ ki jingdiah kiba shai bad kiba ia hun lang da baroh (accountability & transparency). Hynrei bun pat k1 **SHG** ki la dkut mynsiem noh tang shipor namar kiba bun ki member ki shu shaniah tylli ban pynñiad lut ia ki kam ki jam tang da ki **President** ne ki **Secretary**. Ym kumba long ki Dkhiew, bunsien kine ki member ki khmih lynti ban shu ia bam suk ia ka jingiohnong ka Kynhun (group) wat la ki khlem trei ne pynnoh synñiang ei ei (kum u **ngaptung**). Ym lah ruh ban len hangne ba ju don ki **SHG** kiba la seng ym tang ba kin paw kyrteng, hynrei ba kin shu ia **dih syrwa** ne **dih soup** ia ki jingiarap (**schemes**) ba ki ju ioh na ki tnat Sorkar bapher bapher. Kum ka **rngai** bad tang shipor, kine ki **SHG** ki shu jah klep bad ring tyrkhong ring swai kumto.

Ha ka Jylla jong ngi la iohi ba kiei kiei baroh ki la nang roi bad iaid stet bha. Ka jingkiewdor (**inflation**) ki marbam mardih ka ju jia man la ki bnai bad man la ki snem. Ka jingbun briew ka la nang kiew, ki iing ki sem ki la nang mih shibun bad ki jaka Sor ki la nang shlei bad khapngiah. Ki lynti iaid kjat bad ki surok iaid kali, kumba long ki jaka iew, ki la nang khim nang khim (congested). Kat sha ba ngi ia leit ia wan baroh baroh ngi ia ud ia khñium ia ka **blok** ne ka **dheng kali (traffic Jam)** namar ka long kaba shitom shibun ban pynheh pyniar ia ki lynti iaid kjat ne ki surok iaid kali. Ym lah shuh ban pyrkhata **sa ka dheng kali ne traffic Jam kaba kumno ngin ia mad tang hadien shi snem ne ar snem.** Hoodid, wat la ngi mad bad iai tyngkhuh ia kine jingeh jan man la ka sngi, ngi dei pat ban kynmaw (**khamtam ki Self Help Group**) ba **ki traffic jam ne ki Inflation kiba kumno kumno ruh** kin ym lah satia ban khanglad da lei lei ruh ia ka **jingthngan bad jingdawa bam ka kpoh (hunger)** jong uwei pa uwei u briew ne kawei pa kawei ka briew namar ym ju don traffic jam satia naduh shyntur haduh kpoh !

Ha kaba iadei bad ka rep ka riang ne ka ri jingri, baroh ki **SHG (ryngkat ki nongrep)** ki dei ban kynmaw ba ka **jingdonkam bad jingdawa ia ki marbam marrep bad ki jingri ki jingdup kum ka masi ka blang, ka syiar, ka dohkha, u sniang bad ka jingmih na ki kum ka pylleng syiar bad ka dud masi kan nang iai kiew kham bun shah** manla ki bnai bad manla ki snem. Kumta, kan long ka kabu kaba khraw ia ki **SHG** kiba thrang shisha ban trei lada kin nang iai pynbha, pynheh bad pyniar shuh shuh ia ka rep ka riang bad ka ri jingri na kawei ka por sha kawei pat ka por khnang ba ka Jylla jongngi (**ha kawei ka sngi**) kan long kaba biang lade ha baroh ki liang (**self sufficient**).

Kum ki nongshong shnong ka Jylla ai ngin kit bok kit rwiang ia baroh ki **SHG** ba kin nang iai phymnai bad kiew irat ha baroh ki kam ba bha jong ki. “**shi kynhun kynhun ai ki SHG kin tur shaphrang khnang ban ia kit ia bah lem ia ka shon ka khia ka imlang ka sahlang da ka mynsiem ka jingtrei shitom, ka jingiaishah bad ka jingshaniah lem iwei ia iwei. Ki Dkhiew ki dei shisha ki jingim kiba pynkynmaw ia ngi ba marwei marwei ngin kyrduh ngin sahdién hyurei shi kynhun kynhun pat ngin pahuh bad ym khuslai.**”

\*^\*^\*^\*^\*^\*

## **LYNNONG - IV**

### **NGI MIH NA I MEI BAD NGIN SA LEIT PHAI RUH SHA I MEI!**

*(Kam myntoi ei ei ban shu ia ieit khun ieit kti lada khlem ieit  
bad sumar pat ia la i Mei !)*

Lada yn kylli ia ki khyllung ne ki khynnah, ia ki samla kynthei ne shynrang, ia ki longkmie ne ki longkpa **katno ngut phi ia don hynmen ne para lane katno ngut phi ia don nia ne mama**, jan baroh kin jubab **ngi ia don shibun ki hynmen ki para bad shibun ki nia ne ki mama** bad lada yn kylli pat **katno ngut phi ia don Mei ne don Bei**, ka jubab jong baroh kan long ba i **Mei (mother)** te **ngi don tang iwei.....i Mei te tang iwei....ka Bei tae du kawi !**. Kane ka dei ka jubab kaba shisha. Baroh ki nongshongshnong ka Ri Khasi Jaiñtia ki tip shai ba ngi don i **Mei iba bhabriew bad ba ithiang tam** haba ia nujor bad kiwei pat **ki Mei** jong kiba bun ki Jylla ka Ri India. **I ei pat ine i Mei bhabriew? ..... ine i dei i Mei Ramew ne i Mei Mariang (mother nature).**

Kumba 35 ne 40 snem mynshuwa, kat shaba ngi leit bad iaïd lynti ha kine ki ri lum Khasi Jaiñtia (shatei bad shathie, sha mihngi bad sha sepngi) **ngin iohi tang ia kiei kiei kiba i thiang bad i hun suda kiba ktik bad pynjawdud ym tang ia ngi ki trai ri ki trai muluk hynrei ia kito ruh kiba wan trei wan ktah, kiba wan shong wan sah bad kumjuh ia ki nongwan jngohkai na kylleng ka Ri India lane na kylleng kylleng ki Ri ka pyrthei (tourists). Kito kiba wan trei wan ktah na ki Jylla bapher bapher ka Ri India kynthup na ri nongwei (foreign countries) kum na China, Tibet, Bhutan, Burma (Myanmar), Nepal ne Bangladesh, shisien ba ki la shong la sah ha kine ki Ri Lum jong ngi la jngan shisha ia ki ban leit phai pat sha la ki iing ki sem ne ki Ri ki Jylla kiba ki mih ki wan.**

Don shibun bah ki daw kiba khring bad pynlong ia ki bar-Ri ne bar-Jylla ban shongduh shongtan ha kine ki Ri lum baieit bathiang

jong ngi. Ka jingitynnat, ka jingpyngngad-jingtngen ka suiñbneng ne  
 ka mariang (cozy climatic conditions), ka jingbang bad jingshngiam  
 ka umbam umdih ba sngur bad ba phymai khilir khilir (pure crystal waters)  
 jong ki umpohliw ne ki shyngiar kiba kyrsoi na ki khlaw ki btab, ka  
 jingtngen ki er pynggad batemon batesi kiba beh jai jai bad kiba  
 wanrah wanrong ãa ka jingsuhsieng bad jingiwbihi ki syntiew ki skud,  
 ka jingjyngam bad jingiphuh iphieng ki lum ki wah bad ki kshaid ki  
 khriang kiba noh rymphum rymphum bad ba thaba khlek khlek kum  
 ki 'khasaw ne shalynnai rit kiba jngi sngewbha ha ki wahduid ne ki  
 wahbah ryngkat ka jingphalang ki hynñiew rong u simpyllieng khwai  
 dohkha (rainbow) ba la doh icit da ki kjat ka Mei Jingshai ka Mei  
 Jingsyaid (ka Sngi) bad khamtam eh ka jinglait na kata ki jingshlei um  
 (floods) kiba ju jia khah khah bad kiba pynlamwir bad pynkhuslai  
 man la ki bnaì lyiur (monsoons) **ki dei ki katto katne tylli ki daw**  
**bah ki daw san** kiba pynshohbiej ãa ki bar-Ri ne bar-Jylla ban  
 shongneh shongsah ha kine ki Ri-lum jong ngi la kum ba la pynshoh  
 tyndep ne pynshoh jadu (mesmerized) ãa ki da ki Puri Blei ka khana  
 puriskam. Lada pyrkhata janaì bad san bha ãa kine kiei kiei baroh la  
 sngewdei shisha ban ong **ba ka Ri Khasi-Jaiñtia ka khlem ãapher**  
**ei ei ruh em na ki krem u Sing (Lion's dens)** kiba **ju paw**  
**shynna tang da ki dien rung (influx ?) hynrei ym ki dien mih !**  
 Hato ki khun samla ki ju don por ban pyrkhata balei bad shaei la jah  
 mngai lut ki **dien mih** jong ki bar-jylla ne ki bar-ri. Hato la dei ba i  
 Mei-Mariang i lah bam bad nguìd tylli ãa ki ? Hato dei tang ka  
 jingbhabriew jong i kaba la khrieng ãa ki ban **shongduh shongtan**,  
 ban roi ban kha bad wat ban **dkut mynsiem** ruh hangne ha Ri jong  
 ngi bad hato ka dei ruh tang kumta ?

Hooid, ym lah ban len ba ngi don i Mei Mariang iba da bhabriew  
 shisha shisha bad kumjuh ruh i **Mei Ramew** iba **dap pahuh bad**  
**shlei kyrhai da ki spah mariang ba la buhrieh shapoh ki ñiamra**  
**jong i da u Trai Kynrad bad u Nongthaw u Nongbuh. Na ka bynta**  
**jongno pat la buhrieh ãa kine ki spah ba pahuh bad ba kyrhai**  
**bad balei ruh u Nongthaw u Nongbuh u da buhrieh kyrpang ãa**  
**ki shapoh ki ñiamra ? Kane ka jingkylli wat la ka dei kaba lyngkot**  
**hynrei ka dei pat ka jingkylli kaba jwat, kaba jylliew bad kaba mañan**

haduh katta katta ban puson ne pyrkhath (a million dollar question) namar ngi ju ong ba **ka Ri Khasi-Jaiñtia ka dei ka Ri ba la kyrkhu kyrdoh da u Trai Nongthaw Nongbuh**. Sa shisien biang hap ban buh sa kawei ka jingkylli, ñano pat keiñ kita ki spah mariang ba pahuh bad ba kyrhai kin dei kata ka jingkyrkhu ka jingkyrdoh? Hato ki dei ka jingkyrkhu tang ña ki pateng kiba lah leit bad ña ngi ki pateng ba mynta ne hato kin dei ruh ka jingkyrkhu ña ki longdien ki mandien kiba tang hadien 100 ne 200 snem ei ei (future generations) ? Mano na ki khun samla ka Bri u Hyñewtrep k1 ban kloï lem ban a1 ña ka jubab ka ban ña shai bad ña hun da baroh ? K1 ‘riewstad ki ong ba kano kano ka Ri ha sla pyrthei kaba don pahuh ki marpoh khyndew ne ki spah mariang, kata ka R1 kan ñeng rasong junom la junom bad pateng la pateng namar kine ki dei kita ki stieh (shields) ki ban ai jingñada ña ki nongshongshnong jong ka lada yn nang ban tyngkai bad pyndonkam ña ki kat kum ka rukom ba dei ban pyndonkam (natural resources are **fixed deposits or fixed securities** for sustenance and survival of that nation’s race).

La ju ong ruh ba i **Mei Mariang i lah ban pynbiang ña baroh ki jingdonkam** jong ngi ki briew hynrei da lei lei ruh in ym lah satia ban pynbiang ña ki **jingrhah** jong ngi (greeds). Kiei pat ki jingdonkam ba kongsan tam ña ka jingim jong ngi ki briew ? Hato dei ki riam ki beit ba thaba khriak khriak bad ba kyntiak ne ki ñing ki sem ba ar ne lai mala ? Hato dei ki mobile phone (Samsung ne Motorola) ne ki kali rem dor (Indica ne Maruti, Scorpio ne Bolero, Indigo ne ki Sumo), hato dei ka kyrdan ka burom bad hato ruh dei ka spah ka sbai, ki mawkordor ki mawlynnai, ka ksar ka rupa ne ki jaka ki puta ? Wat la kiba bun ki sngewthuh ba ki donkam lut ña kine kiei kiei baroh (ki spah pyrthei) hynrei kine kin ñarap aïu pat ña ka jingthngan ka kpoh bad ka jingsliang u pdot tyrkhong lada ka bam bad khamtam ka umdih kiba dei ki jingdonkam ba kongsan tam ki la sdang ban kyrduh bad ringswai ringsdot. Sa haduh katno keiñ i Mei Mariang in lah ban pynbiang ña ka jingthngan bad jingthynrang jong ngi ki khun ? Halor kane ka phang ai ngin kylli ña lade shimet shimet aïu mangi ki khun ki kti ngi lah pyrkhath bad leh ei ei ha ka jingim jong ngi ña la i Mei bhabriew i Mei bathiang bad kiei

ruh ki lad jingiada ba paka ne ba janai ngi lah ai ia i khnang ba mangi bad kumjuh ki khun ki ksiew ngin ia im suk im saiñ bad im pahuh pahai khlem kino kino ki jingklusai.

**Balei la sdang ban kyrduh bam ne ka umrep-umdih ?** Ka jubab **ba hok bad ba shisha** hato kam dei ba kum ki khun ki kti jong i Mei Mariang (shynrang ne kynthei) ngi long shisha shisha **kiba khlem akor** namar jan manla ka sngi (tang ban biang lade ne ban khwan myntoi shimet) **ngi ia pynloit sopti ne pynloit jaiñ pynloit nep ia la i Mei (deforestation) khlem da kynmaw pat kumno ban pynkup ne pynphong biang ia kita ki jaiñ sopti (afforestation) ki ban iada ia ka burom ba shongkun shongsbai jong i !** Isynei, isangsot bad sngewrem sngewlehraiñ shisha (ha khmat ki bar ri ki bar jylla) ban iohi ia la i Mei bhabriew ba **i lah lymbuit bad lyngkhuit (naked)** bad kaba sngewsih lei lei ka long ban iohi ba ha kiba bun ki bynta ka met jong i Mei, ka doh (khyndew) ruh ka lah nangstang nangstang na ka jingshah lyngshop ha ka umslap (erosion) bad la paw pynban sa tang ki shyieng ki shruih kiba heh kiba rit bad kiba lah pra lyngkhot lyngkhai ! Ia ka doh kaba sbob, kaba bang bad kaba shngiam (fertile soil) da baroh ki jingthung jingtep bapher bapher, (da ki phew billion ne trillion ton) la rah la rong noh ia ka sha ki jaka them ki jaka thor (Assam ne Bangladesh) da ka umslap ne ka umsaw manla ki aïom ka lyur-bah namar ki sopti ne jaiñphong i Mei (ki dieng ki siej) kiba ju ai jingiada ia kane ka doh, ki lah kylla dienglymbong ne diengsawdong, ki lah kylla mnga ne dieng pharia bad kumta ter ter. **Naei pat keiñ ngin ioh pahuh ia ka bam na ka rep ka riang** haba ka 'dew sbob ka lah tuid lut sha ki jaka them ki jaka thor bad **naei ruh keiñ ngin ioh pahuh ia ka um** haba kiba bun ki khlaw ki btab (khamtam ki khlaw diengmet) kiba ju iarap ban bat bad kynshew ia ka umslap na ka bynta ka rep ka riang, ka sait ka khlieng ne ka sum ka sleh kumjuh ka shet ka tieu ki lah lyngkhuit bad syllen lut ? Kumno keiñ **ka doh-jwat ne doh-satar kaba lah blad bad lyngki ('dew ksang ne sub-soil)** kan lah ban pyrsad mynsiem ia ki symbai ki mai bapher bapher ban suhthied ne ban san ban plung haba ka lah kylla kum ka 'dewiap ? Kumno ruh keiñ ka sniehдох i Mei **kaba lah sti rymbuiñ bad ringswai ringsdot** kan lah ban pynbiang ia ka jingdonkam jong ngi ki khun ? **I Mei iba pang bad i Mei iba khrew** hato in lah ban sumar sukher bad pynheh bynsan ne ai bam ai buiñ ia la ki khun ki kti ?

Hangne la sngewdonkam ban kyrpad ia ki trai khlaw ki trai khyndew bad ki trai jaka ki trai shyiap kum ka **Meghalaya Land and Forest Owners Association (MLFOA)** ryngkat kiba bun ki **Seng Khuslai Jaithynriew** ban leh ei ei noh kham kloï bad kham kyrkieh da kaba pynkup bad pynphong biang ia ki sopti ne ki jaiñphong i Mei. Lada ngi hap ban pom ne pynkhyllem shiphew ne shispah tylli ki dieng, ai pat ngin thung shi hajar ne shiphew hajar tylli ki tynrai dieng (ne shiphew arphew lak tynrai). Lada ngin kloï shisha shisha ban leh kumne, tang hadien 10 ne 15 snem baroh ki paidbah kumjuh ki **Seng Khuslai Jaithynriew** kin kmen bad phuh samrkhie ban iohi ba i **Mei ringsti ringsdot i la sdang pat ban bhabriew bad wan dur ne dap doh dap maiñ !** Shimet shimet ne marwei marwei ngin ym lah satia ban ri bad iada ia ka burom ka ijot i Mei Mariang hynrei dei tang da ka mynsiem ba kum shi- shipara ngin lah ban pynwandur biang ia ka jingbhabriew bad jingiphuh i phieng jong i. Kane ruh ka shong haduh katno pat ngi long kita ki pateng kiba iohi, kiba khuslai bad kiba kloï lem ban pyrkhat jngai na ka bynta ka lawei ba shngaiñ bad ba phyrnai ki longdien ki mandien kiba dei ruh ki doh ki snam lajong.

Manla u snem la ju **rakhe** ia ka **Sngi Khuslai Mariang** (World Environment Day) ha ka 5 tarik u bnai June da kaba thung ia ki tynrai dieng bad ha kane ka sngi la ju ia shim bynta da ki khynnah na ki skul ne ki kolej bapher bapher. Khnang ba kane ka prokram ba manla u snem kan long kaba seisoh ne ka ban kit jingmut, kan jin da la bha shibun ia ki skul ne ki kolej ban ai kyrteng syndon ia kito ki dieng ba la thung da ki khynnah ha ka kyrteng ka jong ki. Lehse kane kan iarap shibun ia kito ki khynnah kiba thung ia kita ki dieng kumno ban sumar, ban ieit bad ban pynneh pynsan ia ki. Da kaba leh kumne, kan iarap shuh shuh ban bsuh ha ka mynsiem ki khynnah ne ki khun samla ia ka jingkordor ki dieng ki siej bad ki khlaw ki btab. Ai ba kane ka khubor kan saphriang ruh sha kito kiba ju im da ka kam khai dieng ba la kumno kumno ruh kim dei satia ban pynkhyllem ne pharia ia ki dieng ki siej ha man la ka 5 tarik (June) namar bunsien ka ju jia ryngkhat ba katba ki khun ki kti ha phyllaw ki iing skul ki dang **rakhe** (celebrating) ia ka **World Environment Day** ban thung ia ki tynrai dieng, u kpa pat ha khlaw ha btab u dang **rykhie rymmuñ** (smiling) ban iohi ba dang khyllem jraiñ-raiñ-raiñ ki dieng !



**Hato ka jingkhlem akor jong ngi ki khun ka lah kut noh tang hangne ?** Ka jubab ka long “**em phi kam pat kut satia**” Nalor ba ia ka met ka phad i Mei ngi lah pynlyngkhuut bad pynlymbuit, kaba kham sngewsih bad sngewkhlem akor shuh shuh **ka long ba wat ia ki shyieng ki shruh i Mei ruh ngim ia map shuh !** Ka jingkhlong (mining) kyrkieh kyrkieh ban shu die tad dor ne bynda poh dor ia ki shyieng krung i Mei **khlem da pyrkhat bniah ne pyrkhat jngai** ka long ka dak kaba i ma shibun na ka bynta ki pateng ba shadien namar ba la sah sa tang **ki dohjem ki dohtor** k1 ban sa shu ring tyrkhong noh tang ha ka jingiaid ki minit ki sekhon ba tik-tik tok-tok jong ka por. K1 shyieng krung i Mei ba la tip kum **ki spah mariang** (natural resources) ki kynthup ia u mawshun, u moiong ne dewiong, u mawleif, u granite, ka silica bad kiwei kiwei ki mar kordor. Lada yn kheif kyllumlang (do some rough assessment) bad buh jingkyll1 ia ki trai par ne ki nongwai par **katno phew billion ton ngi lah khlong bad die ia u mawshun ne u dewiong shabar ka Jylla**, ka jingshisha kan long ba yn ym don satia ki ban lah ban ai ia ka jingkheif ne ka jubab kaba paka. Sa katno pat ngin dang pynslott bad lilam kyrkieh ia ki spah kordor i Mei ? **Hato ki khun ki ksiew kim don hok mo ban ioh bynta ne ban pyndonkam lem ia kita ki spah Mariang bad hato u Nongthaw u Nongbuh u lah mang bad buh kyrpang tang ia ngi ki pateng ba mynta ?** Lada ka jubab ka long ba u la mang kyrpang tang na ka bynta jong ngi, **kiei pat kita ki stieh ne ki fixed security ki ban kyrshan bad iada ia ka jingim jong ki lashai lashiengi ?** Ia ka Ri Israel la tip da ka pyrthei ba ka dei ka Ri **kaba dap kaba shlei** da ka dud bad ka ngap bad ia ka Ri Khsai-Jaiiftia pat la ai nam ai burom **da mangi** ba ka dei ka Ri **kaba tuid** da ka dud bad ka ngap ! Hato ngin iai sngewsarong bad iai hun sah ban ong ba ngi mih ngi wan na ka Ri **kaba tuid bad ka ban dang iai tuid** da ka dud bad ka ngap ? Hato ka nam bad ka burom jong ka jingriewspah ka Bri u Hynfiiew Trep (ha ka liang ki marpoh khyndew) kan sa shu kut noh tang ha ki khana ki ban ia pur ha ki lynti ki syngkien lane ha ki iing sngewbha ne ki iing iap? **Hato kane kan dei ka History u Hynfiiewtrep?** Manla ka iing ka sem ne ka kur ka kha u Hynfiiewtrep ka don la ka thong bad kata ka thong ka long ba ki khun ki ksiew (k1 lawei) jong kata ka iing kin roi kin par, kin koit kin khiah, **kin long trai kin long kynrad** bad kin im ruh pahuh pahai khlem kino kino ki jingkhuslai.

**Kumno pat i Mei ba lyngkhuit bad lymbuit in kyrshan**  
**ia ki longdien** ? Wat la ki jingpynjulor ia i Mei Mariang na ki jingkhlong ia ki shyieng k1 shruh **kin dang iai bteng**, ka jingma kaba khraw pat kan long ym tang ia ka jingim bad ka lawei ka iing ka sem k1 nongrep hynrei kan long ruh ka jingma kaba kham khraw bad kham shykhei ia baroh ki nongshongshnong. Haba 70-80 na ka 100 k1 nongshongshnong ka Jylla **ki dei ki nongrep**, hato ym la dei ia ngi ban ia pyrkhat noh kham kyrkieh kumno ban pynbha bad pynneh pynsah **ia ki jaka rep ki jaka riang ki ban dei pat kita ki stieh (protective shields) ki ban ai jinglada junom la junom bad pateng la pateng ia la ki khun ki ksiew ne ki longdien ki mandien**. Ia kane ka kam ba **radbah radsan (onerous responsibility)** la sngew dei **ban ia shim jingkitkhlieh lem da baroh** namar wat lada ngin kot bor katno katno ruh ban lum bad kynshew ia k1 **spah pyrthei**, kine k1 spah kin shu bijai bad long lehnohei lut lada ki khun ki ksiew kin hap pat **ban long ki mraw jong ka khlam ka jingiaphthngan bad ka khlam ka jingthynrang ia ki umbam umdih kiba bang bad ba pahuh**. Ha kawei ka sngi kine kiei kiei **kin sa wan urlong shisha** namar baroh ngi tip ba i Mei iba khlem ka doh ne ka 'dew sboh lane i Mei iba khlem shyieng khlem shruh in dei i Mei iba lah iap bad ring tyrkhong. Baroh k1 jaka rep jaka riang kiba don hajan ne harud k1 par dewiong ka Jaritia bad East Khasi Hills kynthup ka West Khasi Hills k1 dei ki nuksa ba bha tam ban sakhi ne pynshisha ia kane namar ki nongrep k1 la hap ban shu iehnoh shrah ia ki mynta. Ka um kaba kyrsoi na kine ki par dewiong ka long kaba jew kaba khang (extremely acidic) namar la bun sa tang ka acid. Balei la stem kmur kmur lut ki wah-duid ne ki wah-bah kiba mih bad kyrsoi na ki par dewiong? Hato dei ba la sar ka jingpang stem ne ka jingpang jondis (jaundice)? **Ia ki spah mariang kiba long ki spah ba tang shipor yn ioh ban khlom tang shisien ha ka shi jingim hynrei na ka rep ka riang ki pateng baieit bathoiñ kin ioh kheit manla ki aiom ki samoi, pateng la pateng bad junom la junom!**

**Ka artkil ba 51-(g) jong ka konstitiwshon ka Ri India ka ong bad kren shai ba "kañ dei ka kamram jong baroh ki nongshongshnong ka Ri India ban iada bad pynbha pynmiat ia ki sawdong ki sawkun ka Mei Mariang kynthup ia ki khlaw ki btab, ki pung ki wah ryngkat ki sim ki doh bad ki mrad ki**

mreng da ka mynsiem ka jingieit bad jingisynei ïa baroh ki jingim ba don ha ka (It shall be the duty of every citizen of India to protect and improve natural environment including forests, lakes, rivers and wild life and to have compassion for living creatures). Kumba ka long mynta hi, ka jingkhlong ïa k1 shyieng krung i Mei ka long kaba torti haduh katta katta namar ym shym la don satia na k1 tra1 par ne k1 nongwa1 par ki ban phikir ne khuslai ei ei ïa ka jingjot ka Mei Mariang namar **tang ba lah biang ïalade, kiei kiei baroh ki lah biang bad ki dieng-shaiñdoh** pat kiba mad ïa ka apot bad ka lanot kaba kthang **dei ki nongrep jong ngi !** Shuwa ban pynkut a1 ngin kyrpad ïa baroh ba wat la ka jingtih ïa k1 marpoh khyndew kan dang ïai bteng, ai pat ba ka jingtih ïa ki kan ym ktah ne pynjulor ïa k1 jaka rep ki jaka riang bad kumjuh ïa ki um k1 wah. ïa mynta h1 ng1 sngewkmen ba ng1 im bad ïoh pahuh pahai na la i Mei hynrei hato kan ym dei pat ka kam bieje ne kam kynsha ban leit shongneh shongtngen (rest in peace ?) ha pneh jong 1 ynda la kut ka jingim jong ng1 lasha1 lash1sng1 ? To ngin ïa puson ïa ka jingrwa1 1 Bah Headingson Ryntathiang (ba la sot tang khyndiat) kaba la ai kyrteng **“Mei Ramew”** bad kaba long kumne harum:

“Haba nga peit sawdong ïa ki lum bad ki wah....**katno nga itmang nga ikynjah**, Mei Ramew ba kdup ieit ïa ki hok ka mariang, mynta la sah sa tang ka khyndew ba tyrkhong ... ..

**Khorus:** Kaei ka jubab ba ngi don ban ong.... lada ki kruin bam duh ngi lah long, naei shuh pat Mei Ramew kan ai, lada ïa ki hok jong ka ngim tyngkai.

Hato ym dei mangi ki ban ri ban sumar ïa ka pyrthei salonsar, ban ïa im suk kynjai ha pneh ~~ka~~<sup>\*~\*~\*</sup> Mei Mariang, ba Mei Mariang ka ai buin ka ai thiang.

Pyrthei mariang dei jong ngi ki briew, ba ngin pynbha pynroi, ym ban pynduh pynsniew, haba jingim jong ngi ha pyrthei la wai, ïu Trai Nongthaw.... aïu jubab... ngin leit ai ?)

***“I Mei jong ngi i dei ruh i Mei jong ki (ki lawei)!”***

\*^\*^\*^\*^\*

**U NONGREP U LAH DEP TIP, KI RIEWSTAD PAT  
KI DANG TRUD BAD KTHA KHLIEH BAN TIP**

*(Kan long kaba bakla shibun lada yn shu kheiñ bieñ  
ïa ka jingstad bad jinghikai ki mynbarim)*

Ha ka jylla jong ngi (lait noh ha Garo Hills) ban ïada ïa u **kba** na ka jingpynjulor ki **jingpang** ne ki **khñiang ki ksiah**, ym da donkam than eh ban pyndonkam ïa ki **dawai khñiang ne ki dawai jingpang** kiba rem dor, kiba long bih bad kiba lah ban ktah ïa ka koit ka khiah ki nongrep namar ba la don lypa shibun ki lad ki lynti kiba ki **longshwa manshwa** jong ngi ki la hikai bad kiba la tip kum ki **Indigenous Technological Knowledge (ITK)** lane ki **organic insect-pest control**. Kine harum ki long khyndiat kita ki **jingstad ne ki lad ki lynti** kiba la hikai da ki mynbarim bad kiba ki **riewstad** ka pyrthei ki **dang tih bniah bad kwah ban tip :-**

1. ïa ki pynthor ne ki hali kba dei ban **tar snieh** lypa naduh u bnai December/January bad sa pyndap ne pynshlei um ïa ki haduh ban da dei ka por lur. Da kaba leh kumne baroh ki **pylleng khñiang** ba la kha da ki khñiang bapher bapher ha khyndew ne ha ki jyntang kba kin ïap bad ki **tyatrai ñiut ne tynrai kynbat** kin **pyut bad kylla sboh**. Kane kan ïarap ïa ki nongrep ban lait na kaba pynlut pisa ha ka ban thiew ñiut thiew kynbat. Lada ki nongrep ki hap pat ban thiew ñiut ne thiew kynbat, ïa kito ki ñiut ne kynbat ba kham jem met dei ban thep ne bsuh ïa ki shapoh khyndew da kaba ïuh ne kyrñiom ïa ki da ki kjat. Suki suki kine kin **pyut bad kin pynsboh pynshngiam** ïa ka pynthor kba.
2. ïa u kba da lei lei ruh ym ju dei ban **sara khah ne sara khapngiah** hynrei dei ban sara **kham ñiar** khnang ba ki tynrai kba kin long kiba heh, kiba sngaid bad kiba khlaiñ. Lada sara khah than eh, ki tynrai kba kin rit bad raikhoh kum u thymia, kin tlot kin swai bad kin kloï ruh ban shah pynjulor ha ki khñiang ne ki jingpang. ïa u sara kba, **tang shu dap 21 haduh 25 sngi**, dei ban rah tynrai noh bad ym ju dei ban ai lad ïa u ba un shong

palat por namar ioh u kha tynrai ha ki jaka sara. Lada yn leit thung ha lyngkha da u sara uba lah kha tynrai lypa ngin shem ba un tlot bad un duna bha ha ka jingpynmih ia ki symboh kba.

3. Lada u sla jong u kba u **thoh saw thoh ktieh** lynnong lynnong bad suki pat ka pur ia u sla baroh shi rynieng, kane ka mut ba la trei ka jingpang kaba ki ong ka **rice blast**. Haba wan kane ka jingpang, synreit da ka **um rynsun** kaba la khleh lang bad ka **um duma sla**. Ia kane lah ban leh da kaba dung ia u rynsun ha u thlong ne tylliat ha ka mashin bad ynda la lwet bha u rynsun sa song ha ka jaiñ bad pdem ha kumba shi pawa borti ka um. Nangta khñoit da ka kti na jrong ka jaiñ ban pynmih lut ia ka um rynsun. Ia ka um duma pat lah ban ioh da kaba pdem ia u duma sla ha ka um kumba shi mied ar mied ei ei. Khleh kumba 4-5 pela ka um rynsun bad 2-3 pela ka um duma ha ka pom synreit dawai bad sa pyndap um ia ka pom. Pynrngat um ia ka pynthor shwa ban synreit ia kine ki **jingkhleh (concoction)** bad synreit ia ki sla jong u kba ha ka por mynstep, haba ka umjer ka dang bat ne dang snoh ha ki sla. Lada ka jingthoh saw thoh ktieh u sla ka lah kham duna, synreit biang hadien 4-5 sngi. Ia kane ka jingkhleh lah ruh ban synreit ha ka por ba dang sara ia u kba. Kane ka jingkhleh ka iarap ruh ban iada ia ki jingthung kum ki jhur bad ki syntiew na ki khñiang ki ksiah. Kan bha shibun ia ki nongrep ban thung rynsun namar u long uba remdor bad ka jingpynmih ia u ha ki iew ki hat ruh ka dang duna palat..
4. Lada yn sieh da ki tnad u **diengkseh Khasi** ha ki jaka ba rung ka um sha ki hali kba kan iarap ban pynphet ia ki khñiang kiba ju sop ha u sla jong u kba (leaf rollers) bad kiba ju bam ruh ia u sla namar ba kim lah shah satia ia ka jingsma ka khleiñ kseh (turpentine oil). Ka khleiñ kseh ka iarap ruh ban pynñap ia u sohpaillen uba ju don ha ki pynthor kba. U **sohpaillen** u ju pynthut bha ia ka koit ka khiah u kba bad lada u bun palat ka jingbah soh u kba kan duna shibun. Ia u sohpaillen lah ruh ban pynduhjait da kaba shu pynrngat um ia ki pynthor kba kumba 3-4 sngi lynter. Hadien 3-4 sngi, u sohpaillen un sa iap tyrkhong.
5. Lah ruh ban leit sieh ha ki pynthor kba da bun jait ki sla kum ka **'latara**, ka **'latadoh**, ka **'lamyrwai** ne **jamyndai**, da u **tyrkhong** sat ne u kynbat jarmani lane ban shu bret ha ki hali

ki pynthor da ka **lungsiej** ba la ot rit bad ba la dep pdem kham bun sngı (ia ka lungsiej dei ban pyndonkam **tang khyndiat**). Ka **jingsma bad jingjew** jong ka lungsiej kan iarap ban pynphet ia ki khñiang bapher bapher. Lada don na ki nongrep ki bym pat tip ne ithuh ia kine ki jait sla ba la batai haneng, sngewbha wad jingtip na la ki mei-ieit ki pa-ieit ne ki bei-men ki pa-men. Haba ngı bam ia u sohphan ngim dei ban bret kai ia ka snep jong u hynrei dei ban leit buh ha khmut pynthor ne ha ka jaka ba rung ka um sha ki hali namar ka snep sohphan ka iarap ban pynher krad ia ki '**ñiang dpei** kiba ju sop ia u kba.

6. Ka **eit** jong u '**ñiang ryndia** ne u '**ñiang rusom** ka dei kawei ruh ka lad kaba ki nongrep ki lah ban shim. Bret ne kawang da kane ka eit ha ki pynthor kba. Ka jingktang jong kane ka eit kan iarap ban pynphet ia ki khñiang bad ha kajuha ka por kan pynsboh ia ka khyndew.
7. Kaba ot bad thang noh ha ka ding ia ki **kliar** jong ki sla u kba kan iarap ban pynduna ia ki khñiang namar kiba bun ki khñiang ki ju kha pylleng ha kliar jong u sla. Shuh shuh, ki nongrep ki donkam na ka por sha ka por ban ialeh katba lah ban lum ia ki pylleng khñiang da ka kti bad sa pyniap pat ia ki.
8. Ka '**ñiang kseng** ne '**ñiang ra-ksi** ne **ra-ksaiñ**, ka **ri-ksiang** ka '**ñiang ksem** ne **beiñ ksem** (rice bug) ka dei ka khñiang kaba ju kjit ia ka dud ha ka por ba u symboh kba u dang long dud (milky stage). Ynda ki nongrep ki lah ot ia u kba kin ioh shibun u stait (chaffy grains) bad kane ka wanrah ia ka jingduhnong kaba khraw. Lait na ki dawai khñiang, ia ka '**ñiang kseng** lah ruh ban iada da kaba shu **riam** ia ka. Thep da ka tham ne ka jakoid, da u doththli ne khlieh dohkha ha ki Baffle Trap ne ki Sex Pheromone Trap (ki kynja shrip ba phylla). Ynda kine ki sdang ban sma pyut kin khring ia ki '**ñiang kseng** ban wan kjit ia ka um ne doh pyut jong ki bad kine ki '**ñiang kseng** kin sa ngat ne sahkut hapoh kine ki Trap. Ia kine ki Trap (ryngkat ka jingbatai ba bniah) lah ban ioh na ka ophis ka rep ka riang lane ki nongrep ki lah ban shna hi ia ki da ka siej kat kum ka dur jong ki Baffle Trap.
9. Ia ki khñiang kiba shong hapoh khyndew (soil insects) ki nongrep ki lah ban pyndonkam da ka sboh ba la shna na u **sla neem** bad kaba la tip kum ka **neemshield** (organic manure).

Kane ka sboh ym tang ba ka don ña ki jingbam kiba tei ña u kba hynrei ka don ruh ka bor ban **pynphet** (repel) ña baroh ki jait khñiang kiba don hapoh khyndew bad kiba ju pynjulor ña u kba.

10. Ki **dkhiew** wat la ki dei ki jingim ki barit tam hynrei ki dei pat ki jingim kiba ju bam ña baroh ki jait khñiang. Lada pynrgat um ña ki pynthor kba kumba shisngi arsngei ei ei, ki dkhiew kin ñohlad ban wan wad khñiang na lyngkha kba ban tan ban rong ña kita ki khñiang sha ka skum jong ki.

11. Ña u kba uba ngi mut ban buh symbai ngim dei ban **pynkhuid ne pynher stait** tang shu dep shoh kba namar u stait bad kiwei kiwei ki jaboh jabaiñ ki ñarap ban ñada na ka jingbam khñiang ha ka por ba buh symbai. Na **ka jingthar bad jingdung** jong u stait bad kito ki jaboh ki jabaiñ, ki khñiang ki salia bad kim shlan satia ban tur sha u symbai kba. Sa pynkhuid ne pynher stait shwa ban sara ña u kba. Kaba tap ña ki thiar kba da ka byrmi (churia) kaba lah **pdem** ha ka um duma sla bad kaba la thad pynrkhiang bha kan ñada na ki khñiang ba pher ba pher namar ki khñiang kim ju **lah shah ña ka jingsma u duma**. Ña baroh ki jait symbai lah ban ñada na ki khñiang da kaba buh ña ki ha ki pla jaiñ ne ki pla byrmi kiba lah dep pdem ha ka um duma sla. Ña ki thiar kba lah ruh ban ñada na ki khñiang da kaba ker da ka **musari** (mosquito net).

Lait na kine ki mat ba la kdew haneng ki don pat sa shibun ki lok ki jor jong ki nongrep ha sla ka Mei Mariang kiba ju ñarap na ka por sha ka por ban pynduna ña shibun ki jungeh, ym tang ña ki nongrep hynrei kumjuh ña ngi ki paidbah bad kine ki long :-

- (a) Kiba bun ki jait **sim** ki ju bam ña ki khñiang ki ksiah kiba pynjulor ña ki jingthung jingtep. Lada ña ki khñiang lah bam noh da ki sim (predators), ka jingroi ki khñiang ruh kan duna. Lada ki nongrep kin sieh da ki tnat dieng ha ki hali ki pynthor, ki jait sim bapher bapher kin wan dem ha kine ki tnat dieng ban wan wad khñiang na lyngkha kba. Shwa ba u kba un pun ne phuh syntiew dei ban leit weng noh ña kine ki tnat dieng. Haba ngi siat ñap noh ña ki sim, ki khñiang ki ñoh lad ban roi bad nang kha roi bad ka jinginyar kaba khraw kan wan lyngshop ña ki nongrep.
- (b) Ka **thapbawa (spider)** bunñien ka ju shna ña ka **snur** ne **jingriam** jong ka (cobweb) ha u kba, ha ki diengsoh ki diengpai.

ha ki syntiew ki skud, ha ki iing ki sem, ki sainar telephone ki sainar elektrik ne ha kylleng kylleng khnang ba kan ioh riam ia ki khñiang kiba dei ki jingbam jong ka. Lada u **maït** ne u **'kain pyrjong (mosquito)** u ngat noh ha ki snur jong ka, ka jingpang Malaria ruh kan duna (ka snur thapbawa ka long kum ka musari). Lada yn **synreit dawai khñiang (insecticide)** ia u kba ne kiwei kiwei ki jingthung, ka **thapbawa ruh kan iap lang**.

- (k) **K' 'ñiang apiing, ki 'ñiang bshiah (lizards), ki jakoid ne ki dohkha dohpnat** ki ju bam bad im da ki khñiang. Ki don ruh ki jait khñiang kum u **puït shyrtoh (praying mantis), u puit myrkeh ne u kharbania (dragonfly), ki ladybird beetle** bad kiwei kiwei kiba ju im bad bam tang da ki khñiang. Kine ki jingim kim ju pynjulor ia ki jingthung jingtep bad ki nongrep ki donkam bha ban tip bad ithuh ia ki.
- (d) **Ka khnai** ka dei ka nongpynjulor ba radbah ia u kba hynrei u **bseiñ, u khlieng, u kbeit, u pukni ne ka dkhoh** bad kiwei kiwei ki mrad ki ju bam ruh ia ka khnai. Lada ngi pyniap noh ia ki, ki khnai kin nang roi bad kharoi. Kawei ka buit kaba ki nongrep ki lah ban iada ia u kba na ka khnai ka long ban leit buh da u **phlang sder** na rud ki pynthor kba ne ban shu buh ha ki stir (bunds). Namar ba u phlang sder u nep har har kum ka tari, ka khnai kam ju nud satia ban tur ne iaid lyngba jong u. Ia u phlang sder lah ruh ban buh narud ki thiar kba ne ki jaka pynlang kba.
- (e) Lada ai lad ia ki **syiar iing (local)** ba kin iaid ha ki pynthor kba, kin iarap ban pynduna ia bun jait ki khñiang kiba pynjulor ia u kba, hynrei shwa ban puh syntiew u kba dei ban set noh ia ki ha sem.
- (g) Ynda la ih u kba, ki don pat **ki jait sim kum ki phreit (pdia) bad ki langdkhur** kiba wan bam kba. Ia kine ki jait sim lah ban iada da kaba ri ha la iing da ki khun **dkhoh** ne ki khun **kbeit**. Bsa ia kine da ki khñiang, ki jakoid, ki tham, ki wieh lane da ka ja. Suki suki kine kin juh kin myllen ha ka iing ka jong phi bad kin ym phet satia. Ynda la ih u kba, ialam ia ki sha lyngkha bad pyndem ia ki ha ki tnad dieng. Ki phreit ne ki langdkhur lada kin iohi ia **ka dkhoh ne u kbeit** kin phet krad na pynthor namar ka jingtieng. Ia ka dkhoh phi lah ruh ban buh ha ki jaka

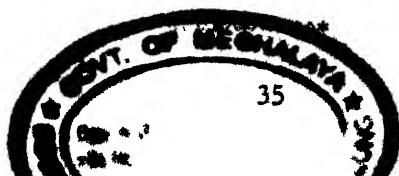


thad riewhadem bad kane kan **Tarap** ban iada na ki **khnai** kiba ju wan bam ia u riewhadem ha ka por miet namar ka dkhoh ka ju bam ruh ia ki khnai. Sngewbha wat ju siat iap ia u kbeit ne ka dkhoh ne ia baroh ki jait sim.

- (ng) **Ka eit (faeces) jong ki dohthli** ka iarap ban pynsboh ia ki pynthor kba namar ha ka don ka jingbam **nitrogen (organic)** kaba tei bad ai jingmyntoi ia u kba. Ia ka nitrogen la ju ioh na ki sboh sorkar kum ka Urea ne ka DAP kiba long kiba remdor bad kiba lah ban pynsniew ia ka khyndew lada kum pyndonkam bakla ia ki. Katba nangbun ki dohthli ha ki pynthor kba-katta ruh yn nang sboh bad nang shngiam ka khyndew. Lada yn ri dohkha ha ki pynthor kba kan iarap ym tang ha ka ban pynsboh ia ki pynthor kba hynrei ki dohkha ki iarap ruh ban pynduna khfiang namar ki ju bam ia ki. Da kaba leh kumne kan pynmyntoi ia ki nongrep ym tang ban ioh kba hynrei ban ioh bam ne ban die dohkha syndon.

Khatduh khatwai, lada yn bishar bad **pyrkhat** bniah ia ki jingbatai ba la kdew haneng ka la dei ka por ia **ngi ki pateng ba mynta** ban sngewthuh kumno **ka jingstad (ITK) ki longshwa manshwa ka long kaba** iar bad **maian haduh katta katta**. Na kine ki jingbatai ai ngin ieit bad sumar noh ia ka **Mei Mariang** bad kiei kiei kiba don ha ki sawdong sawkun jong ka. Ai ngin ieit bad sumar ia ki khlaw ki btap, khamtam ki **khlaw diengmet (rain forest)** kiba dei ki jaka shong jaka sah (**habitat**) jong ki sim ki doh bad ki mrad ki mreng. Ha ki khlaw diengmet ju don ruh shibun ki jingbam ba pahuh pahai ia ki khfiang ki ksiah. Ka jingroi ki khfiang ki ksiah ha ki jaka rep ka long na ka daw ka jingsyllen ki khlaw diengmet bad ka jingsiat pathar ia ki mrad bad ki sim ki doh. Ki khlaw diengmet ki iarap ruh ban bat ban kynshew ia ka umslap khmang ban pahuh ka umbam-umdi bad ka umrep umriang ha baroh ki saw aiom bad ha ka juh ka por ka **um kaba mih na kine ki khlaw** ka don shibun ki **jingbam** kiba tei ia u kba.

**Khlem bakla shisha ka jingong ki riewstad ba ia kaei kaba u nongrep u lah dep tip, ki riewstad ki dang trud bad ktha khlieh ban tip (a poor peasant has already learnt while scholars are struggling to learn) !**



## IA KA SHAMOIT DONKAM RUH BAN RAH SHA KPER NE SHA LYNKGHA

*(Wat la ki dei ki jingkohnguh ba sngew thamula,  
ngi donkam pat ban pyrkhat bad puson bha)*

**Ka jingkohnguh kaba nyngkong :** “Kong, sa pyndih ia kane ka dawai um ar-shamoit-sha lai sien-shisngi bad da kynruh bha ia u bilor shuwa ba phin pyndih ia ka” ong u Doktor ia ka kmie kaba wan shim dawai ia i khun iba don ka jingpang shitmet ne ka iñi doh (high fever). “Katno shamoit bad katno sien phi ong nga dei ban pyndih ?” kylli thikna ka kmie khnang ban ym bakla. “Two-teaspoonful-thrice-daily and shake the bottle well” ong u Doktor da ka sur ba kham khor bad u kylli “balei, phi kyllut ka shkor haba nga lah dep ong ar shamoit sha laisien shisngi !”. Ynda la poi ha iing ka kmie ka iohi ba i khun i la nang kham tlot shuh shuh na ka jingshitom bad mar mar ka shim ia ka dawai bad pyndih ia ita i khun (thik, tang ar shamoit sha). Hadien shi kynta tam wan poi u kpa na jaka rep ban wan peit ia la i khun bad u kylli “kumno i theihheh (kong Mai) i lah long ?” Ka kmie kaba shong harud jingthiah bad dang pynñiad syep ia la i khun ka jubab “tip seh kpa, nga i pynban kumba ka jingshit ka nangkiew bad nangjur haba ia ka dawai nga lah dep pyndih la kumba shi kynta ei ei bad kumba la batai da u Doktor”. Baroh ar ngut ki ia shong khuslai bad peit isynei ia la i khun iba ksaid bad pisa-lynga ha jingthiah. “Wow ko kpa nga lah klet, ani wow, nga lah klet !” ong kynsan kynsan ka kmie. “Klet aũ kmie, klet bam ja, klet dihsa ?” kylli u kpa da ka jinglyngngoh. “Em phi kpa, nga lah klet ban kynruh ia u bilor dawai. Shim seh kpa ia i theihheh bad shu kynruh noh maphi ia i !”. Jraiñ bad jraiñ kynhied u kpa ia ka menkreñe, “ym donkam ban kynruh ia i khun hynrei shu kynmaw ban kynruh bha ia u bilor ynda phi pyndih biang ia ka dawai la shibit !” (u kpa ruh ha mynsiem..... u sheptieng ban kynruh ia i khun ioh jia ei ei pynban ia i.). Tang hadien lai sngin theihheh lah koit lah khiah.

**Ka jingkohnguh kaba ar** : “**Thei-Heh**, sa ong mo **khun** ã 1 mei jong phi ba in pynbuh umsum lem ã nga namar ngan leit phah **khap shñiuh** noh mynta”. “**Hooïd pa**” jubab 1 **theiheh** Ynda la poi ha dukan u ‘khar khap-shñiuh u **kpa** i **theiheh** u hap ban ãeng laiñ kumba ar kynta ei ei namar ba bun briew palat. Ynda la dei ka pali jong u, u ‘khar **napit** ne ‘khar **hajam** (barber) u phah shong ha ka shuki, u sop da ka jaiñ (**kaba lati kaba jaing**) bad u sdang ban khap bad pynwandur ia u shñiuh U ong wat **khieh** bad **dem** kato khlieh jong phi **shapoh**. Nangta u ong **khomied** (**khmied**) ka khlieh shajrong, phai sha ka diang, phai sha ka mon bad u **kpa** i **theiheh** ruh u **shu kohnguh** beit kumba **hukum** u **napit** (kata ruh tang **hapoh** ki sekhon) !. Balei u kohnguh ? namar u tieng ãoh **jrong** ne **lyngkot** shiliang u shñiuh lane ãoh **shah dung** ha ka khaiñshi ne ka kaij (scissors) bad lah ban phlei snam ka doh !. Ynda lah dep khap ia u shñiuh, u ‘khar **napit** u kylli pat “**maphi kwah** pynmalish ne pynkhem kato khlieh jong phi ?” U **kpa** i **theiheh** u ong pynsted “**hooïd mama**, pynkhem seh ãa ka” (u da kam **kñi** syndon !) U ‘khar **napit** u shri u **kbaiñ** bad pynpaw **shyrhei** ki bniat na ka **jingkmen** kaba palat bad kumta kumta hi u **tangon** bad **sangah** **thlup** **thlap**, **thlup** **thlap** (la kumba takor) da ka ‘ti mon ka ‘ti diang ia ka maloi khlieh u **kpa** i **thei-Heh** haduh ba **un da hun** hi **jrut** ! Ynda la dep shah **sangah** ka maloi, u **kpa** i **thei-Heh** u **sei bluit** **15 tyngka** na pla bad ai ia uta u **mama napit** bad u ong artad “**khublei shibun mama**” Sa shisien biang **kmen** bad **heh shadem** u ‘khar khap-shñiuh !

**Ka jingkohnguh kaba lai** : Hadien ba 1 **khun** 1 **lah koit** **lah** **khiah** bad ka khlieh ruh ka **lah kham** **bhabriew**, **kham** **sngewsting** bad **sngewpyngngad**, u **kpa** i **thei-Heh** u sdang pat ban khieh bad pynleit jingmut ha ka rep ka riang. U leit sha kper ban peit kumno ki **sohsaw** (**sohpdok**) ki long bad u ãohi pynban ba la pynjulor ki **khñiang** bad ka **jingpang** **ñapñong** ruh ka la sdang ban trei. Kane ka la pyndiaw mynsiem ãa u namar ba u lah thung **kham** bun bad pynlut ruh shibun ka pisa. U leit wut wut sha ãew ban thied shi kilo (1000 kram) ka **dawai** **ñapñong** bad sha ophis ka rep ka riang ban thied shi tin (100 ml) ka **dawai khñiang**. ãa ka **dawai khñiang** la bthah na ophis ba u dei ban khieh tang **3 ne 4 shamoit-sha** (15-20 ml) bad ãa ka **dawai** **ñapñong** u trai dukan u batai ba dei ban khieh **3-4 shamoit-sha** (30-40 kram) ryngkat bad 16 litar ka um ha ka pom

synreit dawai (sprayer). Ha ka sngi kaba bud u leit dang step phyrngab sha **kper sohsaw** ban synreit ia kine ki dawai. U sei ia u bilor (klong) bad u shu **theh antad** ia ka dawai khñiang ha ka pom synreit dawai (na ka 3-4 shamoit-sha rung pynban haduh 10 shamoit ne 50 ml. Tang 2 pom lah lut ka dawai khñiang ha ka **jaka 5 pom** !). Nangta pat u **pyndap smam** ar jar ne ar jingtap-pom (lid) ia ka dawai ñapñong ha kajuh ka pom ba la theh ia ka dawai khñiang, u king bad milai bha ia kine ki dawai bad u sa synreit ia u sohsaw (kum ban shu **pynkynmaw** ia baroh, ka dawai ñapñong ka rung kumba 200 kram ha ka shi jar ne shi jingtap-pom bad ha ka ar jingtap ka rung 400 kram. Hangne ruh tang 2-3 pom ka dawai ñapñong ka lah lut noh ha ka **jaka ba kan dap kumba 25 pom** ei ei !). Dei kumne keiñ ba ju pei khah-khah ka pla pisa jong kiba bun ki nongrep namar ka jingbymshimkhia jong ki ban bud ia ki jinghikai (sa ai daw pat ba katba nangrep katta nang syrdep !). U kpa i thei-Heh ym tang ba u la pyndonkam bakla ia ki dawai khñiang bad kheifsting ban bud ia ki jingbatai hynrei u lah ai bih syndon ia u sohsaw, ia lade (namar u ring mynsiem ia kine ki dawai), ia ka mariang bad ia baroh ki jingim kiba don ha ki sawdong sawkun jong ka.

**Aiu kine haneng ki hikai ia ki nongrep bad ia ngi ki paidbah ?** Baroh baroh ngi tip bad sngewthuh ia ka rukom treikam ki dawai. Ki dawai ki don ar jait, ki dawai ki ban pynim ne pynkhlaifñ bad ki dawai ki ban pynñap ne pynsti. Baroh ki briew bad ki jingri ki jingdup haba ki shitom ne ñohpang ki donkam ia ki dawai ki ban aibor ne pynim-pynkhlaifñ ia ki. Kumjuh ruh, haba ki nongrep ki ñohi ba la pynjulor ki khñiang ki ksiah (insect-pests) ne ki jingpang jingkjut (diseases) ia ki jingthung jingtep jong ki, ki leit wad ia ki dawai khñiang (insecticides/pesticides) ki ban pynñap ia kita ki khñiang lane ia ki dawai jingpang (fungicides) ki ban pynim-pynkhlaifñ ia ki. Dei hangne keiñ ba kiba bun ki nongrep ki bakla namar ki tip ban shu kitkhia tang kumno ban ñada ne sumar ia la ki jingthung jingtep khlem da pyrkhat bad kynmaw pat ba kita ki jingthung ki dei kiba im, kiba plung kiba san bad kiba thngan ruh kum mangi ki briew ne ki mrad ki mreng. Ym tang ba ki dei kiba im hynrei ki dei ruh ki ban pynim ia baroh bad ki ban kyrshan pisa ruh pateng la pateng bad junom la junom ia ka iing ka sem ki nongrep.

Īa ki dawai khñiang la bynta kat kum ka jingkhlaifñ bad ka rukom trei kam jong ki. Īa kine ki dawai la ju song ha ki paket plastik, ki tin ne ki bilor bad khnang ba ki nongrep kin sngewthuh ĩa ka bor ne jingkhlaifñ kine ki dawai, ki kompani shna dawai ki ju pynpaw ha ki jingsong ne ki paket, ha ki tin ne ki bilor ĩa ki saw tylli ki rong kiba kdew ĩa ka bor ne ka jingkhlaifñ-jingchor ki dawai khñiang (rong saw, rong stem, rong blue bad rong jyrngam). Ka rong saw ba la pynpaw ha ki jingsong ka pyni ba kata ka dawai ka dei kaba khlaifñ tam na baroh ki jait dawai (extremly poisonous). Ka rong stem pat ka mut ba ka dawai ka kham duna bor (strongly poisonous). Ka rong blue ka nang kham tlot shuh shuh bad ka rong jyrngam ka dei kaba tlot tam lane ka bym don jingma ĩa baroh ki jingim kynthup ĩa ngi ki briew (hynrei lait noh ĩa ki khñiang).

Ki dawai khñiang ki don ar bynta kat kum ka rukom treikam jong ki. Īa ka dawai kaba lah ban pynñap ĩa ki khñiang ki ksiah tang hadien katto katne kynta (hadien 5 ne 6 kynta) la ju tip ĩa ka kum ka contact/stomach insecticide. Īa ka dawai pat kaba ju kjit da u jingthung bad kaba pynñap ĩa ki khñiang hadien ba ki lah dep bam ĩa ki sla ne u dohnud jong uta u jingthung la ju tip pat kum ka systemic insecticide. Īa ki khñiang bam sla ne ki khñiang ba ju bam ĩa u dohnud jong u diengmet (stem) jong u sying ne u sohñiamtra (stem-borer ne trunk-borer) donkam ban synreit da ki systemic pesticide bad ĩa ki khñiang kiba bam ĩa u sohñaw ne u kubi donkam ban synreit da ki contact/stomach pesticide. Kine ki long tang khyndiat ki nuksa ne ki jingbatai kumno ki nongrep kin shai ne kin sngewthuh shaphang ka jingkhlaifñ bor bad ka rukom treikam ki dawai khñiang.

Sa kawei ka bynta kaba ki nongrep ki donkam ban tip ka long ba ki ju don ruh ki dawai khñiang kiba kham shngaiñ ban pynñonkam ha ka rep ka riang bad la tip ĩa kine ki dawai ha ki ĩew ki hat kum ki bio-pesticide ne ki bio-insecticide. Nalor kine don ruh sa ki dawai NPV (Nucleo Polyhedrosis Virus). Ka rukom treikam kine ki NPV ka ĩa pher bak-ly-bak na ki dawai khñiang. Haba synreit da kine ki NPV, ki khñiang ki ju ĩohpang bad suki suki ki sa shitom bad ĩap namar ha ki NPV ki don ki khñiang jingpang ne ki virus bad dei kine ki virus kiba pynñohpang ĩa ki khñiang. Ka Trichoderma kaba ĩasyriem ka jingtreikam jong ka kum ka NPV, ka dei kawei pat ka dawai kaba don kita ki fungus (kiwei pat ki jait khñiang jingpang).

kiba pyniohpang ïa ki khñiang jingpang. ïa ka jingpyut u sying (rhizome rot) lah 'ban ïada da kaba khñeh ïa ki symbai sying bad ka **Trichoderma**. Ka NPV bad ka **Trichoderma** kim ktah ei ei ïa ka koit ka khiah ki nongrep ne ïa ngi ki brierw.

**Ka khyndew kaba ïap bad ka khyndew kaba im** - Baroh ki jingthung ki mih na ka khyndew lait noh tang u wei ar kum ki 'tiewdieng (orchids) kiba shu snoh ha ki dieng ne ki kynroh. **Ka khyndew kaba ïap** kam lah ban pynmih ne pynim ïa ki jingthung jingtep hynrei dei tang **ka khyndew kaba im bad kaba sboh** kaba lah ban pynim ïa ki. ïa ka khyndew kaba duna jingbam ki nongrep ki lah ban pynbiang bam ïa ka da kaba ai sboh kum **ka sbohfiut, sbohwieh, ka sboh eitsyiar, sboh eitsniang ne ka sboh eit-masi** (kiba la tip kyllum kum ki organic manure) lane da ki **sboh sorkar** (chemical ne inorganic fertilizers). Baroh kine ki jait sboh (lait noh ki sboh sorkar) ki long ki bym ktah ne pynsniew ei ei ïa ka khyndew ne ïa ki jingthung ki jingtep. ïa ki **soh** kiba mih na ki jingthung ba la pyndokam tang da kine ki **sboh mariang ne ki sboh organic** la tip ïa ki kum ki **soh shngiam ne ki organic-produce**. Kine ki **soh shngiam ne ki jhur shngiam** ki dei kiba kham remdor ha ki ïew ki hat namar ki dei ki **jingthung kiba bang ba shngiam bad ki bym ktah ei ei ïa ka koit ka khiah**. Hynrei ym kumba long ha kiba bun ki Jylla ka Ri India ne ki Ri ka pyrthei kiba la kham shai ne kham shemphang, ka jingdawa ïa kine ki **soh-shngiam ne ki jhur-shngiam hangne ha jylla** ka dang duna bha namar kiba bun ki paidbah kim da **khuslai than eh shaphang ka koit ka khiah ne ka jingkordor ka koit ka khiah**. "Tang ba la kdang bad at pi-he pi-he ka kpoh baroh kiei kiei ki lah biang!"

**Balei donkam ban pynbha ne pynneh pynsah ïa ka jingsboh ka khyndew** ? Ki nongrep ki ber ne ai ïa ki sboh bapher bapher ha ka khyndew tang ban ïoh pynim bad ban pynsan pynplung ïa ki jingthung jingtep jong ki. Ki nongrep ki **ket pat** ba ha ka khyndew la don lypa shñun ki jingim ba jar jar kiba ju ïarap na ka por sha ka por ban pynbha bad pynsboh ïa ka khyndew kum u **wieh** (earthworm) bad ki **phngit-khñiang** (microscopic organisms) kiba ngin ym lah satia ban ïohi da ki **khmat jong ngi**. Lait na ki **sboh mariang**, ki nongrep ki ju pyndonkam ruh na ka por sha ka por ïa ki **sboh sorkar** (chemical fertilizers) kum ka UREA, DAP, SSP bad MOP khlem da wad bniah ne tip thikna

kumno, lano bad katno donkam ban ai ia kine ki sboh ha ka khyndew. Kane ka dei ka jingshisha kaba bun na ki nongrep kin ym lah satia ban len. Ki sboh sorkar ne ki chemical fertilizer ki dei kiba la shu shna ha ki karkhana khnang ban ioh pynbiang ia ki jingbam ba kham kongsan kum ka Nitrogen (N), ka Phosphorous (P) bad ka Potassium (K). Ha ka UREA don ka jingbam Nitrogen, ha ka DAP don ka Nitrogen bad Phosphorous, ha ka SSP don ka jingbam Phosphorous bad ha ka MOP don ka Potassium. Lada ki nongrep kin ai pahuh ia ki sboh mariang ha ka khyndew ban ia kaba dei ban ai, ki nongrep kim dei ban khuslai ne sheptieng namar kine kin ym ktah ei ei ia ka khyndew. Hynrei lada kin ai kham bun ne kham palat (over-dose) ia ki sboh sorkar, ka khyndew kan jew bad kan bun sa tang ka acid. Ki don ki khep ki khep ba ka khyndew ka eh bad ring tyrkhong kum kaba lah iap ne sti haba la jur palat ka jingpyndonkam ia ki sboh sorkar. Kane ka ju jia bunsien namar ki nongrep ki ju pyndonkam bakla shaba palat pud ia ka sboh UREA bad ka sboh DAP. Ha kine ki sngi ki por la ju iohsngew na kiba bun ki nongrep ba ki ong “ym myntoi shuh ban rep ban riang namar ka khyndew ka lah lyngki bad kam sboh shuh” bad don ruh ki nongrep kiba ong “kan bha ban shu leit bylla noh sha Sor namar ba lah sniew bad julor palat ka rep ka riang ne ka mariang” Mano pat ba pynjot bad pynsniew ia ka mariang?

Kiba bun ki nongrep (ym baroh) ki ju tip ruh pat ban pynbha ia ka khyndew kaba la ju pyndonkam ia ki sboh sorkar manla ki snem da kaba ber ia ka shun kpu ne shun powder (liming with slaked lime) shi bnai shuwa ban lur ne ban rep ban riang. Ka jingber ia ka shun kpu shisien ha ki lai snem kan iarap ban pynduna ia ka jingbun ka acid ha ka khyndew. Kane ka khyndew kaba la pynbha kumne kan iarap ia ki nongrep ban ioh kheit kham bun ki soh na lyngkha ne na kper.

Lyngba kane ka jingthoh bad jingtiaphylliew jingmut kaba khyndiat, la kyrpad ia ki nongrep ban pdiang bad bud thikna ia ki jingbatai ne ki jinghikai kiba ki ju ioh na ka por sha ka por ym tang ban bhabriew ka rep ka riang (kumba bhabriew ka khlieh u kpa i thei-Heh) hynrei ban shngaiñ ka ing ka sem jong ki bad kumjuh ka koit ka khiah ki nongbam. Ka jingkohnguh bunsien ka wanrah ia u soh uba thiang. “Rah ia ka shamoit-sha sha kper ne sha lyngkha tangba wat pyndonkam shuh ha ka dih dud ne ka dih sha!”.

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**KA THUNG SYNSAR, KA JINGKYRKHU  
BAD JINGKYRDUH**

*(Īa mynta u synsar u dei ka jingkyrkhu....  
ha ki khun ki ksiew put un dei u ei ?)*

Hato ka pyrthei kan lah ban pynbiang bam ĩa ka jingbun briew ka ban kot sha ka **9 billion ngut** kat haduh u snem 2050 ? (**Can earth provide enough food for 9b people ?**) Īa kane ka jingkyllı kaba jwat bad sohsat ban ĩoh ĩa ka jubab la ĩoh pule ha ka kot khubor **The Times of India** (23.04.08). Hangne la ĩathuh ba ka **jingbun briew ha ka pyrthei** ka kot sha ka **78 million ngut ki briew manla u snem** bad kane ka la pynpısa bad pynlynga ĩa ki 'riew wad bnıah ki 'riewtihbnıah (**experts/researchers**) namar kan wan rah ĩa ka **jingduna bam** ba shyrkhei (food shortage ne food crisis). Kine ki 'riew shemphang ki batai ba lada ngim shım khıa kham kyrkich ban pyrkhata ĩa kane ka jingkyrduh bam, shen ka pyrthei shityllup kan mad tang ĩa ki jingiakhıh ba bun rukom ki ban ktah ĩa ka shongsuk shongsaiñ ha ka imlang ka sahlang (social unrest, food riots, political instability, famine and more failed states). Kat kum ka jingbatai u Lester Brown, u President jong ka Earth Policy Institute, Washington, ka long ba ha u snem 2012 ka jingbunbriew ha rı India kan poi sha ka 1.6 billion. Kane ka **jingbunbriew kan jia ruh ha ka jylla jong ngi bad kumta la donkam ĩa ngi ban puson bad pyrkhata sani kumno ngin pynbiang ĩa ka jingdonkam bad jingdawa bam ki paidbah.**

Ym lah ban len ba ka thung synsar ka dei kaba la wan rah pısa shıbun ĩa kito kiba thung ĩa u ha ki por ba u **heh dor** ha ki ĩew ki hat (**jingkyrkhu**) hynrei kaba pynsngewsıh pat ĩa shıbun ki nongthung ha ki por ba u **hiar dor**. U synsar u dei **uba khlaiñ bor bha ban kjit ĩa ki jingbam napoh khyndew** haba ĩa nujor bad kiwei pat ki jingthung kum u kba, u riewhadem, ki jhur, ki diengsoh, u syıng, u shynrai, u slashı, ka kait bad kiwei kiwei pat ki mar rep. Īa kane lah ban sakhi ne pynshisha da kaba bıshar bnıah ĩa ka **jinglong sboh ka khyndew** shwa ban thung ĩa u bad hadien katto katne snem ba la dep thung ĩa u.



Ka khyndew kaba sboh ban rep ïa kiba bun jait ki marrep ka kylla kum ka 'dewmaw 'dewksang bad ka ring tyrkhong ring swai shisien ba la thung synsar. Kane ka khyndew ba kan long biang kaba bit ban rep ban riang kan shim por bun bun snem namar ka jinglyngki bad jingtyrkhong jong ka. La ju ïohi ruh ha kiba bun ki jaka thung synsar ïa ka jingpdang ne jingorpait ka khyndew khamtam ha kito ki jaka ba kham long riad bad kham sharing (steep slopes). Haba ka long kumne, ha ki por slap ne ki bnai lyiur, ka um slap ka ïoh ban rung ne ban ksam lyngba kine ki jingpdang ne jingorpait bad suki suki kane ka wan rah **ïa ka jingtwa ba kynsan kynsan ki lum synsar** (land slide). Ha ki lum synsar la ju lap ruh ba ka **khnai** bad u **dkhan** ki ju wan bam ïa ki thied synsar da kaba khleng thlew bad shna krem shapoh khyndew. Suki suki kine ki thlew ki syar ki pynshong synjor ïa ka khyndew bad ki wanrah ïa ka jingtwa ba khah khah ki jaka thung synsar. ïa kane ka jingshisha la ïathuh ruh da kiba bun ki nongthung synsar. Shuh shuh, ka long kaba sngewsih ban ïohi ba ka jylla jong ngi wat la ka ju ïoh pahuh ïa ka um slap ha ki bnai lyiur hynrei kane ka um ka shu tuid sepei'sha ki jaka them ki jaka thor (Bangladesh) namar kam lah ban ngam ne ban ksam shapoh khyndew na ka daw ka jinglong 'deweh 'dewksang ki lum synsar (kumba long ki **lum kseh**). Tang shu rang u slap, ka lum synsar ka shong tyrkhong kumjuh. La ju ïohi ruh ba **ki pynthor kba kiba don harud ki lum synsar ki mad ïa ka jingkyrduh um wat ha ka lyiur bah** bad ka jingmih kba ha kum kine ki jaka ka long kaba duna shibun (kum ha ki thain R1-Bhoi ha ka lynti ban leit sha Umden). Bun na kine ki pynthor kba la hap ban shu ieh shrah noh mynta.

Haba phai pat sha ka liang ka jingpynmih ïa ki mar bam la ïohi ba ka Jylla jong ngi kam pat long kaba la biang nalade bad kane ka thong kan nang jingai namar kine ki mat harum :-

1. Ka jingkha roi ki briew kan nang pynduna ïa ki jaka rep jaka riang bad kan don ka jingdawa ne jingdonkam ba kham bun shah ïa ki marbam marrep, ka umbam umdiu ryngkat ka umrep ka umriang kaba pahuh bad kyrhai.
2. Haba thung synsar donkam ban mait bad **pynkhuid pynsyllen** ïa ki khlaw ki btap kiba long ki tyllong um bad kiba dei ruh ki jaka shong jaka sah jong ki mrad ki mreng bad ki sim ki doh. Ha ki jaka ba hapoh 800 meter ka kynjang na sla duriaw (jaka ba kham syaid) jong ka R1 Bhoi, East Khasi Hills, West Khasi

Hills bad Jaintia Hills District, ïa ki **pynthor kba** lah ban pyndonkam baroh shisnem lynter ïa kaba la tip kum ka Multi Cropping. Hadien u kba lyiur lah ban pynbud da u kba pyrem lane da u sohsaw, u phan, u kubi; u phul kubi, u sohmynken bad kiwei kiwei ki jait jhur. Hynrei mynta kam long shuh kumta ha kiba bun ki jaka namar ka jingsyllen bad jingtyrkhong ki tyllong um kiba ju pynmih ïa ka umrep umriang namar ba la dap la shlei tang da u synsar. Haba ngi dang duna ha ka jingpynmih ïa la ki marbam, ka pisa ban thied ïa kita ki marbam kan tuid shabar ka jylla bad kane kan nang pynduk bad pyntlot ïa ki iew ki hat ka jylla. Ki riewshemphang ki ju ong ba **ka jaitbynriew kaba dang hap ban shaniah ïa ki marbam na kiwei pat ki Ri ne ki Jylla, kata ka jaitbynriew kan ïai kyrduh bad ym don jingshngaiñ.**

3. Haba syllen ki khlaw ki btap kan don ka jingkharoi ki khñiang ki ksiah ba pher ba pher ki ban pynjulor ïa ka rep ka riang bad kane kan wanrah shibun ki jingeh ïa ki nongrep namar kin hap ban ïada ïa ki jingthung jingtep jong ki da ki dawai khñiang kiba rem dor, kiba khlaiñ bor bad kiba long bih (**poisonous insecticides**) bad kane kan ktah ym tang ïa ka pla tyngka ki nongrep hynrei kumjuh ïa ka koit ka khiah bad ïa baroh ki jingim kiba don ha sla ka Mei Mariang. ïa ki khñiang ba pynjulor ïa ka rep ka riang bunsien la ju ïarap ban pynduna ïa ka jingroi jong ki da ki jait sim bapher bapher kiba ju bam ïa ki, hynrei kine ruh ki lah duna bad krih sha jngai (migrated) namar ka jingstang bad jingduna ki khlaw ki btap kiba long ki jaka shong jaka sah jong ki. Haba duna ki khlaw ki btab, ka jingshit jingkhluit ka Mariang (Global Warming) kan nangkiew bad ki jingpang ba bun jait kin kloi bha ban roi bad ban sar ïa ki longiing ki longsem. Ka jingkhluit ne jingshit bad ka jinglhob ka Mariang ki dei ki ar tylli ki daw bah kiba ïarap ban pynroi ïa ki jingpang ba bun jait. ïa kane ka jingshisha baroh ngin sakhi lada ngin kynmaw kumno ki jaka ai jingsumar (hospital) ha ki bnai tlang ki thylli ne duna nongpang bad kumno pat ki nongpang ki pynshlei bad pynkhapngiah ïa ki hospital ha ki bnai lyiur ne ki bnai shit.

Kine ki mat ba la kdew haneng ki long tang khyndiat eh ki daw kiba khang lad ïa ka Jylla jong ngi ban nang kiew irat ha ka rep ka tiang bad ban long ka Jylla kaba biang na lade ha ka jingpynmih ïa la

ki marbam marrep. Ban pynlyngkot, ka thung synsar kan wan rah ia kine ki jingeh harum (**jingkyrduh**):-

1. Ka jingkynshew ia ka umbam umdih bad ka umrep umriang kan nang ring swai namar ka khyndew ka lah ring tyrkhong bad kylla kum ka dewmaw dewksang. Haba long kumne ka um slap kan ym lah satia ban ngam ne ksam shapoh khyndew hynrei kan shu tuid sep ei sha ki jaka them.
2. Lada ka jingmih u synsar ka lah duna (hadien 10 snem ei ei), kan don ka jingeh ban leit rep leit riang da kiwei pat ki marrep ha kito ki lum synsar namar ba ka khyndew ka lah lyngki bad ring tyrkhong. Kane kan wanrah ia ka lanot bad ka jingjynjar ia ki khun ki kti ryngkat ki pateng ba shadien.

Ka long pat ka khubor kaba sngewtynnad haba iohsngew na ki katto katne ngut ki **nongthung synsar** jong ka shnong Sonidan, ka shnong Iamkhon bad ka shnong Umtraï jong ka Ri Bhoi District (Mawhati Konstitwensi) haba ki ong **“ba ka la dei ka por ia ngi ban randien bad phaidien noh na ka thung synsar namar ha kine ki 14-15 snem ba la leit ngi la mad ia shibun ki jingeh na u synsar”**. Haba ia phylliew jingmut kham bniah bad kine ki nongrep ki pynpaw ba mynta ki thrang dik dik ban phai noh sha ka rep soh rep kwai bad ban rep ruh ia kiwei kiwei ki marrep ki ban pynneh pynsah ia ka jinglong sboh ka khyndew bad ki ong ruh ba ki kwah ban pynbha ia ki **hali kba** jong ki da kaba tyngkai ban ri bad sumar ia ki khlaw ki btab kiba ju bsa um baroh shisnem lynter.

Hooïd, wat la u synsar u long u jingthung uba kyrshan pisa ia kiba bun ki longiing ki longsem hynrei ka long pat kaba donkam ia ki nongthung synsar ban peit bad bishar bniah ia ka jinglong jingman ka lum synsar bad ka jingsboh ka khyndew namar ki khun ki ksiew bad ki pateng jong ki ruh kin donkam ia ka khyndew kaba sboh bad ba shngiam. Ka jingkyrduh jong ka umbam umdih la katto katne snem mynta ka long ba kiba bun ki tyllong um ki la ringswai ring tyrkhong. **Ia u synsar dei ban leit thung tang ha ki raieh ki raidam, ha ki jaka shrah lane ha ki synrang maw (waste lands) bad sha jngai bah na ki jaka rep ki jaka riang kiba sboh bad ba seisoh.**

Shwa ban pynkut, ai ngin bud ia ki nuksa babha ki nongshong shnong ka shnong Nongjrong kaba don ha Dienglieng Konstitwensi, East Khasi Hills. Ha kane ka shnong (kumba la iathuh da i bah Brur

Nongspung bad i kong Pheda Mukhim) **la mana bad khang pyrshah ba da lei lei ruh ym bit ban thung synsar ha ki jaka rep jaka riang** hynrei la shah ban thung tang ban pyndonkam ha ka sar iing sar sem. Lah ban ong hangne ba ki nongshong shnong ka Nongrong ki long kiba la pyrkhath bad iohi jngai shisha.

Kawei na ki artikil u Bah M.H.Mohrmen ba la ioh pule ha ka kotkhubor u Mawphor ka la ktik shisha shisha ia ki jingmut ki jingpyrkhat haba u kynthoh bad pynkynmaw ia ngi baroh da kaba ong **“ngi dei ban kynmaw ba kane ka pyrthei kaba ngi shong ngi sah kam dei satia kaba ngi ioh pateng na la i Mei i Pa hynrei ka dei kaba ngi shu shim kyliang ne pan kyliang na la ki khun ki kti bad ha kawei ka sngi ngin hap ban aiti bad pynphai biang sha ki.”** Dei hangne keiñ ba ka la dei ka por ia ngi baroh ban puson bad pyrkhath san bha **“kaba kumno pat keiñ kata ka pyrthei ngin aiti sha la ki baicit ki bathoiñ, kiba kumno pat ki pynthor ki hali ne ki kper ki phrah ngin pynphai bad aiti sha ki .....da ki pynthor shrah bad ki kper lyngki, da ki lum syllen ki lum tyrkhong kiba dap kiba shlei tang da u maw u shyiap.....ne da ei ?”**

Haba kylli ia u **Ma Rishon Shylla** uba shong ba sah ha ka shnong Mawdkhar jong ka thain Umtasor (Ri-Bhoi District) kumba phra snem mynshuwa (2000), **“balei Ma phi kwah ban rep ia kita ki diengsoh balensha (valencia) bad ki sohñiamtra ne khantara** ki ban shimpur ym duna ia ka 7-8 snem ba kin seisoh ne bah soh bad kat haduh kata ka por lehse phin ym lah shuh ban bam ia ki soh jong ki namar phi lah noh tymmen ka `rta ?”. La kylli kumne ia u Ma Shylla namar la iohi ba ka `rta jong u ha kita ki snem ka la palat ia ka 70 snem shaneng. **“Ngan rep ia kine ki diengsoh khnang ba kin ioh bam ki ksiew jong nga”** jubab kylla u **Ma Rishon** da ka khmat ba kmen bad ba puh samrkhie !

Ka jubab une u rangbah ka long kum ka jingsneng ne jinghikai (moral) ia ngi ba ngi dei ban rep kham bun ki marbam ki ban pynhun bad pynkdang ym tang ia ka kpoh jong ngi hynrei ia ki lawei ruh. Kumba la kdew shakhmat shaphang **ka jingduna bam ne ka food crisis ha pyrthei**, hato kam la dei ka por ia ngi **ban rep kham bun ki marbam khnang ban shngaiñ ka ing ka sem ?** Ia mynta hi u synsar u long ka **jingkyrkhu (boon)** hynrei ia ki longdien pat hato un long ka **jingkyrduh (bane) ?**

\*^\*^\*^\*^\*^\*

## LYNNONG - VIII

### KO KYNRAD BYNRIEW SNGEWBHA MAP BAD ISYNEI LEM İA NGI

*(Lano ngin don ki shkor ban İohi, ki khmat  
ban İohsngew bad u shİiuh ban pyrkhat ?)*

Jan baroh ngi İa tip ba **u Trai Kynrad** u la thaw İa kane ka **pyrthei** ym tang na ka bynta kİ khun bynriew hynrei **u la mang bad bhah kyrpang** ruh na ka bynta jong baroh kİ jingim (kİba jngi, kİba kynthİh, kİba par ne kİba İaid ba İeng bad kumjuh ruh kİba her) kum kİ dohum kİ dolthli, kİ shersyngkai bamon ne kİ shymprong kynriah dadien, kİ puit kİ jakoid, kİ wieh kİ japieh, kİ bseİİ kİ tyrpud, kİ kruiİ kİ dkhiew, kİ khnai kİ dkhan kynthup İa baroh kİ mrad kİ mreng, kİ sim kİ doh, kİ khİiang kİ ksiah kum kİ thapbawa ne kİ thapbalich-thapbalong bad kumjuh ruh kİ ngaptung kİ ngaptem. Kİne kİ jingim **u Nongthaw u Nongbuh** (nature's wonders) kİ don la **ka bynta ne ka synİiang ba phylla** kumno **ban pynbha, ban pynryntih bad ban pynneh pynsah** İa ka jingitynnat bad jingİphuh iphieng ka **Mei Mariang** ryngkat kiei kiei baroh kİba don ha ka khnang ban wan rah shuh shuh ym tang İa ka bha ka miat jong kİ hynrei kumno ban pynshngaiİ, ban pynmyntoi bad ban pynriewspah ruh (**ban pynriewspah ???**) İa ka Jylla bad ka jingim jong ngi kİ nongshong shnong **pateng la pateng**. Kumta, kİne kİ jingim kİ don ruh **ka hok tynrai ban long trai bad ban kha ban roi** ha sla kane ka pyrthei shong basa ba tang shİ por shİ 'rta kumba don hok lem mangi kİ briew kİba ju kam **ba ngi dei kita kİ kynrad ba halor tam eh.** Hato ngi da dei shİsha kita **kİ kynrad** jong baroh kİ jingim?

Lait na kİne **kİ jingim** kiei kiei baroh kin shu long lekhohei lada ngin klet ba kİ **jingthung kİ jingtep** kİba kynthup naduh kİ kba kİ krai, kİ sohphlang kİ nei, kİ jaut kİ jathang, kİ jangew kİ jaraiİ, kİ jhur kİ jhep, kİ soh kİ pai, kİ dieng kİ siej, kİ tyrkhang kİ phlang bad wat kİ İİut ne kİ kynbat dawai kİ dei pat **kİ jingim ba kongsan tam** ban İa ngi kİ briew, İa kİ mrad kİ mreng bad kumjuh ruh İa kİ sim kİ doh. Na kİ jingthung kİ jingtep mih kİ syntiew kİ skud bad na kİ syntiew kİ

skud mih ki soh ki symbai bad na ki symbai ki mai ka jingim ba shilynter (**life cycle**) jong ki jingthung ki jingtep kan ïai bteng khnang ba baroh ki jingim **kiba thngan bad thynrang** kin ïoh pahuh ka bam ka dih na sla **ka Mei Ramew**. Kane keiñ ka dei **ka shalyntem** jong baroh ki jingim **u Nongthaw u Nongbuh**. Khnang ba kane ka shalyntem (**the cycle of flora and fauna**) kan ïai tyllun pateng la pateng, ka dei pat ka kamram (**fundamental duty**) jong ngi ban kynmaw ba baroh ki jingthung ki jingtep ki donkam ym tang ïa ka khyndew kaba rben bad pahuh kyrhai hynrei ki donkam ruh ïa ka um ka ban kyrsoi shilynter jingim ryngkat ka khyndew **kaba sboh kaba im** bad ym **kaba jew kaba kthang ne kaba lah ïap bad ring tyrkhong**. Ka khyndew kaba ïap da lei lei ruh kan ym lah ban pynim ne bsa bam ïa ki jingthung ki jingtep bad ki jingthung jingtep kin ym lah **ban pynbiang bam** ïa ngi ki bried, ïa ki sim ki doh bad ïa ki mrad ki mreng lada ïa ka Mei Ramew ka Mei Mariang **kaba la ap tang da ki jingma suda** yn shu ieh beñ ieh khoh khlem da pyrkhat pat kumno ban sumar sukher bad ban pynbha ne pynsboh ïa ka. **To ngin ïa mutdur bad pyrkhat** ha lade shimet shimet aïu kan jia ïa ka jingim ki khun ki ksiew lada ym don shuh ki jingthung ki jingtep bad ka umbam ka umdih ? Hato **ka spah ka pliah ne ka pisa ka sbai** kaba ngi lah lum bad **tyngkai kyrpang** na ka bynta ki lawei kan lah ban pynhun ïa ka jingthngan bam ka kpoh ne ka jingthynrang um u pdot ryndang ?

Wat la ngi **sngewthuh** lut ïa kine kiei kiei baroh **ka long pat kaba kthang hi ngang** ban ïohi ba kiba bun jait ki jingim ba la buh kyrpang da **u Nongthaw u Nongbuh** ki lah **duna bad jan duh jait syndon**. Shaei la jah rngai **ki sim ki doh kum ki khlieng ki pukni** (ba syriem ïa ki **'khar metor ka Municipal Board**) kiba ju pynkhuid pynsuba ïa ka mariang da kaba bam ïa ki met ïap ne doh pyut ki mrad ki mreng kum ki ksew ki miaw ne ki blang ki masi ? Baroh ngi ju kynmaw ba lada ïap aksiden u ksew ha ki surok ki syngkien **dei ki pukni ne ki khlieng ki tyngab** (scavengers) kiba ju wan bam ïa ka met ïap uto u ksew tang hapoh katto katne kynta. Hynrei kane kam jia long shuh mynta namar ïa kum kine ki met ïap ne doh pyut (ksew, miaw ne masi) la ïarap pynban da ki shaka jong ki kali ban pynlwet lyngkhot lyngkhai bad ban pynkhuid ïa ki (dei kumne keiñ ba nang kha roi ki khñiang jingpang) !

Shaei **u kohkarang** ba imaiñ ikhaiñ ne **ka langwyrku sang-khyndew** (ba lehrain ?) ki ia don bad **buhrieh sngewrit** ia lade ? Shaei **u sim rynñiaw** (riahsei) bad **ki sim jyleit ne jalyeit (musicians)** kiba ju rwai ju siaw bad **padiah** ia ki sur ba bang ba thiang kiba pyntngen ia ki jingmut jingpyrkhat jong ngi ki briew ki ia leit shong bad ia leit krih (kiba syriem ia ka **'theilud bhabriew ba thiang-sur bad jem ryndang** kaba ieng shlur marwei ha lypung rwai ne opera house ban kyriyat bad ban kynud ia ki jingrwai kiba ju **pynang muid** ia ki nongsngapka) ? Shaei lut **ki kbeit ki shapuloit, ki shyrwat ne ki sim lyntait** bam khñiang bam kber ki iaphet ki iakrih ? Haei bad shaei pat **ki langlit bad ki 'yartung ki 'yiarkhiar** (syiar khlaw) ki ia leit pynroi pynkha ia la ki khun ki ksiew jong ki. Shaei ruh **ki sim shoiñ, ki sim mrit, ki phreit ki pdia, ki sim kshaid ne ki syiem puh dohkha** kiba ju im ha ki 'law sañium ki 'law bniap ne ha rud ki wah ki thwei ki ia pynlut por ban **im lyngngaid** bad shaei la jah ryngai **ka sohlyngngem, ka kitbru ne ka sim kharkaw** ?

Balei pat **ki tuta bad moina pait-shkor** kiba ju **tynneng ban kren briew ne pyrthuh briew** bunsien ki ju shah teh shah khum da ki **kynjri** ha ki tnat dieng lane shah set phatok ha ki ruh-shken ki ruh-siej jong kiba bun ki longiing ki longsem la kumba ki dei kita **ki 'riew dakaid bymman ba shyrkhei tam** (notorious criminals) **kiba la pynthut bad pyntriem pynsmiej** ia ka imlang sahlang jong baroh ki jingthaw bad jingim **u Trai Kynrad** ! Kine ki jingim bapli bad basangsot **ki shu kylla long mraw ne long koidi ei kha-ma-kha** khlem da don kano kano ruh **ka jingpyrkhat briew** bad jingbishar ba hok ba bniaw ba **balei keiñ la donkam ban teh ban khum bad ban set along ia ki** ? Balei mangi ki briew ngi **jwat bad pyneh dohnud** katne katne ban sngewthuh lem ia **ka hok** jong ki khnang ba kin ioh her bad im laitlud ha kane ka pyrthei ba salonsar (kumba im laitlud mangi) ? O ! shaei keiñ **la jan jah rngai lut** kine ki tuta bad ki sim moina ? Balei **ka dkhoh bam-khnai bam-bseiñ** (lord of the night) ka la jan duh jait bad **kylla rit paid** (minority) ha ki khlaw ki btab kumba long ki **riewlum Tripuri** ka Jylla Tripura ? Mano keiñ ban ai jubab lem ia kine kiei kiei ? Ko **khlur samla** (shynrang kynthei) ba stad ba shai, ba khih ba ksar, ba pyrkhat ba khuslai, ba shlur bad bym tieng bym riej **sngewbha** ia tih bad puson janai ym tang ban

shu ioh kyrdan (**degree**) ha ka pule ka puthi hynrei **ban ym ang lyngngoh bad bynñiaw** pat ki khun ki ksiew jong phi ioh ha kawei ka sngi kin buh jingkyll.... **“papa papa.... kiei keiñ papa kita ki khlieng ki pukni ne ki skei ki shrieh!”**. To ia ñiew kor ruh ym tang ia ka enbaironmen ba na shiliang duriaw kaba phi ju ia pule ha ki skul ne ki kolej hynrei ban tip, ban iet, ban burom bad ban tyngkai ruh ia la ka jong.

Ko ki longkme ki longkpa **ba shon ba khia ka jingkitkhlieh** hato kam dei ruh ka jingshisha ba ha ki por ka jinglong khynnah ne jinglong samla (haba ngi khmied ia la ki khmat ban peit sha sahiti bneng) bunsien ngin iohi ia ki thapniang ba iar bad ba piar jong **ki kbeit ki pukni bad ki khlieng ki tyngab** kiba ju ia her sawdong ka talwiar jong ka suiñbneng ryngkat **ki sim lyntait ne ki sim han** (flying ducks) bad haba ngi iohi ia kine ki jingim katno ka ju **pyntngen bad pynkynmaw** ia ngi ba kane ka pyrthei kaba ngi im bad ngi shong ngi sah **ka dei shisha ka pyrthei kaba shngaiñ, kaba iar bad kaba maian haduh katta katta ?** Hynrei mynta pat kiei kiei baroh ki la sdang kynjah bad kylla khongpong namar lada ngin khmied ban jngohkai ia kine ki jingim ngin iohi pynban tang ia ka jingher bad jingkyrhuh (kum u pyrthat ne u ‘laren) jong **ki simnar** (ki sim-eropleiñ ne ki han-helikoptar) kiba kup da ki **sner rupa**. Teng teng pat lada ngim iohi ia kine ki **simnar**, ki khmat jong ngi **kin shu myllen** ban peitkai ia u lyoh ba rben, u bnai ba ngen, ka sngi ba tyngshaiñ, ki khlur ba thaba khrik khrik lane ngin shu hun mynsiem ban peit kai ia ki **kot kudi ne kot phok** jong ki khun shynrang jong ngi !

Tang kumba 15 snem ei ei mynshuwa baroh ki nongshong shnong ka sor Shillong bad ki shnong ba marjan lehse kin kynmaw ba man la ki por step ne por janmiet kin iohsngew ym tang ia ka jingpah **ki sim ‘khar** (sim iing) hynrei kin iohsngew ruh ia ka jingpah bad jingrwai jingsiaw ki **sim saro ne paitpuraw-thoh-tdong** bad kumjuh ka jingkyrkait ka **sim lorni (larni)** ryngkat ka jingpah **ab-ab-ab ka tyngab**. Ha kito ki por ka jinglong khynnah (marsien iohi ia ka tyngab) ngi ju kloï **ban ia bein ia khoh bad kynkok dumok ia ka da kaba kyang bad pyrta jam “ka tyngab ka thok ia u Blei, ka shah tap da u khiew ranei .....bad ka sa iöng kumtei !”** Ani Wow Mei, ka jingbishar ba shida, ba khuid bad ba lui lui (innocent



judgement) kɪ 'nahlung kɪ 'nahrit ! Kaba lyngngoh pat mynta ka long ba kɪ sim saro, kɪ paitpuraw bad ka sim lorni ha lyndet ne kyrpong iing kɪ la sdang ban kynjah jar jar. Ha kɪba bun kɪ iing kɪ sem yn iohi sa tang ia kɪ sim 'khar kɪba ia her bad kɪri sngewbha ha kper ne phyllaw iing ban bam ia kɪ soh khawja, kɪ khawpyrsit bad ia kɪ shylluut jong kɪ jhur kɪ syntiew. Ka jingbun kine kɪ simkhar ka long **ka pharshi khyllah ne ka maian ba phylla aiu re** ba katba kɪ nang bun bad nang kha roi, katta ruh **nang jyllei shi jyllei** ka jingwan tuid ba kham bun shah kɪ bar jylla kɪ bar ri kum kɪ 'khar Bihari, kɪ 'khar Adivasi, kɪ 'khar Bodo kɪ 'khar Boro ryngkat ka jingwan rung ba beañ kɪ 'khar Bangladeshi kɪ 'khar Nepali, kɪ 'khar China bad kumjuh kɪ 'khar Bhutan ne 'khar Tibetan (**ki poi-wir**) ban lum pliah ne kama spah, ban buhai shnong bad ban shongneh shongtan ne im laitluid laitlan hangne. Hato kane kan dei tang ka jingmutdur kumba mutdur u myllung Soso Tham ne kan dei ka **jingshisha kaba la dep jia bad ka ban nang iai jia shuh shuh kumba la pruid dak bad iohi paw da une u myllung ?**

Shaei lut kɪ sier kɪ skei, kɪ 'la thap sim kɪ 'la basa, kɪ skeityrkhang kɪ skeisniang, kɪ 'nailum kɪ 'nairabit, kɪ risang ne bshad saw tdong ba jrong rymphum rymphum, kɪ tngaw kɪ shrieh, kɪ myrsiang kɪ suri, kɪ niangkhlaw kɪ niangkhihied, kɪ tyrpud kɪ dngiem bad baroh kɪ mrad kɪ mreng kɪba ym lah shuh ban iohi ne jer kyrteng hangne ? Shaei ruh kɪ **dohkha dohpnat** ba bun jait kɪba ia jngi khlek khlek ha kɪ um thup thup bad kɪ um ba tuid jai jai jong kɪ wahrit ne kɪ wahbah kɪ **ia leit kha bad lympat pylleng** khnang ban roi kɪ khun kɪ kti ? Balei kɪ **basa dohkha** ba don ha kylleng ka bri u Hynniawtrep **ki thnem thui thui** ban khohsne bad ot dkhot tang ia **ka 'khabah** ba la shalan naduh ka Jylla Andhra Pradesh ? La jia aiu keiñ ia kɪ **'kha mariang ba bang ba shngiam** ka bri jong ngi kum u **'kha-triang** bad kɪ **'khalad** ba jrong shi pruh-ar pruh ryngkat kɪ shalynnai thoh pynieng (ba syriem ia **ka patlun panjama phong thiah**) kɪba ngi ju ia khwai bad kynjut myllen (thlop shi thlop) ban pyndap Ruh ne pyndap paron ? Balei la iap bad jan jah mgai lut kɪ **'kha blusheng** ne kɪ **'kha iangki** ba btiar **sni** ryngkat kɪ **'khasaw ba shngiam** doh ha pung Umiam bad balei ruh la duna kɪ **'khaski** kɪ **'khaputhia**, kɪ **'khasnad** kɪ **'khabseiñ** bad kɪ **'khababia** kɪ **'khatungkra** ha kɪ um kɪ wah ne kɪ basa dohkha jong

ki iëw ki hat ? Kumba roi sted kɪ sim 'khar ne ki paro jong ki 'khar kaïa, balei **ki 'khanongwei ne 'khadkhar** (common carp) ki iöh ban kha roi bad jngɪ sngewbha ym tang ha **pung Umiam** ne ha ki pung dohkha jong kɪ 'riewshimet hynrei wat ha kɪ thwei ne kɪ tharia ka bri u Hynñiew Trep. Lada yn buh jingkylli ïa **ki rawon ieit khwai dohkha** (anglers) balei la jyllei bad byllei tang da **ki 'khadkhar ba blad doh ne blad snep**, jan baroh baroh kin **shu ïa ang shyntur bad pyrkhath lyngngoh** ! Ha kɪ krem kɪ kroh aïu pat ba **ki dohthli bad 'khamakur** jrong tmaiñ kɪ ïa khlong bad ïa ksam thliew ban leit wad bam ne leit wad wieh ?

Haba bishar sani bha ïa la ka bri **ba shong kun shong sbai** ym lah satia ban len ba **u Nongthaw u Nongbuh u la kyrkhu kyrdoh bad buh kyrpang** ïa shibun kɪ jingim ba laiphew skit ryngkat kɪ spah ramew kiba ym lah shuh ban batai hangne. **Kaba pynsngewsih bad pynbynñiaw** pat ka long ba kat shaba ngi leit ngɪ phai ngin iöhi sa tang **ki jinglilam ba shu kyrkieh syndet bad pyrdet** ïa kɪ spah ramew bad ka **jingpynjot-pynjulor ba ishyrkhei bad ima haduh katta katta** ïa ka Mei Mariang namar kɪ kam pynroi kum ka khlong mawshun mawleiñ, ka khlong moïong dewïong, ka khaïi mnga ne khaïi dieng (diengmet) bad kiwei kiwei kɪ jait kam kiba **la pynjaw ummat kthang** ïa kɪ hajar hajar ngut **ki nongrep** namar ba la jot bad sniew lut kɪ jaka rep jaka riang jong kɪ. Hoodid, wat la kine kɪ kam pynroi **ki ban neh tang shipor** kɪ dei kiba la wan rah jingmyntoi **shi sbuk** ïa kɪ nongwei, hato kam dei pat ka jingshisha ba kɪ trai par ne 'riewshimet kɪ la iöh sha lade tang kum **ka bai shun ne bai chuni** ?

**Hato u Hynñiew Trep u dei u bym khuslai ne pyrwa ban pyrkhath bad iöhi jngai** ? Wat la sngew **jngan** ban jubab ïa kane, donkam pat ban kylli ïa baroh "hato kɪ longdien mandien kim **donhok** ban pyndonkam lem ïa u mawshun, u mawleiñ ne u moïong dewïong bad kiwei kiwei kɪ spah ramew na ka bynta ka jingdonkam jong kɪ lashai lashisngi. Hato ruh kin ym **kotbor ban seng ïa kɪ karkhana** ban tylliath dewbilat ne saiñ ïa u mawleiñ ban iöh ïa u nar rod ne u nar steel lane ban shna ïa kɪ tiar kɪ tar ba bun jait kiba ngi thied bad shu shaniah lynter na kiwei pat kɪ Jylla?" Lada ka jubab ka long **hoodid kɪ donkam ïa kɪ**, balei pat ngi leh bym suidñiew bad kheiñsting katne katne ban pyrkhath ne iöhi jngai kumno ban buh ne bhah lem ïa

ka jingdonkam jong ki ? Kumba la ong da mano-re ba **ka jaitbynriew ka bym pyrkhath ne iohi jngai..... ka lamwir bad kan sa shu jah rngai**. Hato ngi dei kiba lamwir ne ki ban im tang da ka jinglamwir **khngan ban myntoi lade shimet** ? To kam pher bad kam lei lei namar (**long katba long**) ngim dei satia ban shu ia **klet biej ba 70 ne 80** ki nongshong shnong ka Jylla ki dei ki nongrep (**ki budlum**) kiba ju kyrshan **met bad mynsiem bad ki ban nang iai kyrshan shuh shuh ia ka ioh ka kot** ka Jylla bad ia baroh ki nongshong shnong jong ka. Haba ka long kumne, hato kam dei ia ngi ban **pyrkhath jngai** ba **ka kam rep kam riang** ym tang ba ka dei ka jait kam ka ban ym pynjot jynjulor ia ka Mei Mariang kumba long ka **kam jngohkai pyrthei** (tourism) hynrei ka dei ruh ka kam ka ban kyrshan shilynter jingim ia man la ka thliew iing thliew sem ki khun ki ksiew ne ki lawei jong ngi ?

**Kumno pat ki mrad ki mreng bad ki sim ki doh kin pynriewspah ia ngi** ? Wat la ka por ka la **dier** bad poi ha **thmit** ne ha **thwei** baroh ngi tip ba kine ki jingim u **Nongthaw u Nongbuh** ki ju pynnoh synñiang sha ka Mei Mariang da kaba thung bad pynphriang ia bun jait ki symbai ki mrai jong baroh ki jingthung ki jingtep kiba phuh syntiew bad bah soh namar ki ju bam ia kine ki soh ryngkat ki symbai (kum ka **skei** kaba ju bam bad pynphriang ia u sohmylleng). Haba khot ka mariang (leit pañkhana) ki ju pynhap noh ia ki symbai na kpoh jong ki sha sla khyndew (ryngkat ka eit ne ka sboh) bad suki suki kine ki symbai ki suhthied ban heh ban san. **Dei kumne keiñ ba rben ki khlaw ki btab bad kharoi ki jingthung ki jingtep**. Ki khlaw ba rben ki iarap pat ym tang ban bat ne kynshew ia ka um slap ne 'dew sboh hynrei ki pynmih ruh ia ka lyer kaba khuid ba suba bad ki long ruh ki iing ki sem (habitat) jong ki mrad bad ki sim ki doh. Na ki khlaw diengmet ne ki rain forest (ym ki diengkseh ne ki lum kseh) kine ki jingim ki ju ioh pahuh ka bam bad ki nongrep ruh **ki kmen bad heh mynsiem** namar ka umrep umriang ryngkat ka umdih **ka ju kyrsoi ha baroh ki saw aïom**. Ia ka **jingkharoi** ki khñiang ki ksiah kiba ju pynjulor ia ki jingthung jingtep **la ju iarap ban pynduna ia ki** da bun jait ki jingim (predators) kum ki sim, ki jakoid, ki dohkha, ki 'ñiangbshiah, ki thapbawa bad kiwei kiwei namar baroh ki khñiang ki ksiah ki dei ki jingbam ba bang ba shngiam jong ki. Haba ka long kumne **aïu pat ki nongrep kin khulai**?

Khnanng ba ka bri u Hynñiew Trep kan phuh kan phieng bad wan dur wan dar biang sa shisien bad kumjuh ruh kumno **ka ioh ka kot ka Jylla kan nang iai kiew**, ai ngin iada noh ia ka Mei Mariang bad baroh ki jingim kiba don ha ka da kaba tyngkai bad adkar noh ka jingpyndonkam ia ka jri siat sim (ka watur ne batur) bad ka ryntieh ne suloi siat skei siat shrie bad ban thaw ruh **shibun ki aiñ ki kanun kiba khlaiñ bad pyrkhing bha** na ka bynta ka bha ka miat **ki khun ki ksiew bad ki doh ki snam**. Ia kine ki aiñ ki kanun dei ban pyntreikam noh (kham kyrkieh) na manla ki shnong ki thaw ne ki iing ki sem khlem da ap ia ki adong ki adit jong ki bor sorkar ioh ngin shu babe sepei ha ki sngi ba khatduh ka jinglong tymmen. Ban **khuslai bad ban babe** (regret) katba ngi dang im ne ring mynsiem hato kan ym dei **ka nurok ksuid ne ka dujok** (ha sla pyrthei) bad ban **kmen ne heh mynsiem** hato kan ym dei pat tang **ka jinghun mynsiem ne ka bneng** (ha sla khyndew) ?

Ki khlaw ki btab ba iar ba rben, ki wah ki kshard ba tuid bad noh rymphum rymphum bad baroh ki jingim ba don pahuh pahai ym tang ba kin pynshngaiñ bad kyntiew ia ka ioh ka kot **ki nongrep** hynrei kin **khiring** shuh shuh ia ki nongingohkai pyrthei (tourists) na kylleng ki ri namar baroh baroh ngi tip ba ki tourist **ym tang ba ki wan theh pisa ne wan theh klur** hynrei ki ia leit pur khana ruh sha la ki lok ki jor shaphang **ka jingitynnad bad jingiphuh iphieng i Mei Mariang u Hynñiew Trep**. Dei kumne keiñ **ba ki jingim u Nongthaw u Nongbuh** kin pynriewspah ia ngi !

Ki riewstad ki ju ong ba ia kaei kaba u **Blei u lah ai, u khun bynriew u lah bam duh bad pynjot pynjolor** (what God has given, man has destroyed) ! Kane ka dei **ka jingshisha** kaba la jia ha kylleng ka bri u **Hynñiew Trep** bad ha satlak pyrthei hynrei **don jingeh** ai pat ia ngi ki pateng kane **ka juk stad ka juk shai** ban ong kylla ba **ia kiei kiei kiba u Trai Kynrad u la theh kyrpang ha ngi.....ngin pyndonkam, ngin phikir bad ngin bhah ngin tyngkai ruh** ia ki lawei bad ki longdien mandien ? To ngin ia sngap lem ia ka jingud jingnam **ki jingim u Trai Kynrad da ki shkor ba iohsngew kyndiang, ki khmat ba iohi shai kdar bad ka bor jabieng ban pyrkhat bad iohi jngai !**

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## **KI JINGMYNTOI BAD KI JINGEH KIBA NGI İOH NA KI DIENGKSEH**

Ka Jylla Meghalaya ka long ka Jylla ba don shibun ki lum ki them, ki riat k1 ram, k1 wah ki kshaid bad ha ka ruh don shibun ki khlaw k1 b1ap, ki jingthung ki jingtep, ki jhur khlaw ne k1 kynbat dawai bad ki jait dieng bapher bapher kiba riwspah, kiba itynnad bad kiba ithiang shisha ban peit. Ban kham shai ki nongpule, ki khynnah skul k1 khynnah kolej **bad khamtam ki nongrep**, ai ngin bynta ia k1ta ki jait dieng bapher bapher tang ha ki ar bynta. Kawei ka bynta ka dei shaphang **ki diengkseh (pine trees)** ne **ki lum kseh kaba ngin ia phylliew jingmut kham bniah hangne** bad kawei pat ka long **ki diengmet (hard wood trees)** ne **ki khlaw diengmet ba la tip** kyllum kum ki rainforest.

Ki diengkseh k1 don kumba san, hynriew jait ei ei bad ki Diengmet pat ki don bun bun jait. Lait na u diengkseh khasi (***Pinus khasiana***) uba ju mih ha kylleng kylleng ki jaka lum (High and Mid altitudes) jong ka East Khasi Hills, ka West Khasi Hills, ka Jaiñtia Hills bad ka Ri-Bhoi District, ia kiwei pat ki diengkseh la ju tip kyllum kum ki kseh phareng ne k1 kseh bilat. Kine ki kseh bilat kim bun ne kim pahuh kumba long u diengkseh khasi.

Ki jingmyntoi (**advantages**) ba ngi ioh na ki diengkseh khasi ki long ba kine ki dieng ynda k1 la heh la san, k1 tra1 ki ioh kama1 pisa ban die diengi1ap na ka bynta ka shet ka tiw ne ban die diengsawdong ban ot ban stah lyntang na ka bynta ka shna iing shna sem ne ban shna tiar shna tar kum ki Mie1 ki Shuki bad kiwei kiwei (Furnitures). Ki Diengkseh ki wan rah ia ka jingjyrngam, jingikhuid jingisuba, ka jingipynggad bad jingitynnad ka Mariang. Ki diengkseh ki iarap ruh ban pynitynnad bad ban pynwan dur biang ia k1to ki jaka shrah bad ki lum syllen (waste & barren lands). Ki symbai diengkseh ki long kiba pahuh ne kyrhai ban ioh hynrei k1 symbai diengmet kim pahuh kumba pahuh ki symbai diengkseh.

Ia ka liang ka rep kba, lada yn leit sieh da kɪ tnad u diengkseh ha kɪ jaka ba ju rung ka um sha ki hali ne ki pynthor kba kan iarap ban pynher krad (repel) ia kɪ khñiang kiba ju sop bad bam ia u sla jong u kba (**leaf folders**) namar kine ki khñiang kim lah shah satia ia ka jingsma ka khleiñ kseh (**turpentine oil**). Ka khleiñ kseh ka iarap ruh ban pyniäp ia u sohpaillen uba ju don ha ki pynthor kba. Une u sohpaillen (**blue-green algae**) u ju pynthut bha ia ka koit ka khñah ki jyntang kba bad lada u bun palat ha ki pynthor kɪ hali, ka jingbah soh u kba kan duna shibun. Ia kine ki ar tylli kɪ lad jingñada la ju leh naduh ka por kɪ mynbarim. U 'ñiuh kseh (**pine needle**) u long ruh ka jingkyrkhu ia kito ki longñing longsem kiba duk bad kham kyrduh namar ki ioh ban shna ia ka tynsok (**mattress**) ban thiah ne pynaram ia ka met ka phad. Kine haneng kɪ long khyndiat kɪ jingmyntoi ba ngɪ ioh na kɪ diengkseh ne kɪ lum kseh. Lada ngin tɪh kham bniah pat shaphang kumno ki diengkseh ne kɪ lum kseh kɪ wan rah ia shibun kɪ jingeh ia ki shnong kɪ thaw **bad khamtam ia ka rep ka riang (disadvantages)**, ka la dei ka por ba ngin ia ngam kham jylliew bad pyrkhat ia kine kɪ mat ne ki phang ba la kdew harum :-

1. Lada ngin dung ne tylliät ia u 'ñiuh kseh ba dang lung ne ba dang im dang jyrngam ha u thlong ne ka mashin tylliät (grinder) ngin lap **ba u shu sngem malu mala** namar ha u 'ñiuh kseh ym don um kumba ju don um ha u sla pudina ne ha kɪ sla jong kiba bun jait kɪ jingthung ne kɪ diengmet (**broad leaf trees**). U 'ñiuh kseh ynda u hap hapoh khyndew, kumba long ka plastik, **un ym pyut satia ban pynsboh ia ka khyndew** hynrei u shu kylla rong (na ka rong jyrngam sha ka rong ktieh). Lada ngin buh 'ñiuh kseh ha ka sem sniang kumba shɪ snem-ar snem ei ei bad lada u sniang un iuh un kyrñiom katno katno ruh, u 'ñiuh kseh un ym pyut satia ban long sboh. La ju lap ruh ba ka jaiñ kaba ngi shna tynsok da u 'ñiuh kseh ka kloi bha ban pyut katba u 'ñiuh kseh pat u shu tyrkhong raw-raw bad um ju pyut satia.
2. Ki lum kseh, **tang khyndiat khyonsoit eh** kɪ lah ban iada ia ka 'dew sboh na kaba shah rong noh ha ka um slap (slight prevention of soil erosion) namar kɪ 'ñiuh kseh (ym kumba long kɪ sla jong kɪ diengmet) kɪ rit bad raikhoh kum u thyrnia. Ha kɪ bnai lyiur, ia kaba bun ka 'dew sboh (top soil ne fertile soil) la ju rong noh da ka um slap sha kɪ jaka them. Lada ngin leit iaidkai

pyngngad da ki kjabat suda (bare-feet) ha ki lum kseh ngin lap ba ka khyndew ka eh bad ka dung ka thar ia ki kjabat namar ka jingtyrkhong jong ka. Namar kane ka jingtyrkhong ka khyndew, ki lum kseh bunsien kim ju lah ban bat ne kynshew (harvest) ia ka um slap wat la ka jur slap katno katno ruh (no water retention/conservation). Kaba bun ka umslap ka shu tuid sepei sha ki jaka them (run off) bad tang khyndiat eh ka ksam bad sahkut ha ki lum kseh. Ia ki shyngyiar ne ki umpohliaw kiba ju don harud ki khlaw diengmet kiba pynmih bad pynkyrsoi ia ka umdih kaba bang bad ba shngiam, ngin ym lap satia ba kin don harud ne ha trai ki lum kseh kiba la palat ia ka 25 ne 30 snem shaneng. Hangne ngi dei ban sngewthuh ba ki lum kseh ki wan rah ia ka jingkyrduh ha ka um rep um riang, ka umbam umdih bad kumjuh ruh ka jingkyrduh um ban bsa ia ki pung ba pynmih ia ka bording elektrik (**kum ka pung Umiam ne ka Umiam Lake jong ka MeSEB**). Mynta kane ka pung ka ju ioh um tang ha ki bnai lyiur namar jan baroh ki tyllong um jong ka (**catchment areas**) ki lah bun palat da ki diengkseh.

3. Ki lum kseh wat la ki long ki baheh, ki baiar ne ki barit, ki long bunsien kiba khuid ba suba bad kiba lah ban iohi lyngba na kawei ka tduh sha kawei pat ka tduh. Ki sim ki doh bapher bapher kiba ju bam bad im da ki khfiang kiba ju pynjulor ia ka rep ka riang (**predators**) kim ju shna ia ki skum jong ki ha ki lum kseh ne u diengkseh (**lait noh tang ka tyngab**) namar ha ki lum kseh ym don jingia da ia ki. Ki mrad khlaw ba bun jait ruh kim ju shong ju sah ha ki lum kseh hynrei ki shu iaid lynti lyngba jong ki namar ym don jingbam ia ki. Ki jhur khlaw ba bang bad ba shngiam kiba tei bha ia ka met ka phad ne ki kynbat dawai ba bun jait (**medicinal herbs**) bad kiwei kiwei ki jait jingthung kim lah ban mih ne ban khie ban san ha ki lum kseh lait noh tang uwei-ar kum u sohpanghlieh (**Lantana khasiana/camara**) bad u tit syiar (**wild mushroom**). Ki kynbat dawai kiba ju mih ha ki tnad jong ki diengmet, da lei lei ruh ngin ym lap ha u diengkseh. Ka daw ka long ba u 'fiuh kseh bad ki diengkseh ki pyntyrykhong, ki pynjew bad pynbun ia ka asid (**acid**) ha ka khyndew. Ka khyndew na ki lum kseh kaba lah dep thew ne dep test ha ka Laboratory jong ka Research Station, Jowai,

kaba dei ka tnad jong ka rep ka riang ha Jaiñtia Hills, ka pyni ña kata ka **pH** ba ka poi tang **5.3, 5.4**, kaba mut ba ka acid ka khlaññ bor bha ban pynjew ña ka khyndew (**strongly acidic**). Ka **pH** ka dei ka dak ne ka jingthew ban pyni ña ka jinglong jingman ka um ne ka khyndew bad ban tip ruh ña ka jingdon ka acid ha ka um ne ka khyndew lane ka **pH** ka dei ka jingthew ña ka **jingjew (acidity)** bad **jingkthang mluh (alkalinity)** ka um ne ka khyndew.

Ka jingthew ña ka **pH** ka dei naduh **1 haduh 14**. Lada ka **pH** ka long **1 haduh 4.5** ka mut ba ka acid ha ka khyndew ka jur bad khor bha ka jingjew (**extremely acidic**) kum kito ki khyndew ba don ha ki par dewñong. Ka **pH** ba **4.6 haduh 5** ka pyni ba ka acid ka dang khlaññ bor kumjuh (**very strongly acidic**). **5.1 haduh 5.5** ka **pH** ka mut ba ka jingkhlaññ bor ka acid ka dang pynjew ña ka khyndew (**strongly acidic**). Ka **pH** ba **5.6 haduh 6** ka kdew ba ka bor jong ka acid ka shu long pdeng (**medium**) bad ka **pH** ba **6.1 haduh 6.5** ka pyni ba ka bor jong ka acid ha ka khyndew ka shu long malu mala (**slightly acidic**). Naduh **6.6 haduh 7.3** ka **pH**, ka mut ba ka khyndew kam jew ne bang mluh hynrei ka shu long pdeng (**neutral**) bad ka **pH** ba **7.4 haduh 14** ka pyni ba ka khyndew ka kthang mluh bha (**alkaline**) kum kito ki khyndew ba don ha ki par mawshun. Khnang ba ka rep ka riang kan long kaba kham seisoh, ka ophis jong ka rep ka riang ka ju hikai bad kyntu ña ki nongrep na ka por sha ka por ban phah thew ne phah test ña ka khyndew. Lada lap ba ka acid ka don bun ha ka khyndew, la ju hikai ña ki nongrep ban ber da ka shun kpu ne shun powdar (slaked lime) shwa ban lur ne ban rep ban riang khnang ban pynduna ña ka acid. Ka khyndew kaba don ña ka **pH 5.5 haduh 6.5** ka biang bha ban rep ña ki jingthung kum u slash, u kba ne u phan. Lada ki nongrep ki **sngewthuh kham bha shaphang ka jinglong ka khyndew ne ka pH**, ka rep ka riang jong ki ruh kan bha bad ai jingmyntoi kham bun ña ki.

4. La ju lap barabor ba ki pung dohkha ne ki pynthor kba kiba don harud ki lum kseh, ki dohkha ki shim por ban heh ban san bad u kba ruh um lah ban kha tynrai ne bah soh shibun (stunted growth). Haba ka long kumne, ka Jylla kan sahdien ha ka jingpynmih khambun ña u kba u khaw bad kumjuh ña ka ri dohkha. Ka daw ka long ba ki um ba ju mih na ki lum kseh ki don kham bun ka acid bad ki jingbam kiba tei ña ki dohkha ne u kba ki



duna bha ha kum kine ki um. Kine harum ki long ki **pH** jong ki um nongmuna (**water samples**) kiba lah dep thew ne dep test ha ka Laboratory jong ka Research Station, Jowai bad ha ki Laboratory jong ka Zoology bad Bio-Chemistry Department ka Saint Edmund's College bala iarap da i Dr. D.R.Thangkhiew, Head of Department, Department of Zoology :

- a) Ka **pH** jong ka um ba jreiñ na ki lum kseh shuwa ban poi ka shnong Pommura (East Khasi Hills) ka long **6.1, 5.73** bad **5.8 (medium)**. Kane ka um ka duna acid namar la lum bad thew ña ka tang hadien shisngi ba hap u slap.
- b) Ka **pH** jong ka um ba la lum na i wah duid (small stream) na Ngam Jylliew, ka jaka ba don harum ka shnong Mawryngkneng (East Khasi Hills) ka long **6.4, 6.3** bad **6.36 (slightly acidic)**.
- c) Ka **pH** jong ka um slap ba hap ha ka sor Shillong (Lumkshaid) ka long **6.4, 6.16** bad **6.28 (slightly acidic)** bad ka **pH** jong ka um slap ka sor Jowai (Lad Thalaboh) ka long **5.7, 5.8** bad **5.95 (medium)**.
- d) **5.8** pat ka dei ka **pH** ba la thew ha ka Research Station, Jowai ña ka um ba la lum na ka Lum Kseh kaba don ha rud ka pynthor Neng, hajan ka wah Myntdu, Jaiñtia Hills.
- e) Ka **pH** jong ka um ba mih na ka lum ba don shibun ki diengkseh bad khyndiat ki diengmet (mixed forest) hajan ka shnong Mookyndur (Jaiñtia Hills) ka long **5.5, 5.48** bad **5.52 (strongly acidic)**.
- f) Ka **pH** jong ka um kor (tap water) ha Research Staion, Jowai ka long **6.64 (neutral)**. Ka **pH** jong u 'ñiuh kseh ba la tylliati pynlwet bha bad uba la khleh lang bad kane ka um kor ka poi tang **3.49** bad kumjuh ka **pH** jong u 'ñiuhkseh (ba la dep tylliati) uba la khleh bad ka um kor ba la pynkylla jynhaw (distilled water) kaba don ña ka **pH 7.25**, la shem ba ka poi tang **3.38 (extremely acidic)**.

Haba bishar bniah ña kine ki **pH** ba la kdew haneng, **mangi ki paidbah bad khamtam ki nongrep** ngi dei ban sngewthuh kumno ki diengkseh ne ki lum kseh ki wanrah ña shibun ki jingeh ha ka kam rep kam riang. Lada ngin rep jhur, thung syntiew, thung sohtrun ne

thung ia ki tynrai diengsoh bapher bapher ha trai ne hapoh ka jylli (canopy) u diengkseh, kine ki jingthung kin ym plung ban khie ban san. Haba bishar bniah pat ia kito ki pung dohkha bad ki pynthor kba kiba ju don harud ki khlaw diengmet ne ki rainforest, la ju lap ba ki dohkha-dohpnat ki kloī bha ban heh ban san namar ki ioh pahuh ia ki jingbam ba la tip kum ki **plankton** (ki khñiang rit ne kita ki microscopic organism) ba la wan rah wan rong da ka um bad kumjuh ruh u kba u ju kha tynrai bad bah soh shibun. Ynda la dei ka por ia u kba ban ih, manla ki tynrai kba kin noh rynjup rynjup namar ka um na ki khlaw diengmet ka long kaba bang bad ba shngiam bha ia u kba. Ka **pH** jong ka um ba kyrsoi na ki khlaw diengmet ka shnong Nongiri ka long **5.9, 5.8** bad **5.85 (medium pH)**. Lada ngin ai um ia ki syntiew da ka um kaba don ia ka **pH 5.5** haduh **6.5 (medium pH)**, ki syntiew kin heh kin plung bad kin suh sieng iwbi (kumba la batai da i Dr. J.K.Durong, i Director ka Agriculture Department bad iba la shongthait noh na kane kam ha u snem 1998). Kat kum ka jingwad bad jingtih bniah i Dr. D.R.Thangkhiew, i batai ba ka um kaba don ia ka **pH 6.4** haduh **7.7 (neutral pH)** ka long ka um kaba biang bha ban ri ia ki dohkha ki dohpnat.

5. Jan baroh ki mrad bad ki sim ki doh ki ju bam ruh ia ki soh khlaw ryngkat ia ki symbai kiba don hapoh kita ki soh. Hynrei namar ba ka kpoh jong ki kam lah ban tylliat (digest) ia kita ki symbai, kumta haba khot ka Mariang (nature's call) ne haba ki leit paiñkhana ki ju pynmih noh ia kito ki symbai ryngkat ka jaboh (eit) jong ki. Namar ba ka eit mrad ne eit sim ka dei ka sboh (**organic manure**), tang hadien shisnem ne katto katne por kito ki symbai ki kloī ban khie ban san (**germinate**) bad dei kumne keiñ ba ki mrad bad ki sim ki doh ki **iarap ban pynsaphriang** kylleng kylleng ia ki tynrai jingthung ne ki **tynrai diengmet ha sla ka Mei Mariang (dispersal of seeds)**. Ia ki sim bad ki mrad ki mreng kum u hati, u khla, ka skei, u risang, ki shrieh bad kiwei kiwei bunsien ngin lap ba ki im bad ki shong ki sah tang ha ki khlaw diengmet ne ki khlaw rben (**natural habitat**). Kine ki jingthaw jong U Blei ki iarap ban pynbha bad pynlong ryntih ia ka Mariang ia kaba la tip kum ka **ecological balance**. Lada ka ecological balance ka dang biang, ka jingim ba manla ka sngi ia ngi ki bynriew kan biang bad don jingshngaiñ. Lada ngin phai sha kylleng kylleng ka Jylla

(lait noh ka Garo Hills) ngin iöhi **ba ki khlaw diengmet ki la duna shibun bad sdang duh jait** bad la mih kham bun da ki lum kseh. Haba ka long kumne ki mrad bad ki sim bapher bapher kin phet ne kin krih noh sha jngai (**migrate**) bad ka jingduhnong kaba khraw kan dei ym tang ia ngi hynrei khamtam **ia ki khun ki ksiew bad ki pateng ba shadien**.

6. Ki jyrmu (**creepers**) ba bun jait kim ju kham pur ha u diengkseh lait noh tang uwei-ar kum u jhur piskot (chow chow). Ki rawon khwai dohkha (anglers) ki bynñiaw, ki diaw bad dukha mynsiem namar lada kin leit tih wieh (earthworm) na ki lum kseh ban khwai dohkha ne khwai dohthli, kin ym iöh satia namar u wieh um ju shong ju sah ha ki lum kseh namar ba duna ki jingbam bad ba tyrkhong palat ka khyndew. U wieh (**decomposer**) u ju iarap ban pynpyut bad pynlong sboh ia baroh ki jait sla hynrei lait noh ia u 'ñiuh kseh. **Ki riewstad ki ong ba u briew u dei ban ieit bad kheñkor ia ka 'dew sboh kaba kyrshan bad bsa ia ka jingim jong u kaba manla ka sngi, junom la junom bad pateng la pateng (man owes his life to a six-inch layer of fertile soil).**

7. Ka jinghap ryntih u slap ha kine ki khyndiat snem ka la nang duna bad ka daw **lehse** ka long ba ka **evaporation** ne ka **jingpynmih jynhaw** na u ñiuh kseh ne ki lum kseh ka duna palat namar ka jingtyrkhong jong ki. Haba duna ka jynhaw ban kiew sha sahit bneng, ka jinghap ryntih u slap ruh kan duna (**scarcity of regular shower/rainfall**) bad haba duna u slap yn bun sa tang ki jingeh ba har rukom kum ka koit ka khiah, ka jinghiar ha ka rep ka riang bad ka jingduna um ne jingringswai ki pung ka MeSEB. Ban sakhi ne pynshisha ia kane ai ngin peit thuh bad bishar bniah ia ka jingioh slap ki shnong ba don markhap bad marjan ka pung Umñam jong ka MeSEB kum ka Mawlyndep, ka Umbir, ka Umsaw, ka Umbang, ka Sumer, ka lad Umroi, ka ICAR Complex bad ka Nongsder (ki shnong ba don ha Ri-Bhoi District) bad ka Mawñong (ha East-Khasi Hills). Ha ki bnai lyiur kine ki shnong ki ju iöh slap jan manla ka sngi (ha ki por janmiet) namar ba ka evaporation na ka pung Umñam ka ju jia manla ka sngi. Kumba long 25-30 snem mynshwa, baroh ngi ju kynmaw **ia u slap ba 9 sngi 9 miet** hynrei mynta

pat ka long kaba sngewsih ba ngi ioh ia u slap uba tang katto katne kynta lane tang 2-3 sngi lynter. **Kane ruh ka ju jia lada don kita ki 'eriong ki 'erngit (cyclone) ne ki depression ha ka duriaw bah jong ka Bay of Bengal.**

8. Ia ki khlaw diengmet la ju tip ba ki dei kita ki **wind breaker** kiba ju iarap ban iada ia ki shnong ki thaw ban lait na ka jingshah lyngshop ne ka jingshah khyrwait ha ki bor jong ka **lyer** kum ka 'eriong ka 'erngit namar ki long kiba dap bad rben da ki jingthung bapher bapher (**thick undergrowth**). Ki lum kseh da lei lei ruh kim ju lah ban pynpra ne pynduna ia ka bor ki 'eriong ki 'erngit namar ka jingstang bad jinglyngkhuid jong ki. Haba jur ka lyer, ka 'dewsboh na sla khyndew jong ki kper ki phrah ka ju shah rong noh sha jngai bad sha ki jaka them bad suki suki kine ki kper ki phrah ki sah sa tang ka 'dewksang ne ka 'dewlyngki (sub-soil) ka bym pynmyntoi ei ei ia ka rep ka riang. Ka lyer ka ju rah ju rong ruh na kawei ka shnong sha kawei pat ka shnong ia ki khñiang jingpang ba bun jait kiba ju ktah ia ka koit ka khiah ki jingthung ki jingtep, ki jingri ki jingdup bad kumjuh ruh ia ngi ki briew (**air-borne diseases**).
9. Ka jingbam shngiam ka ding ha ki bnai tlang ki bnai tyrkhong ka kham jur ha ki lum kseh namar ka jingtyrkhong palat u 'ñiuh kseh ne ki lum kseh. Ka ding ka dei ka nongbam duh ym tang ia ki jingthung ki jingtep hynrei ia baroh ki jingim bapher bapher kiba ai jingmyntoi ia ngi ki briew.
10. Ka jingeh kaba khatduh kaba ngi ia kynduh na ki lum kseh ka long ba kiba bun ki wah duid bad ki wah bah (**streams and rivers**) ki la sdang ring tyrkhong ring swai ha ki bnai rang ne ki bnai tlang. Wat la mynta ngi im ha ka **juk jong ka stad saian, hynrei kata ka jingstad saian** da lei lei ruh kan ym lah ban iarap ei ei ia ka jingkyrduh um lada ka jingpynjulor ia ka **Mariang** bad ka jingpom ia ki diengmet khlem da kheñ da diah ne bishar bniah ka dang iai bteng kumjuh. Kumba la kdew shakhmat, ki khlaw diengmet ki iarap ban bat ban kynshew ia ka 'dew sboh bad ka um slap (ia kaba la tip kum ka **Natural Rain Water Harvesting**) bad ka umrep umriang ne ka umbam umdih **ba bang bad ba shngiam** ka ju mih bad kyrsoi ha baroh ki saw aïom na kine ki khlaw. Ka

jingbun palat kɪ diengkseh bad ka jingduna kɪ diengmet ne ki khlaw diengmet ka pynthut bha ɪa ka **ecological balance**:

Khngan ban ɪoh biang ɪa ka Mariang kaba pahuh pahai ha ka umrep umriang, ka umbam ka umdih kaba khuid bad bashngiam bad kumjuh ruh kumno ki pung ba pynmih ɪa ka bording elektrik kin ɪm ring swai ring tyrkhong ha ki bnai rang ne ki bnai tlang, **ka la dei ka por ɪa ngi ban ɪeng rangbah noh** kumno ban pynduna ɪa ki diengkseh bad ban pynbun bad pynneh pynsah ɪa ki **khlaw diengmet kiba dang don hangne hangtai** da kaba thung ne kham pynroi shuh shuh ɪa ki. ɪa ki diengmet dei ruh ban thung hapoh ki lum kseh lane hapdeng kɪ diengkseh namar ki diengmet ɪm tang ba ki bat ki kynshew ɪa ka um slap hynrei kɪ sla jong kɪ (**leaf-mould**) ki ɪarap ban pyntngen, ban pynbha bad ban pynsboh ɪa ka khyndew. Ban pynshisha ɪa kane ai ngin leit ɪard kai ha ki khlaw diengmet da ki kɟat (khlem phong juti) bad ngin lap ba ka khyndew ka shong tngen shong sngem ha baroh kɪ saw aïom bad ka jem kum kato ka Karpet ba ju siang ha ki ɪing ki sem. Ki **'law adong** ba la tip kum ki **'law kyntang** ne ki **'law lyngdoh (sacred groves)** bad kumjuh ki **khlaw raij** kiba don shibun ki diengmet ki dei ki nuksa ba paka eh. **Na ka jingiohi jngai ki longshwa manshwa** kine ki khlaw ki dang neh dang rben haduh kine ki sngi namar ɪm don uwei ruh u ban nud ban leit pynjutor ɪa ki ɪoh shah khyrwait ryndang ha u ksuid u khrei. Ki longshwa manshwa ki ai jinghikai kumne namar ki la ɪohi bad sngewthuh lypa ba ki pateng ba shadien kin ɪa leh kat lah kat ɪai ban khwan bad pynmyntoi tang ɪa lade. Lada ki khynnah skul khynnah kolej kin pule bad tih kham bniah shuh shuh ɪa kane ka phang (**do more research**), kan ɪarap shibun ban pynmyntoi ɪa ka jingpule bad ka jingim jong ki lashai lashisngi.

Kum kito ki jingim bad ki jingthaw bapher bapher kiba ju ɪarap ban pynbha bad pynlong ryntih ɪa ka Mariang ne ka ecosystem, ai ma ngi ki bynriew kiba dei ki jingthaw ba kham kyrpang jong u Nongthaw u Nongbuh ngin shim ha lade ɪa ka lyngkor kaba khia katta katta ban pynbha bad pynneh pynsah ɪa kane ka Mei Mariang kaba bsa bad ai bam ai buif ɪa ngi manla ka sngi bad ban pynwandur biang sa shisiën ɪa ka **ecological balance** kaba la jan duh jan ɪap. Baroh ngi sngewthuh ɪa ka jingkordör ka umbam umdih, ka umseh umsum kaba pahuh pahai bad kumjuh ruh ka jingdonkam ɪa ka bor ding elektrik ha baroh ki 24 kynta. Kumta, ha

manla kɪ tyllong um (catchment areas), ai ngin pynrben da kaba thung shibun ki diengmet bad ai ngin ɪada noh ɪa ki mrad khlaw bad ki sim ki doh ryngkat ki Dohkha dohpnat da kaba ai lad ɪa ki ban nang kharoi shuh shuh ha pneh kane ka Mei Mariang. Kane ka dei ka jingkitkhlieh (onus) jong ngi ki pateng ba mynta khnang ban shngaiɲ ki pateng ki ban wan.

Ai ngin kynmaw ba ki jingpah jong ki mrad bad ki jingrwai jong ki sim ki doh bapher bapher ki dei ki dak ki shin jong ka jingshngaiɲ haba ngi ɪaid lynti ha ki lum ki wah bad kɪ khlaw ki bɬap bad kumjuh ruh ai ngin kynmaw ba ki dei ki sur jingrwai kiba thiang tam (sweet melodious songs) kiba pyntngen bad pynpyngngad ɪa ki jingmut jingpyrkhat jong ngi. Baroh ngi tip ruh ba kane ka pyrtnei kam dei satia tang ka jaka shong jaka sah jong ngi ki bynriew, hynrei ka dei ruh ka jaka shong jaka sah jong baroh ki jingim bapher bapher ba la bynta da U Trai Nongthaw Nongbuh. Ai ngin ɪa shong ɪa sah ryngkat ryngkat bad kine ki jingim junom la junom bad pateng la pateng da kaba tyngkai bad adkar noh (refrain) ka jingpyndonkam thlap shi thlap ɪa ka jri siat sim (ka batur ne catapult) bad daiɲ shi daiɲ ɪa ka suloi shiktang arktang namar ki khun ki ksiew kin donkam ruh ɪa kine ki jingim.

Ai ruh ngin pynkynmaw ɪa lade ba “Ka Mei Mariang ka lah ban pyndap bad pynbiang ɪa baroh ki jingdonkam jong ngi ki khun bynriew hynrei da lei lei ruh kan ym lah ban pynbiang ɪa ka jingrhah jong ngi (mother earth can satisfy all our needs but not our greeds)”. Ka lawei bashngaiɲ bad ba baphyrnai ki khun ki kti bad ki longdien mandien (future generations) ka shong eh ha ngi ki pateng ba mynta kumno ban pyrkhat bad ban sumar sukker ne ban pynwandur biang ɪa kane ka Mei Mariang kaba la ring-swai ring-tyrkhong bad khamtam ban ieit bad burom ɪa baroh ki aiɲ jong ka.

“Wat la ka Jylla jong ngi ka don pahuh ki diengkseh, ngi dei pat ban kynmaw ba ki diengkseh ne ki lum kseh kim dei satia ki khlaw bad khlem ki khlaw ki bɬap ka jingim jong ngi ki “riewlum kan long kaba dum, kaba jynjar bad ka ban kordit”.

\*^\*^\*^\*^\*

## LYNNONG - X

### LADA YN REP RIEWHADEM ARSIEN NE LAISIEN HA KA SHISNEM, KAN PYN SHNGAIÑ ĪA KA JYLLA BAD KA ĪING KA SEM KI NONGREP

*(Ka jingkieu dor bad jingkyrduh ki marbam mardih kala  
sdang pynsmiej ĩa ka pyrthei !)*

Haba ngi **shah ktik** (tickled) hano hano na ki tohtit (armpits) ne u ryndang, kaba mih nangta ka long ba ngi **smiej** bad ngin ym lah shah satia ban shu kun khlem da **rkhie**. Hynrei haba ngi **thngan** bad lada jia ryngkhat ba ngim **ioh ban bam**, ka kpoh ruh ka **smiej hir-hir** bad ka pah **kroid-kroid** la kum ka **jakoid**. Hooïd ka **jingĭapthngan** kam pat ju jia koit ha kiba bun kĭ longĭing longsem jong ngi hynrei tang ka **jingthngan** ka ju jia jan manla ka sngi ha ka ĩing ka sem jong kito kiba duk ba **kyrduh** bad kiba shu **kamai jakpoh kyndoi**. Bunsien, haba **iohi** ha ki Telebishon ĩa ki million ngut ki nong Africa (kum kĭ nong Somalia) kiba raikhoh bad sah sa tang ka **sneþ bad ki shyieng** (skin and bones) na ka daw ka **khlam** jong ka **jingĭapthngan** bad ka **jingkyrduh bam** (famine), katno ka **pyntriem bad pynsmiej ĩa** ka met ka phad jong ngi, **ioh ba kane ruh kan wan jia** ha ki khun ki ksiew bad ki pateng ba shadien.

Ka long kaei kaei kaba phylla katta katta haba pule ĩa ka kot khubor **Telegraph** (25.04,08) kaba ong “**Uncle Sam rations rice**”. Kane ka khubor ka dei shaphang ka ri America kaba dei kawei na ki Ri ba **khlaifñ bor** bad ba **riewspah tam** ha pyrthei. Mynta kane ka Ri ka ĩa **tyngkhuh mawsiang** ha ka ban pyndap **khaw** ĩa ki nongshongshnong jong ka namar ka **la hap ban shu sam rashon ĩa une u marbam**. Kane ka leit jia namar ba kĭ ri kiba ju shalan (**export**) **khaw sha** America kum ka ri India, ka China, ka Vietnam bad ka Egypt ki la sangeh noh (**banned**) ka **jingshalan khaw khnang** ban **ioh pyndap pynbiang ĩa ka**

**jingdonkam la jong.** Ka jingkyrduh bam (**food crisis**) ha America kam dei tang ia u **khaw** hynrei kumjuh ia u **kew** bad ka **dud masi** kiba long ki jingbam ba kham kongsan. Ka jingkyrduh jong ka **dud** ka long na ka daw ka jingduna bam (**feed**) ban bsa ia ki **masi** namar ba ia uba bun u **riewhadem** uba dei u jingbam ba kongsan tam ia ki **masi** la pyndonkam kham bun ha ka ban saifi (**distill**) ia ka **ethanol** ne ka **bio-fuel** (ka kynja umphniang bym long bih). Kane kaba jia mynta (**jingkyrduh bam**) lehse ka dei kaei kaei kaba ki nong America **kim ju phohsniew satia** namar wat ha ki por jong ka **thma bah ba ar** (**World War II**) ym shym la **sam rashon satia ia ka bam** namar ba ka bam ka pahuh bad la sam rashon tang ia ka umphniang petrol, ki bulb light bad ki muja jrong (**stockings**).

Haba phai pat sha ka jylla jong ngi la iohi ba ki dang don shibun ki jingduna ha ka jingpynmih ia ki marbam kum u **riewhadem** wat la ki don bun ki lad ki lynti kiba ki nongrep ki dang lah shuh shuh ban kyntiew ia ka jingmih jong u. U **riewhadem** (**sohriew ne saru**) u dei u jingthung uba bun ki nongrep ka jylla ki ia rep. Une u jingthung u dei uba ai jingmyntoi shibun ym tang ia ngi ki briew hynrei u long ruh u jingbam ba kongsan tam ia ki jingri kum ka syiar, ka masi, u sniang, ka 'kha bam phlang (**grass carp**) bad kiwei kiwei. Hangne ha jylla, kumba long ha kiwei ki jylla ka ri India bad ka pyrthei shityllup, ka **jingbun briew ka la nang kiew manla ki snem** bad haba ka **long kumne ka jingdonkam bad jingdawa ia ki marbam kan nang iai kiew** bad kumta la donkam kyrkieh kyrkieh ia ki nongrep ban shim khia ia kane ka phang da **kaba pynmih shibun ki marbam bad kumjuh ki jingri ki jingdup** khnang ban ioh pyndap pynbiang ym tang ia ka jingdonkam ki paidbah hynrei ban nang kyntiew shuh shuh ia ka ioh ka kot jong ki.

Ha ki jaka them ba kham shit kiba don ha ka kynjang ba **600 meter** sharum na sla duriaw (**low altitudes**), ia u **riewhadem** lah ban thung baroh shisnem lynter lane kumba 3-4 sien ha ka **shisnem**. Ha ki jaka lum ba kham khriat (**1300 meter shaneng**) lah ban thung ia u **tang shisien shisnem** (**high**



altitudes) bad ha ka kynjang ba kham long pdeng bad ba syaid kaba **600 haduh 1300 meter** (mid altitudes) lah ban thung **arsien shisnem**. Hooïd, ka jingri ïa u sniang, ka masi, ka syiar bad ka dohkha ka **dang duna shaba palat** bad ka daw baroh ka long ba ki jingbam (feed) ïa kine ki jingri ki long **kiba rem dor bha** ha ki ïew ki hat. ïa kiba bun ki marbam bad ki jingri-jingdup la hap ban shalan na ri thor.

Haba ka long kumne ka jylla jongngi kan ïai duk ïai kyrduh namar kaba bun ka pisa ka tuid shabar ka jylla. Ha East-Khasi Hills (Shillong) kumba **25 haduh 30 Metrik Ton** shi sngi shi sngi u **riewhadem** (lane **75 haduh 90 lak Kilo** shi snem shi snem) la hap ban wan rah na bar ka jylla khnang ban ïoh pynbiang ïa ka jingdawa ki **karkhana shna jingbam (feed mills)** na ka bynta ki jingri ki jingdup. Kane ka long kat kum ka jingbatai i Dr.R.B.Massar, Joint Director ka Veterinary Department bad ka daw ka long ba ka jingpynmih **riewhadem** ka dang duna shibun. Halor kane la ïohi ba ym don jingeh satia ban kyntiew ne pyndap pynbiang ïa kine ki jingduna bad kane baroh kan urlong lada ki nongrep kin shimkhia ban ïatrei bad snoh kti lang bad ka ophis ka rep ka riang na ka bynta ka jingmyntoi jong ki.

Kumba la kdew shakhmat, u **riewhadem** wat la u dei **uba khlaïñ bha ban kjit jingbam** (nutrients) napoh khyndew hynrei u long u jingthung uba suk ban rep bad u dei u marbam uba tei bha ïa ka met ka phad namar ha u don shibun ki jingbam kum ka **fat**, ka **carbohydrate**, ka **protein**, ki **fibre**, ki **vitamin** bad u **starch**. U long ruh u marrep uba kloi ban bah soh ne bah khun (tang 3 bnai ei ei). Lada don ki nongrep shimet ne ki kynhun nongrep (**Self Help Group**) kiba lah ban rep kumba 20 Kilo u **riewhadem** ha ka jaka kaba heh kumba shi hektar ne ar akar-shiteng (kat ka **madan phutbol**) ryngkat bad u **rymbai ktung** ne u **shana badam**, la **thikna beit** ba kin **kamai pisa shibun tang** hapoh ki saw bnai.

Kane harum ka long ka jingkheïñ katno yn lut ne donkam pisa ban rep ïa u 20 Kilo u **riewhadem** ryngkat bad u **rymbai ktung** (soya bean) ne u **shana badam** (groundnut) :-

**(A) SYMBAI/SBOH KATNO DONKAM  
DOR SHI KILO/TON JINGLUT**

<b>(A) SYMBAI/SBOH</b>	<b>KATNO DONKAM</b>	<b>DOR SHI KILO/TON</b>	<b>* JINGLUT</b>
1. Symbai riewhadem (Navjot)	20 Kg	Rs 35/-	Rs 700.00
2. Sboh dawai : i) Urea	130 Kg	Rs 5.036	Rs 654.68
ii) SSP	250 Kg	Rs 5.229	Rs 1307.25
iii) MOP	65 Kg	Rs 6.152	Rs 399.88
3. Sboh eit masi	15 Ton	Rs 300/-shi Ton	Rs 4500.00
4. Dawai khñiang	500 ML	Rs 70/- 100 ML	Rs 350.00
5. Kiwei kiwei			Rs 88.19
<b>BAROH = Rs</b>			<b>8000.00</b>

**(B) KA BAI TREI :**

1. Ka jingpyinkhreh ia ka jaka kum ka tih thiew, bersboh bad kiwei kiwei	16 ngut	Rs. 90/- marwei	Rs. 1440.00
2. Thung symbai riewhadem	10 ngut	Rs. 90/- marwei	Rs. 900.00
3. Thiew kynbat, ai sbob ai khyndew bad kiwei kiwei	25 ngut	Rs. 90/- marwei	Rs. 2250.00
4. Synreit dawai	5 ngut	Rs. 90/- marwei	Rs. 450.00
5. Kheit riewhadem	10 ngut	Rs. 90/- marwei	Rs. 900.00
<b>BAROH = Rs.</b>			<b>5940.00</b>

**K) KA POM SYNREIT DAWAI, MOHKHIEW BAD KI KHOH, KI SHANG : — Rs. 3500.00**

**(D) U RYMBAI KTUNG NE U TOH TUNG :**

1. 1. Symbai rymbai ktung (JS-355)	Rs. 50/- shi kilo	50 Kilo	Rs. 2500.00
2. Bai thung, bai kheit, bai thad bad bai shoh	Rs. 90/- marwei	20 ngut	Rs. 1800.00
			<b>Rs. 4300.00</b>

**(E) KA SUBSIDY SHITENG DOR NA KA OPHIS:**

1. Symbai Riewhadem — R.s 350.00
2. Symbai Rymbai ktung — Rs. 1250.00
3. Pom synreit dawai — Rs. 650.00

**BAROH = Rs. 2250.00**

BAROH KI JINGLUT JINGSEP KI LONG:

$$[A+B+K+D] - [E] = \text{Rs. } 21,740.00 - \text{Rs. } 2250.00 = \text{Rs. } 19,490.00$$

(Khat khyndai hajar sawspah khyndai phew tyngka lane khat khyndai hajar sanspah tyngka).

**Katno pat ki Nongrep kin fohnong na kaba rep ia une u  
20 kilo u Riewhadem ?**

Manla ka shi kilo (1 Kg) u symbai riewhadem u don kumba 3500 tylli ki symbai bad ha ka 20 kilo un don kumba 70 hajar tylli ei ei. Ym kumba long ki symbai riewhadem (ba stem ne ba lieh) jong ki nongrep ne ki symbai Local kiba rit bad kiba ju bah khun tang uwei uwei, baroh ki symbai sorkar kiba la tip kum ki **High Yielding Variety (HYV)** bad ki Hybrid ki long kiba heh bad kiba ju bah khun ar ne lai tylli man la u tynrai kum u Ganga Safed-2, u Vijay Composite, u Navjot, u Deccan 101, u Swarna, u Narendra-M-909, u Mahyco-3438 ne 3824 bad u Mosanto Hi-Shell. Lada ki nongrep kin thung da kine ki symbai sorkar, ka jingmih riewhadem kan long ar shah, Lada kin thung 20 kilo da u Navjot (nuksa), ki nongrep ki dei ban foh kheit kumba shi lak sawphew hajar tylli ki riewhadem. Na kine ki shi lak sawphew hajar tylli ki riewhadem ai ngin buh kylluid ba kumba laiphew hajar tylli (30,000) lah bam noh da ka khnai, ka tyngab, ki

sim lane la shah tuh ha ki nongtuh. Wat la ka long kumta ruh, ki nongrep kin dang ioh hi ban kheit kumba **shi lak shiphew hajar tylli** (1,10,000) ki **riewhadem** bad lada yn leit die sha ki iew ki hat tang ha ka dor shi tyngka piah u wei (**Rs.1.50**), baroh ka pisa kaba ki nongrep kin ioh kan long **shi lak hynriewphew san hajar tyngka** (**Rs.1,65,000/-**).

Ki ju ong ba ka jinglum jingkheif (**statistics**) bunsien ka dei kaba bakla ne kaba shu pynneh (**exaggeration**). Lada ka jingkheif ba la kdew haneng ka dei kaba bakla ne shu pynneh, ai ngin shim hangne ba ka jingmih u **riewhadem** ka long tang 70 na ka 100 (70 %) lane tang 77,000 tylli bad ym 1,10,000 tylli. Lada ka long kumne ruh ki nongrep kin dang ioh hi kumba **shi lak khatsan hajar bad sanspah tyngka** (**Rs.1,15,500/-**) da kaba pynlut tang. 19,500 tyngka (**ka jingiohnong kaba long 96 hajar tyngka lane palat ia ka 400 %**). Lada ki nongrep kin leit **kynshew** 19,500 tyngka ha kano kano ka **Bank** na ka bynta shisnem bad lada kata ka Bank kan dang **ai sut (interest)** haduh **10 na ka 100 (10 %)**, ha kaba kut u snem (**12 bnai**) baroh ka pisa kaba ki nongrep kin ioh na ka Bank kan long **21,450 tyngka lane ka jingiohnong kaba long tang 1,950 tyngka**. Ka long kaba sngewtynnad ban pynkynmaw hangne ba ia ka 19,500 tyngka ka pisa kaba long **ka bai trai (capital investment)** kaba ki nongrep ki thep ha ka **Bank** jong ki (**ka khyndew ne ka kper**), ki nongrep da kaba suk eh ki lah **ban khyllie ia ka (recover)** da kaba die pat ia u rymbai ktung sha ki iew ki hat ne ki karkhana shna jingbam ia ki jingri ki jingdup bad kumjuh ia ki **sla riewhadem** sha kito kiba ri masi ri sniang ne kiba ri ia ka dohkha bam phlang. Ka 'kha bam phlang ka ju bam bha ia u **sla riewhadem** bad u rymbai ktung u dei ruh u jingbam ba kongsan bha ia ki jingri ki jingdup (**main feed ingredient**) namar ha u don shibun ki jingbam kum ka **protein**, ka **iron** bad u **calcium**.

Lada ki nongrep ne ki SHG kim don jingmut ban shu die **lung** ia u **riewhadem** (as green cobs), ki lah pat ban shu thad tyrkhong ia u khnang ban leit die sha ki iew ki hat ne ki karkhana shna jingbam da u **riewhadem tyrkhong** uba lah khleid (**shelled maize**) lane ban shu buh ia u ha ki iing ki sem jong ki khnang ba kin ioh bsa ia ki jingri jingdup. Kane kan iarap shuh shuh ia ki nongrep ne ki SHG ba kin

ïoh karnai pisa kham bun shah na kine ki jingri kum ka syiar, u sniang bad kiwei kiwei.

Lyngba kane ka jingthoh ba khyndiat ai ki nongrep, ki SHG bad khamtam ki khun samla jong ki nongrep kiba la don ïa ka jingnang ka jingstad (**qualified & educated youths**) bad kiba dang wad kam wad jam shane shatai ba kun shim kabu bad shim khia noh da kaba rep thikna ïa u riewhadem (**la kumno kumno arsien shisnem**) bad ban nang kham pynheh bad pynïar shuh shuh ïa ki jingri ki jingdup kiba dei ki jingbam ba kongsan tam eh ïa ngi ki riowlum. Ai ngin kyrpad ïa baroh ki trai karkhana ba kin ïarap ban kyrshan lem ïa ki nongrep ka jylla **da kaba noh kham jynsur mynsiem ïa ka dor u riewhadem tyrkhong** bad lehse kane kan nang ai mynsiem shuh shuh ïa ki ban rep thikna ïa u manla ki aïom ki samoi. ïa **ka jingkyrduh bam** kaba la jïa mynta ha America bad ha kiba bun ki ri ba la kham shai kham stad (**european countries**) ai ba kan long pynban ka jinghikai bad jingsneng ïa ngi **ba ka bor bad ka spah** ki long **lehnohei lut** lada ngi dang hap ban diaw bad khuslai ïa ka jingsmiej hir hir ka kpoh.

Kum ban shu pynkynmaw biang, haba rep ïa u riewhadem sorkar ki nongrep ki donkam bha ban pynbiang sboh ïa ka khyndew namar u long u jingthung uba khilaiñ ban kjit jingbam. Lada ki nongrep bad ki SHG kin shikhia ban rep ar ne laisien ïa u riewhadem ha ka shisnem, **ka khmat jong ki kan puh sam rkhe ym na kaba shah ktik hynrei na u soh bathiang ka jingtrei shitom jong ki!**.

\*^\*^\*^\*

## **LYNNONG - XI**

### **TANG KA BAM YM BIANG SATIA NAMAR IA KA DIH RUH NGI DONKAM !!!**

*(Hato ngi dei ki bie j tasngeng ba khim bad lyngkot palat ki  
jingmut jingpyrkhat?)*

**Baroh** ki jingim **ha sla kane ka pyrtnei** ki donkam ym tang ban bam **hynrei** ki donkam ruh ban di. **Kine** ki jingim ki donkam **ban bam namar** ba ki thngan bad ki donkam ban di namar ba ki sliang ne ki thynrang. **Ha kaba** iadei bad ngi ki **briew**, lait na ka di dawai ne di dud, ka di 'i ad-um ne di 'i ad-niam bad ka di waii ne di umsoh to ngi iaphylliew jingmut shaphang ka di sha bad kumjuh ia ka di um. **Haba kynthoh hangne ia** ka di sha ngi donkam ban tip bad ban kynmaw ba u slash (cash crop) uba la sdang ban rep ha **Jylla jong** ngi u don arjait...u slash ri them bad u slash ri lum.

**Ia u slash ri them (Lowland Tea)** ba la wan rah symbai na **Jylla Assam** la sdang ban rep nyngkong nyngshap ha ki jaka ba syaid bad ba kham shit jong ka **Ri Bhoi**, **West Khasi Hills** bad **West Garo Hills District** naduh ki snem 1977-78 lyngba ki **kper sorkar** ka Agriculture Department (Umsning, Riango bad Tebronggre Tea Experimental Centres) kiba ju pynroi bad pynkha ia ki tynrai slash khnang ban ioh sam sha ki nongrep **kiba thrang** ban rep ia u. **Ia u slash ri lum** ba la tip kum u **Highland Tea** (uba la ioh symbai na **Darjeeling**) la pynroi tynrai ha Umsning bad la rep nyngkong eh da i **Bah L.Mylliemngap** (bam kwai ha **Dwar U Blei**) ha ka kper kaba don ha **Kynton** u **Mon** jong ka **Lad Nongkrem** tang kum ka **jingpyrshang** ne ka trial (1985-86). U **Highland Tea** ym tang ba u dei u jait slash uba lah ban shah ia ka jingkhriat ne ka jingdaitthah hynrei u dei ruh u slash **uba remdor** bad **ba suhsieng tam** ka jingmad haba ianujor bad u slash ri them ne kiwei pat ki jait slash.

Ha u snem 1991 i **Bah J.Marbaniang** iba la ju trei teng ha ki kper slasha jong ka Jylla Assam i la sdang ban rep thikna ña u slasha ri lum ha ka kper jong i kaba don ha Sohryngkham bad kaba heh kumba lai akar ei ei bad ha kane ka kper i la buh syndon ña ka **karkhana tylliat slasha** (tea factory). Ña u slasha ba la pynmih na kane ka karkhana la tip kyrteng kum u **Sharawn Tea** bad la pynñaid ñew ym tang ha nongbah Shillong hynrei wat shaduh ka ri Australia. Hadien ba la ñohi ba u **slasha ri-lum** u ñadei met ñadei phad bad u san u plung bha, ka Agriculture Department ka la plie sa kawei ka jaka pynroi tynrai (**nursery farm**) ha **Upper Shillong** (6 mer) khnang ban ñoh pynbiang ña ka jingdonkam ki nongrep ka thaiñ ri lum jong ka East Khasi Hills. U Highland Tea ba suhsieng iwbiñ u la suhthied pat sa ha kper jong ki kur Sawian kaba don ha jan ka lynti rim (ban poi sha pung Umñam) ne harum ka shnong Mawñong. Na kane ka kper kaba heh kumba 30 akar la pynmih ña u slasha ba la tip kyrteng kum u **Lakysiew Tea** uba ki trai slasha ki la pynñaid ñew (export) shabar ka ri India lyngba ka karkhana (mini factory) kaba don ha ka dong Lumsophphoh jong ka Lower Mawprem, Shillong.

**Ki nongai mynsiem bad nongprat lynti ña u Highland Tea ka shnong Mawlyngot** : Ha ka por ba i Bah K.Sohkhlet i dang trei kum u District Horticulture Officer jong ka East Khasi Hills bad ñba la shongthait mon sngewbha na ka kam kum u Joint Director ka Horticulture ryngkat i Bah L.Dkhar iba ju trei teng kum u H.E.O. ka Mawkynrew C & R D Block, ki la ña **pruid dak pruid lynti** da kaba ña phylliew jingmut bad ki nongrep ka shnong Mawlyngot kumno ban rep noh da u **Highland Tea** namar la dep bishar janai ba kane ka shnong ka long kaba bit bad kaba biang bha ban rep ña u. Ha kaba sdang la don **tang ka jingartatien** na ki nongrep ñoh ba kane ka rep slasha kan pulom bad ym long kam satia. Hynrei ha ka **jingñohi jngai** i babu D.L.Nongspung (**main architect**) iba shong ba sah bad hikai skul ha kane ka shnong bad ryngkat ka **jingbtin lynti** na i Bah M. Lyngdoh (tea specialist) iba trei kum u Senior Scientific Assistant jong ka ophis slasha ha Umsning, ki nongrep ki sa pdiang ban rep ña une u slasha (**da ka mynsiem ka jingshaniab**) naduh u snem 2004 ter ter.

**Ki nongkyrshan bad ki nongbei pisa** : Lyngba ka jingbei pisa na ka tnad sorkar jong ka Border Area Development bad ka jingpynbiang ia ki tynrai slasha na ka **nursery farm** (Upper Shillong) ryngkat ka jingai jinghikai kaba na ka por sha ka por da ki stad ka rep slasha na Umsning, ka jingrep ia u **slasha ri lum** ha Mawlyngot (tang kat haduh u snem 2008 lane tang **hapoh saw snem**) ka la kot shaduh ka **110 akar**. Kane ka jingheh ba 110 akar ki kper slasha ka la ia ryngkat bad kumba 45 tylli ki **madan phutbol** ne 45 hektar ka jaka. Lah ban ong hangne ba kane **kam dei tang ka jingjop** jong **ki nongprat lynti**, **ki nongai jinghikai**, **ki nongkyrshan bad ki nongbei pisa** hynrei ka **dei khamtam ka jingjop** jong **ki nongrep ba dang kham sahdien** ka shnong Mawlyngot namar ka thong ban rep ia u Highland Tea ne u **slasha Darjeeling** ba **pawnam tam ha pyrthei** ka lah urlong bad longkam shisha ha kane ka shnong kaba don kham sha kyndong na ka **nongbah Shillong**.

Shuh shuh, ka **jingkyrkhu kyrdoh** ba jar jar ia ki nongrep slasha ka Mawlyngot ka long ba ha u 2008 ka **World Vision** (ka seng trei mon sngewbha ba la bna nam ha pyrthei) kaba peit bad ju kit ju bah ia ka shon ka khia bad ka bha ka miat ki paidbah ka Mawkynew C & RD Block ka la bei pisa haduh **14 lak tyngka ei ei** ban pynieng ia ka karkhana tylliit slasha. Na kane ka karkhana ki nongrep ki la lah ban pynmih ia u slasha **orthodox** ne u **high quality tea** uba la tip kyrteng kum u **MV Tea** (uba khlem iapher ka jingmad na u Sharawn Tea) bad uba shongdor haduh **500 tyngka shi kilo**.

**U slasha ri them** ne u **Lowland Tea** ba la tylliit ha Mawsyntai (Ri Bhoi) bad uba la tip kum u **Nalari Gold** wat la u long uba kham bang ka jingmad ban ia ki slasha Assam, u shongdor tang 180 tyngka shi kilo namar ba u dei u slasha CTC. Kane ka jingiapher ha ka dor kam dei satia na ka rukom rep hynrei namar ka rukom tylliit bad ka jinglong ki jait slasha kiba don la ka jingmad ne ka jingbang ryngkat ka jinglong ka jaka ne ka kynjang (altitude). Ia u Highland Tea vm long ban rep ha ki jaka them lane ia u Lowland Tea ban rep ha ki jaka lum namar ka jingmih bad ka jingmad kan iapher bak-ly-bak. Kumjuh ruh ia u **kba** ba ju rep ju riang ha Ri lum Khasi Jaifitia ym myntoi ban leit rep ha ki ri them ne ki ri thor namar un shu heh shu san tang ki tynrai bad duna pat ha ka jingbah ia ki symboh ne ki soh.



Hadien ba ki nongrep ka Mawlyngot ki la ioh ban kheit ia u **slasha ba bang bad ba suhsieng**, ka World Vision ka la pynpiar ia ki **thapniang jingiarap jong** ka sa sha ki nongrep ka shnong Nohron bad Jatah bad ka jingpynkhreh ban rep ia u Highland Tea ha kine ki shnong ka la sdang ban iaid shaid shaid. Kam dier shuh ka por ba u **Highland Tea** un sa pynjyrngam ia shibun bah ki kper ieh shrah kiba don ha kylleng ka East Khasi Hills bad ym slem ruh ba ka Jylla jong ngi kan sa paw ha ka Map slasha jong ka pyrthei ba ka dei ka **Darjeeling ba ar** jong ka Ri India !

Haba phai pat sha **ri lum Jaiñtia** ym lah ban shu kun khlem da **ai jingiaroh kaba naduh mynsiem** ia u **ma Lot Swer** ka shnong Moobakhon kaba hap ha u pud u sam ka Thadlaskeiñ C & RD Block namar *du samen ryngkat wei mon wa jwat wa i chynna jngai* u la durut bad durap ban **rep nyngkong eh** ia ar tylli ki jait slasha ba la rep ha Assam (464 & 520) ha ka kper kaba heh kumba san akar tam. Ia u slasha ba la rep bad tylliit ha karkhana une u **ma** la tip kyrteng kum u **R.S. Mini Tea**. La sngewdei ban ai nam ai burom ia u **ma Swer** kum u **nongthaw History** bad u **nongprat lynti (pioneer)** ia ka rep slasha ha ri lum Jaiñtia bad ha kawei ka sngi ki khun ki ksiew bad ki pateng ban wan kin sa khana bad pyрто ia ka nam bad kyrteng jong u. Wat la ka kper u **ma Lot** ka long kaba heh tang 5 akar ei ei hynrei ka dei ka nuksa kaba bha tam namar ia kiei kiei kiba thymmai barabor ngi dei ban sdang na iba rit. Ka ri lum Jaiñtia ka donkam ban pynmih shibun ki **Lot Swer ba iohi bad ba pyrkhat jngai**.

U **Woh Kiang Nangbah** kum uwei na ki khla ka wait ba **radbah radsan** ka bri u Hynñiewtrep (ha ka khyllipmat ba khatduh ka jingim jong u) u ong ia ki kyntien..... '**lada ka khmat jong nga kan phai sha mihngi, ka jaitbynriew kan sa lait na ki syrdot syrwet ka jinglong mraw**' Une u dei shisha u '**rang khatar bor ba khraw bad mañan** ki jingmut ki jingpyrkhat namar u sngewthuh ba ka mihngi ka kdew ia ka **jingshai, ka jingphyrnai bad ka jingsdang jong ka jingim** ha ka liang ka roi ka par bad ka khiih ka ksar katba ka sepngi pat ka thew tang ia ka **jingdum, ka jinglap ryngkat ka jingkut** ! Haba leit jngoh kai ia u **mot sah jingkynmaw (statue)** jong une u '**riewkhraw** ha Syntu Ksiar katno ka pynum

**İa ka mynsiem bad ka pyntngen ruh İa ki jingmut jingpyrkhat İoh ba lehse yn sa nang mih kham bun ki Kiang Nangbah ne ki Tirot Singh ki ban İohi jngai bad ki ban aiti lut, met bad la mynsiem.**

**Ki jingmyntoi na kaba İohi jngai** : U slasha u ju neh ka 'rta haduh **90 ne 100** snem shaneng bad u lah ban kyrshan pisa İa ki nongrep haduh **6-7 bnai lynter** (April to November) lada ki nongrep kin shim khia ban sumar bha İa u. U long u jingthung uba lah ban İada bad pynneh pynsah İa ka 'dewsboh na kaba shah rong noh ha ka umsaŋ ne ka umslap bad u ai kam ai jam ruh İa kito kiba ju trei ne leit bylla ha ki kper slasha. Ha kane ka pyrthei **kyrduh kam kyrduh jam** ka rep slasha ka dei **ka jait kam** ka ban kyrshan shiryta jingim İa shibun ki İing ki sem jong kiba kyrduh ne hiran kam. Haba rep slasha (ym kumba long ka tih mawshun ne tih dewİong), ka jingpynjot pynjutor İa ki lum ki them kam ju jia satia, pynban ka nang İarap shuh shuh ban pynneh pynsah İa ka **jingitynnat, jingbhabriew bad jingiphuh iphieng** ka **Mei Mariang**. Kane ka dei **ka jingsarong** İa ka Jylla bad İa baroh ki nongshong shnong jong ka İa kaba la tip kum **ka sustainable development!**

Shwa ba ka Jylla Meghalaya kan pynmih İa la u jong u slasha, ka pisa kaba da ki **spah bad hajar klur tyngka** ka la shu **tuid sep ei** sha ki ri them ri thor ym tang ban thied İa ki marbam mardih kum ka umphniang bam, ka shini, u dai saw dai stem, u ata u moida, u khaw u piat ne ki musli musla hynrei İa baroh ruh ki jait slasha ba la tip kyrteng kum u Maaza Gold, u Tata Tea, u Bateli Tea, u Peak Tea ne u Korangani Tea bad kiwei kiwei. Kane ka la **pynriewspah shikatdei eh** İa ki nongrep, ki nongbylla bad ki karkhana tylliat slasha jong ki Jylla ri thor bad **ka la kjit bad pynstang war** İa ka **pla pisa** jong ki paid ka bri u Hynİiewtrep bad ka Jylla kumjuh. Dei kumne keİİ **ba haba tuid ka pisa shabar ka Jylla sa synshar bad shong kulai mİaw** ka jingduk jinghiran İa ka Jaitbynriew bad ka Jylla.

Ka khubor ba sngewkmen ban pynsngew hangne ka long ba kat haduh u snem 2008 (İyngba ka jingkit khia ka tnad jonİ ka rep ka riang) ka jingrep İa u slasha **ri them** ha Ri Bhoi District ka la kot ne palat İa ka **1000 akar** kaba kynthup İa ki kper slasha jong ki 'riew shimet kiba la pynroi İi İa ki tynrai slasha bad la pynİeng ruh

haduh lai tylli ki karkhana tylliit slasha (ka Nalari Tea Industries ha Mawsyntai, ka Sla Lung Tea Enterprise ha rud ka lynti ban leit sha shnong Mawrong bad ka Anderson Tea Estate ha shnong Umran). Lyngba kine ki karkhana la khmih lynti ba ka jingtuid pisa sha ri them ri thor kan kham antad ne kham duna namar la ïohi ba ka rep slasha kan nang heh bad nang ïar shuh shuh. Haba rep slasha ym dei tang ki kmie ki kpa bad ki khun ki kti ki ban ïoh jingmyntoi hynrei wat ki khun ksiew, ki khun miaw ne ki khun thyllah kin myntoi bad ïa pahuh pahai lem. Ki nongrep ki donkam ban pyrkhat, ban plan bad ban ïohi kham jngai.

Ki jyrwit jyrwat ba khanglad ïa ki nongrep bad ka Jylla ban nang kham kiew shaphrang : Ka long ka jingshisha kaba ym lah ban len da mano mano ruh ba ka dor ka mur jong kiba bun ki marrep kum u phan, u sying, u shynrai, u kubi, u sohsaw ne u muli (seasonal crops) bunsien ka hiar ka kiew manla ki aïom ki samoi bad kane ka ju pynbynñiaw bad pynsngewsih ïa kiba bun ki nongrep la kin iehnoh ïa ka rep ka riang ne kin dang bteng bad pynheh shuh shuh ïa ka. Kane ka ju jia khah khah ym na ka jinglong ka ïew ka hat hynrei namar ka jingsih bad jingkhñiot dor ba sha palat pud da ki heh saipan ne ki nongkhañi ba saphit saphat kiba la tip kum ki middle men kiba ju khwan ban pynmyntoi tang lade shimet. Ynnai ïa ong lei lei katno ki nongrep ki ju ïa tyngkhuu mawsiang ha ki por ba don ki jingñakhih ba pher ba pher kum ki pakhang shnong ne ki pakhang surok.

Ha kum kine ki por, katba ki nongrep ki dang kyrthat bad ktha khlieh shano kin leit die ïa ki soh ba thiang jong ki, ki mahajon pat ki ïa rykhie rymmuñ rymphuñ namar ki sngewthuh shai kdar ba tang shu kut ki jingñakhih (long katba long), ki nongrep kin hap ban shu wan bret ne wan lilam poh dor ïa ki marrep sha ki ïew ki hat namar kiba bun ki dei tang ki mar pyut suda. ïa u sohsaw uba ki nongrep ki khmih lynti ban ïoh dor kumba 11 ne 12 tyngka shi kilo, pynban kin ïoh tang 2 ne 3 tyngka bad lada ki nongrep ki lah pynlut (invest) kumba arphewsan ne laiphew hajar tyngka ban rep bad ban sumar ïa u, na ïew na hat pat kin ïoh tang san ne hynriew hajar tyngka.

Haba ïakhun **ki hati** hato ym dei u phlang u ban ïap bad haba ïap u phlang hato ki hati kin ym thngan? Ka jingshisha ruh ka long ba haba duk bad hiran ki nongrep (ki budlum ka ïoh ka kot) ka Jylla kan sa nang ïai kyrduh bad poi sha trai duh ha ka liang ka khaï ka pateng. Sa haduh katno keiñ kiba kum kine ki jingïatalaiñ luta ba khah khah jong ki **hati kynjreng** kin dang ïai bteng bad lano pat ngin sngewthuh bad peiphang ba man ki por ba ïa kyntur para mangi (la jew ne thiang u soh jong kita ki jingïakhih), **kha-ma-kha** shu khung bad rong pisa ei u **kharkaïa ne ki bar Jylla** ! Ki khun ki kti ba la **kham shai kham stad** ki donkam ban ïohi jngai bad ban pyrkhat sani bha ïa kane.

Hynrei ha kaba ïadei pat bad ka dor ka mur jong u slasha, ki nongrep kim donkam ban khuslai ei ei namar ba na ka 8 tyngka shi kilo kaba ki nongrep ka thaiñ Ri Bhoi ki ju ïoh na kaba die ïa ki sla (tea leaves) sha ka karkhana tylliat slasha kaba don ha Mawsyntai, ka dor ka kiew sha ka 8.75 shi kilo bad nangne la kyntiew pat sha ka 10 tyngka shi kilo. Ka jingbiang jong ka dor ka long ba ki **nongkhaï saphit saphat (middle men)** kim ju ïoh lad satia **ban pynjrong ïa ki tyrsim** troh dor ne shyit dor jong ki namar ïa ka ïew slasha la ïateh soksular tang hapdeng ki nongrep bad ki trai jong ki karkhana. Lada yn nang pynheh shuh shuh ïa ka rep slasha, ki nongrep kin ïoh kham bun ki jingmyntoi bad ka Jylla ruh kan nang kiew rasong ha baroh ki liang. Ka khaï mawshun mawleiñ ne ka khlóng moïong dewïong ka dei ka jait kam kaba tang shisien bad shi samoi katba ka rep slasha pat ka dei ka kam ka ban pynim shi junom.

**Na ka rep slasha donkam ban ïa pyrkhat pat sa ïa ka jingpahuh um ne ka die um** : Nadeh ba la sdang ban wan kiew kita ki um ba shngiam ba thiang kiba la tip kum ki mineral water sha ki ri lum jong ngi (kiba la thep ha ki bilor plastik), ka la dei ka por ïa ngi **ban kyndit thret (ym ban kyndit thiah)** ba pleng ka **jingshisha jong ka jingkyrduh um** (umbam umdih) ka la sdang ban jia nadeh kumba 15 ne 20 snem ei ei mynshuwa. Kane ka dei ka dak ka shin **kaba ma** ym tang ïa ngi hynrei khamtam ïa ki khun ki ksiew bad ka long ruh kaba sngewbiej bad sngewlehraiñ haduh katta katta ban ïapur khana shane shatai (ïoh ngin shah rykhie

**beifn ha ka pyrrhei)** ba kat ka **jingpawnam** ka Ri lum Khasi Jaiñtia ha ka liang **ka jingföh pahuh ña ka um slap**, pynban kane ka Ri ka la jan kylla long kum ka **ri tyrkhong ne ka ri shyiap !** Shaei lut **ki um ba bang ba shngiam** kiba tei bad ai bor ña ka met ka phad bad kiba ju kyrsoi ha baroh ki saw aïom na ki synrang maw bad ki pung shyngiar ki la sdang ban ringsdot bad jah rngai kat haduh **ba la poi u pud ba ngi hap ban thied** kylla ña **kine ki um** na ki ri them ki ri thor?

Hato kine ki um ba la die bad tip kyrteng ha ki ñew ki hat kum ka Bislery ne Bailley, ka Snow Drop ne Bag Piper, ka Savour ne Aquafina, ka Kingfisher ne Mc Dowell **ki da dei shisha kita ki Mineral Water** kiba kyrsoi na ki pukri ne ki umpohliew jong ki ri them ki ri thor? La hap ban kylli kumne namar haba ngi dih bad mad ña ka jingbang jong ki la sngew kumba ki dei tang ki um ba la shu tong na ka **wah Bramaputra ne wah Ganga** bad kiba la shu jiar khuid ne filter ha ki kor mashin !

Baroh ki khynnah skul bad khynnah kolej ki lah pule ba ña ki um kiba don ha ri dkhar la ju tip ña ki kum ki **Soft Water** kiba **blad** bad long **blem blem ka jingmad** haba ñanujor bad ka jingbang ki um jong ki ri lum kiba la tip kum ki **Hard Water** kiba da **shngiam bad pyrrjah shisha shisha ban dih**. Sa shisien biang ngi donkam ban kylli ña baroh, **hato ki um bilor ba phyrnai khrik khrik** ki dei shisha ki mineral water? Lada ka jubab ka long ba ki dei ki mineral water balei pat ngi ailad ña ki um ba kordor jong ngi ban shu tuid sepei sha wah Bramahputra ne Ri Bangladesh khlem da pyndonkam ne pynmyntoi shuwa ñalade. Hato dei ba ngi **biej tasngeng bad lyngkot palat ki jingmut jingpyrkhat** kat haduh **ba ngi matlah ban ñohi ba ka pisa ka shu tuid sepei** kumba tuid lehnohei ki spah mariang ki spah ramew?

Ka la dei ka por ña ki **khun samla ba khlem kam khlem jam ne ki Self Help Group (SHG)** jong ki dong ne ki shnong bapher bapher (kiba kitkhia bad trei shitom bha) ba kin shalan ne die kylla noh shabar ka Jylla ña **ki mineral water ka ri lum jong ngi** kiba dang kyrsoi hangne hangtai lyngba ka jingïarap bad jingbtin lynti ba kylluid mynsiem (free technical supervision) na ki stad ka juk saïan (scientists/researchers) kumno ban da test ne analyse bha

ia kine ki um ha ki laboratory khnang ban ioh ia ka jingshaniah na ki nongthied ne ki nongdih. Lada yn sdang noh ia kane ka kam, ym **don jingartatien** ba tang hapoh shisnem ei ei **kan don ka jingdawa ba kham bunshah** ia kine ki um namar **ka ju long ka rukom** (mystical phenomenon?) ba ki 'khar ri thor ri them bunsien ki ju khmih lynti ba kiei kiei kiba mih ne kiba tuid na ki ri lum jong ngi ki **dei tang kiba bang bad kiba shngiam suda !**

Hooïd, ban sdang ia kane ka kam ki khun samla ne ki **SHG** ki donkam pat ia ka jingbei ne jingkyrshan pisa na ki Bank, ki hehspah bad na kino kino ki financial institution. Ha shwa ba ka **World Vision** bad ka **IFAD** (ki seng trei mon sngewbha ba na shiliang duriaw kiba la pynnoh shibun bah ki synñiang ban kyntiew ia ka iing ka sem ki nongkyndong) kin pynkut bad pynwai noh ia ki Projek jong ki ha kane ka Jylla, ai ngin kyrpad ia ki ban kyrshan lem da ki kor mashin ne ki **Bottling Plant** kumno ban thep bad shalan ia ki um mineral khnang **ban khring kylla ia ka pisa na ki ri them ki ri thor** (kumba long ka kam jngohkai pyrthei ne ka tourism) namar haduh mynta mynne kaba bun **ka pisa na Ri lum Khasi Jaiñtia** bad **kiei kei baroh kiba don ha ka**, ki la shu tuid bad iai tuid sha ri them ri thor khlem da pynmyntoi ei ei ia ngi.....pynban, tang ban pynduk bad ban pynhiran shuh shuh.

Khnang ba ka jingshalan ia kine ki um mineral bad **ka jingpahuh um** ha la bri ne ha la ri kan iai bteng pateng la pateng, ka dei pat **ka kamram jong baroh ki nongshong shnong** kumno ban pynneh pynsah bad ban pynrben shuh shuh ia ki khlaw ki btap (ki khlaw diengmet ne ki rain forest) kiba iarap ban bat ban kynshew ia ka umslap bad ruh ia ka 'dewsboh. **Haba rben ki khlaw ki btap** ngin ioh kham pahuh ki um mineral, ki umbam ki umdih, ki umsait ki umkhieng, ki umrep ki umriang bad kham pahuh ruh **ka ding elektrik kaba 24 kynta lynter** namar kumba ka long mynta baroh baroh ngi ia mad ia kine ki jingeh bad kiei kiei pat **ki shu kut tang ha ki jingud, ki jingkhñium bad ki jinglakynnoh kylla i wei ia i wei !**

Ai ngin ia phikir bad adkar noh kumno ban tyngkai bad pynneh pynsah ia ka pisa ka tyngka ha la Ri lum baieit bathiang da kaba

thied ia u slasha ki nongrep jong ngi bad ban ia dih hun dih kdang ruh da ki um ba kyrsoi na ki umpohliw ne ki pung shyngiar kiba dei shisha ki um ba sngur ba thieng. Uwei u rangbah *ba kham heh tmaif heh tmoh* u ong.....haba nga dih ia u Highland Tea nga sngew kumba ka jingsuhsieng bad jingiwbi (aromatic scent) ka neh bad sahkut sah ha ki tmaif jong nga wat hadien shi kynta ba nga la dep dih ia shi pela kane ka sha. To ngin ia mad khnang ban tip lem la ka dei ne em ka jingshisha ne kaba u shu kren thamula !

\*^\*^\*^\*




# Mawphor



KA KOT KHUBOR MAWPHOR KA KITBOK  
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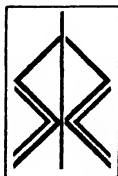
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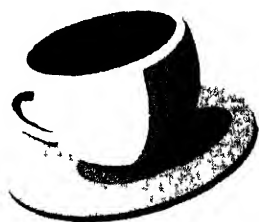
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